



EXCLUSIVE
GEMMA
 'I'm scared
 of being
 alone'



Michelle's
 wedding
 request
*You won't believe
 what it is!*



EXCLUSIVE
VICKY

'Men are
 terrified of
 me – I'm
 the psycho
 from
 Geordie
 Shore'

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DON'T RUIN US!

KIM

Begs Kanye to
 butt out after
 trashy outfits
 make her a
 laughing stock



CHERYL

Furious as JB
 tries to meddle
 in her failing
 music career



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AMY

'Why Charlie was
 right to quit TOWIE'





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Derek Zoolander

So Derek Zoolander has accepted there's not more to life than being really, really ridiculously good-looking – and he's back in the modelling game with old frenemy Hansel (so hot right now) by his side.

Fourteen long years since the hilarious flick, the pretty pair

strutted the runway at Paris Fashion Week during Valentino's show, signalling that a long-awaited sequel is in the works.

Derek also pulled out the Blue Steel before a pouty selfie with *US Vogue* editor Anna Wintour. No sign of Magnum, though... ■



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KIM'S IMAGE CRISIS

Kanye told to back off as trashy outfits make her a laughing stock

Since she started dating Kanye West, Kim Kardashian has undergone a drastic image overhaul. With the rapper's guidance, the 34-year-old ditched her velour tracksuits in favour of chic designer frocks and sleek, simple ensembles.

But lately, Kanye's attempts to make his wife's style more edgy to fit in with the fashion elite have resulted in some questionable choices – and seen her branded “trashy” by fans. After debuting her dramatic platinum blonde 'do at Paris Fashion Week, Kim's been stepping out in lots of mesh, skin-tight outfits and showing off more cleavage than ever – and the negative reaction has left her embarrassed.

One fan said, “It obviously takes a lot of money to look that cheap” while another added, “Gross outfits. Hideous hair.” Another fan slated the mesh two-piece she wore to the Balenciaga show, calling it a “fashion flop”.

Another commented on how Kim is merely a style “puppet” for Kanye, writing, “I bet he stands over her and chooses everything she wears. She is no longer herself. Sad she has lost her own being.”

An insider tells *Star*, “Kanye completely restyled Kim when

they got together, but she's worried he's gone too far.

“He might be pleased with her new look, but Kim isn't happy.

She's told him she wants to tone down her outfits.”



**Madge inspired
Kim's blonde do**



**Layers upon layers at
Paris Fashion Week**



Caught in a net?



The low plunge



**Fluffy meets
space age**



Kim in 2007, before Kanye's restyle

Kanye, 37, threw out his wife's clothes when they first started dating in an attempt to update her look.

She explained, "I said to Kanye, 'Well I'm going to save them for my daughter one day.' And he said, 'Well, if it's going to be our daughter, she's never going to wear those!'"

"He probably thought they were a bit cheesy. I'd never spent time in London or Paris or seen what style was like around the world, so he wanted to bring in stylists to update my look."

And while Kim admits Madonna inspired her new blonde hair, she also credits Kanye for encouraging her to take the plunge.

The source continues, "Kim usually trusts Kanye and happily takes his advice, but the harsh comments she's received have been embarrassing."

"She wants to be taken seriously in the fashion world – not be a laughing stock." ■

Daisy Jordan



Flashing the cleavage – again



KANYE'S HOLLYWOOD TAKEOVER!

He plans to make his mark in another industry

Not satisfied with dominating the music and fashion worlds, Kanye now wants to conquer Hollywood! The rapper is teaming up with his producer pal Damon Dash to make movies – and even has plans to star in them, too.

Damon says of their future projects, "Hopefully, Kanye will want to get creative and jump in as an actor or director or anything he wants. There's an expectation when Kanye and I do something. It has to be different, it has to be authentic."

A source tells *Star*, "Kanye sees himself as an all-round artist now. He's never satisfied unless he is taking on another project. After successfully branching out into fashion, he feels the next progression should be movies. He thinks he could bring something completely unique."



The rapper is teaming up with producer pal Damon Dash

Kanye has already made several cameos in TV and film over the years, including *Entourage* in 2007 and *The Love Guru* in 2008. And his move onto the big screen already has the support of Hollywood heavyweight Harvey Weinstein.

The producer says, "I'm excited, he'll be great. I've known Kanye a long time – he's going to be a great filmmaker."

And given his wife Kim's attempts to break into acting, there's a good chance she'll appear in any movie that Kanye heads up. She made a brief appearance as herself in TV comedy *2 Broke Girls* last year and also starred in Tyler Perry's film *Temptation: Confessions Of A Marriage Counselor* in 2013.

However, critics dubbed her performance "awful" and she was awarded the Razzies' Worst Supporting Actress for it...

We're sure Kanye will have plenty of advice for you, Kimmy! ■



In *The Love Guru* with Mike Myers



His *Entourage* cameo

Kanye gets a Kim makeover!

Tons of memes inspired by Kim's new platinum blonde locks have been doing the rounds online, but this one of Kanye sporting the same 'do made the *Star* office laugh most! The pic shows Kim's new hair photoshopped onto her rapper hubby and, weirdly, we think he pulls it off! His and hers hair, anyone?



Will North be next?



Nicole's trying to put the heartbreak behind her

The singer is shocked by her ex's cold comments

Hearbroken Nicole Scherzinger was dealt a new blow last week when ex Lewis Hamilton harshly insisted their recent split "isn't a problem" because they've "been in this position before".

When asked if breaking up with Nicole, 36, last month had affected him, Lewis, 30, said, "Of course, in the previous years it has been the case where it has affected my life in general. Last year, I adopted, maybe the word is a mental attitude, that was impenetrable.

"But I feel that I still carry that kind of mentality from last year and, whilst it's not been easy, I feel stronger than ever. Having been in this position before, I don't feel that it's going to be a problem."

The comments have been a setback for Nicole, who recently tried to put her heartbreak behind her by visiting Venice with a group of pals.

"Nicole is shocked by Lewis' remarks," an insider tells *Star*.

NICOLE'S PAIN AS LEWIS BRAGS

'I'm stronger than ever'



Lewis has been out partying

"She was doing a good job of moving on, but these comments have really upset her.

"She doesn't understand how he can be 'stronger than ever' when they were an item for so long. It's making her question their whole relationship."

Nicole, who looked tired and unhappy when pictured out last week, has turned to her religion to help her through this difficult time.

She shared a Bible proverb on Instagram that read, "She is clothed with strength and dignity and laughs without fear of the future."

She also posted a scenic picture of LA, writing, "So good to be back home."

Nicole is now focusing on her theatre career. After being nominated for an Olivier Award for her debut role as Grizabella in the musical *Cats* on London's West End stage, she is apparently in talks with the show's creator Andrew Lloyd Webber to reprise her role on Broadway in New York.

Our source continues, "If Nic lands this role in the US, it will give her something to focus on away from Lewis."

Chin up, Scherzy! ■

Robyn Morris



JB lashed out over her single's lack of airtime



CHERYL'S CAREER MELTDOWN

The star's left furious after hubby JB attacks her management in public rant

Cheryl Fernandez-Versini has been concerned for months that her career is ailing – and now her hubby Jean-Bernard appears to have confirmed her worries in a public rant about her record label.

Last week, the 31-year-old's husband complained on Instagram about the lack of airplay for her new single, *Only Human*, implying that her management team are neglecting her.

"I would like an answer on how come people don't push people who deserve it," he wrote. "How come somebody as exceptional as my wife has to fight for being the best and even her management, label and people that decide who goes on the

radio don't move their a...."

He then branded her team too "lazy to promote such an amazing singer, person and inspirational human being".

A source tells *Star*, "Cheryl confides in JB about everything. She hasn't got the exposure she had on *The X Factor* and she worries her music isn't getting out there.

"JB's post was his way of standing up for her, because he knows how hard she works. He meant well, but Cheryl is furious that he's meddled in her career – she doesn't need anyone to fight her battles for her."

JB's rant didn't sit well with Cheryl's old boss, Simon Cowell, either. Simon, 55, said, "I know her label and her management and they work very, very hard.

"I've read this kind of stuff in the

past and it's probably best kept within a meeting room."

JB, 33, also appeared to blame Capital FM DJ Marvin Humes, who is thought to be friendly with the couple. He added, "Marvin is a great DJ, but I am surprised I don't hear more *Only Human* remix when it's amazing."

Seemingly taking back control after JB's comments, Cheryl then went on a spree of self-promotion on Twitter, re-posting fans' comments about her single and her perfume Storm Flower.

With no guarantee of a return to *The X Factor* panel this year, she's also planning to escape from work woes by buying a house on the remote island of Mustique, where she and JB wed last July.

She is said to be eyeing up a luxury £7.4 million villa. Our insider adds, "The island holds a lot of happy memories for her." ■



JB appeared to blame Marvin too

'Dan is t who got

**Straight-
talking Vicky
Pattison dishes
on lost love and
giving up
partying...**

Lately, Vicky Pattison has been hitting the "toon" hard with new BFF Casey Batchelor. But when we catch up with the ex *Geordie Shore* star, she reveals she's ready to swap partying for a serious TV career.

Vicky also plans to stay single for a while, having gone through a painful split from James Morgan and a short-lived romance with Ex *On The Beach* co-star Dan Conn.

Here, the 27-year-old reality star tells *Star* why she runs from good relationships and what went wrong with "perfect" Dan...

Hi Vicky! You've been spending a lot of time with Casey. Why do you get on so well?

She's a great girl. We're at the same place in our lives – we're both single and career-minded. I've got a bit of a hole in my life at the moment. I'm not seeing anyone and I've not had a serious boyfriend for a while.

Do you get a lot of attention from men when you're out?

I think Casey gets more than I do. I'm the psychopath from *Geordie Shore* who has argued with every single boyfriend!

Do you worry that might turn guys off?

Well, if a man is put off by a strong woman who knows



Aussie ex Dan is her "perfect guy"

he one away'

her mind, he's not the man for me. Sometimes I worry that I've already met the man of my dreams and I've drunkenly told him to f**k off!

Are you looking for a man?

I don't want a boyfriend right now. I'm ready for some me time. When I get into a relationship I feel stifled. I panic and think, "Is this it? Is this the one person I'm with forever?"

What kind of guy would you like to meet?

Tom Hardy! No... stereotypically I'd like someone tall, dark and handsome. But I'd just like someone who doesn't feel insecure about my career and who can laugh at himself. I probably need someone to bring me down a peg or two as well.

What happened with Dan?

I love Dan. He's actually the perfect guy, but unfortunately he lives in Australia and neither of us have plans to move. We still WhatsApp, but I think Dan will always be the one that got away.

Have you drifted apart from the Geordie Shore girls?

I still speak to Charlotte Crosby and Holly Hagan, but we're on different paths now so inevitably we're not going to be as close. It's sad, but I'm not in a Geordie Shore frame of mind any more. I'm 27 – I want to make mistakes behind closed doors now. I want to rein in the partying and be serious.

Do you miss the show?

I do a bit – every time I see someone from the show it hurts. I feel like I've divorced them all!

You recently tweeted a post about jealousy. Who were you talking about?

It's not someone I've worked with, but she's in the public eye. I had a run-in with her as I don't think girls should be jealous or catty to each other. Women should support one another. I want nothing more than to



With new BFF Casey

see my friends, like Charlotte and Holly, succeed.

Do you work hard to stay slim?

Once you've lost weight, maintaining it isn't as hard. I try to train three times a week. I think every woman who's lost weight thinks they don't want to slip. I'm very aware of my body now. I worry sometimes, but life is for living!

What can we expect from your new show, Judge Geordie?

You're still going to see the tough nut in me as I sort out people's problems, but I'll show my softer side too. We start filming at the end of this month. I'm so excited.

Tell us about your range with Honeyz.com...

It's a mid-season range, so it's got nice pieces for that in between time after winter and before spring/summer. My style has really matured and I think this shows that.

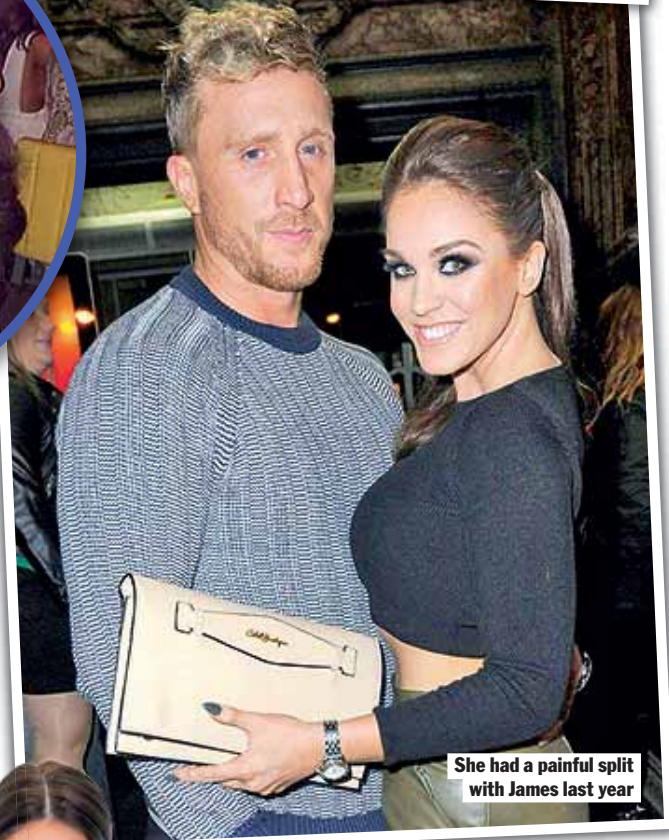
What else would you like to conquer this year?

Everyone knows my goal is to go on I'm A Celeb... I'm dying to get my hands on some kangaroo balls! ■

Katie Keegan

Find the VIP Collection by Vicky Pattison at Honeyz.com

Vicky's no longer close to Holly and Charlotte



She had a painful split with James last year

DATING DOS AND DON'TS

With a new advice show in the pipeline, Vicky shares her relationship tips

- ✓ **DO** keep your separate groups of friends, so you're not a chain around each other's necks!
- ✗ **DON'T** forget to allow each other your own lives. Having space is important.
- ✓ **DO** make specific time in the week to see each other – that way it stays special.
- ✗ **DON'T** be in a relationship if you're not ready to be in one. No one deserves to be cheated on.
- ✓ **DO** be honest, even if it's not always nice. It could save hurting someone in the long run.

MARK BEGS ED 'PLEASE SING AT WEDDI'

He's desperate to give Michelle the day of her dreams

Michelle Keegan has set her husband-to-be Mark Wright a last-minute wedding challenge – to get Ed Sheeran to perform at the ceremony! And Mark has publicly begged the superstar to grant her wish.

Speaking on his Heart Radio show last week, Mark, 28, said, "Ed, if you're listening, we both love you very much, you're a talented man. Please would you sing – even one song – at mine and Michelle's wedding?" He added cheekily, "If that's not a plea, I don't know what is!"

In his desperate bid to persuade the singer to agree, Mark followed up the request on Twitter, writing,

WEDDING DIET BUSTED!

Michelle recently told us they were following the Bootea detox to get in shape for the big day, but judging by this snap that Mark posted last week, they're not taking it too seriously!

Captioned, "It's the little things in life!", it showed they don't stop at a plain Rich Tea with their cuppa – going for choccy biscuits, popcorn, M&Ms, jellies and cake as well. Yum!





OUR NG!

"Who just heard me BEGGING the legend @edsheeran to sing at @michkeegan & my wedding on my radio show @thisisheart? RT GUYS MAKE IT HAPPEN."

The couple have set the date for the end of May at Tudor mansion Hengrave Hall in Bury St Edmunds, Suffolk, where they'll marry in front of 120 family and friends.

The reception is being held on the grounds of the 350-acre estate, with evening guests taking the numbers up to 200.

Those staying overnight will be put up in the Hall's four-poster rooms, cottages and barns – and Mark and Michelle, 27, have reserved Nanny Pat a ground floor room especially.

A source tells *Star*, "Mark and Michelle are getting really excited about their big day. Cast members from *TOWIE* and *Coronation Street* will be there, as well as their closest friends and family.

"They've been planning their day for 18 months now and have spent hours hashing out the details, making sure everything is just right. If Ed agrees to perform, it will be the icing on the wedding cake. They can't wait."

Neither can we! ■

Robyn Morris

They're set to marry at Hengrave Hall



Marnie & Ricky talk baby names!

The new couple are really getting serious

They've only been dating for two months, but Marnie Simpson and Ricky Rayment's relationship is moving at a record speed.

The 22-year-old *Geordie Shore* star has even had a conversation about baby names with Ricky's mum, Jan!

A source explains, "Marnie and Ricky have got serious quickly. Marnie Skyped Ricky's mum and they got talking about baby names.

"They're not planning on children yet. They're just excited about the future they want together. They're inseparable at the moment."

The pair are so smitten, Ricky is reluctant to leave Marnie's side and has been travelling the country with her as she promotes *Geordie Shore*.

Marnie recently

told *Star*, "He's swept me off my feet. I've never felt the way I feel about Ricky."

The pair met at the National Television Awards in January and have been gushing about each other ever since.

Last week, the *Geordie Shore* star tweeted a picture of Ricky at a "Madhatter tea party" writing, "This is why I'm in love. My boyfriend is the funniest person I've ever met."

And Ricky is set to introduce Marnie to his parents. Our source adds, "Ricky's parents spend half the year in Florida, and they haven't been in the UK since he started dating Marnie. Jan is really keen to meet Marnie when they visit Essex.

"Marnie is usually a strong girl who doesn't show her feelings, but she's really fallen for Ricky. She can see herself spending the rest of her life with him." Aww! ■

Ricky's mum Jan



Marnie finds Ricky hilarious

JESS'S NEW ROMANCE

She may not have found love, but Jess Wright has signed a deal to write three romance novels with the firm behind Stacey Solomon's debut novel, *Walk On By*.

A source says, "Jess's first book will tell the story of a budding shoe designer trying to make her way into the celeb world."

The novel will hit shelves in July. We wonder if we'll recognise any of the characters?!



RICKY, MARNIE AND JESS: ROBYN MORRIS. PHOTOS: EXPRESS SYNDICATION; FLYNET; GETTY IMAGES; INSTAGRAM/WRIGHT; INSTAGRAM/MARNIESHORE; PLANET PHOTOS; WENN; XPOSURE



Ferne was shocked by his outburst



Chloe tried to make amends

CHARLIE RANTS 'I'M DONE WITH TOWIE!'

He lets rip about the reality show, his sister and girlfriend

He only recently returned to the show after a few months' break, but last week Charlie Sims sensationally quit *The Only Way Is Essex* – telling show bosses via an astonishing rant on Twitter.

The 23-year-old announced the shocking news in a string of furious tweets that also raged at his sister Chloe Sims and girlfriend Ferne McCann, who both star alongside him in the ITVBe show.

The delicatessen owner wrote, "So sad to not lose one... But two people you love dearly to a TV show. Everyone can point the finger at me... But I have morals. And dignity and some sort of self respect. I wish @Chloe_Sims and @fernemccann the best with

their lives. But always live knowing you chose the show..."

"And finally to the @OnlyWayIsEssex I won't be taking part any more. It's time to grow up and move on. Wish everyone the best on the show!"

"Stay true to who you are. Today I became me the real Charlie Sims... And so another chapter begins."

Ferne, 24, told us she was shocked and surprised by Charlie's tirade. And she admitted, "I don't know what's going to happen to us as a couple."

And as *Star* went to press, he and Ferne were still not speaking.

Charlie took a break from filming last year as he was said to be exhausted by the heated

rows between Ferne and Chloe, 33, after their ongoing feud led to a rift with his sister.

And although Chloe tried to make amends with Charlie last week, he is thought to be frustrated that she chose to do it on screen rather than privately.

"Charlie has been unhappy on *TOWIE* for a while," an insider tells *Star*. "He's a normal, down-to-earth guy and airing his dirty laundry in public isn't his style."

A spokesperson for *TOWIE* told us, "We haven't been able to film with Charlie for several days because he hasn't felt comfortable sharing his real life on camera, and that is an essential part of being in *TOWIE*."

"We have decided he will no longer be part of the show. We agree that it wouldn't be right for him to continue and wish him well in the future."

While Ferne has been blamed for his fallout with Chloe, she took to Twitter the night before Charlie's outburst to have her say.

She wrote, "So everyone knows I have nothing but encouraged @charlessims_ to reconcile things with @chloe_sims. I every day tell @charlessims_ to txt his sister and [make] amends. It's family, life is too short. I'm sick of people thinking it's ME!"

Charlie has since added on Twitter, "Thank you to everyone for their kind tweets today. Its been a journey so far.. Let's see what else life has to offer!"

We'll miss you, Charlie! ■

Daisy Jordan

'I don't trust men!'

TOWIE star Chloe Sims talks about being unlucky in love...

When we meet up with Chloe Sims on a Thursday night, we can't believe how lovely she is. It's a far cry from the *TOWIE* showdowns she's used to having and it's not long before the 33-year-old makes us feel like we're having a good old gossip down Sugar Hut!

Chloe, who has had a turbulent time with her on/off relationship with Elliott Wright and her feud with brother Charlie and his girlfriend Ferne McCann, opens up to *Star* as she attends the Terrence Higgins Trust Lighthouse Gala Auction in central London...

Hi Chloe! Are you dating at the moment?

No, I'm keeping away from men right now.

Do you trust men?

Not really. I'm 33 and at that point in my life where I could settle down, but that's a very scary decision because most of the men that I meet want to settle down now. I need it to be 100 per cent right and I really need to want to risk everything for that person.

Do you have your dream man?

I don't think dream men exist. When I meet him I'll let you know!

Why did Charlie quit *TOWIE* last week?

We're not allowed to talk about that, but I know about as much as you do!

Is Ferne to blame for the fallout with Charlie?

It is down to Ferne, but I don't blame anyone. There's a valid reason why we don't speak. She texted me to apologise but, for me, sorry is just a word. You have to mean it. I can be civil with her, but will I trust her again? I don't know.

How long will you stay on *TOWIE*?

If I got offered something else amazing I don't know if I'd leave *TOWIE* or not. I've been there four years and, to be honest, this series has been very stressful for me. It's been hard work.

What do you think of the newbies?

I love Jake! He doesn't give a shit, does he?

Is it nice having your cousin Frankie Essex back on the show?

Yeah, I was really excited! It is just so natural to film with Frankie.

Do you miss your daughter Maddie when you're filming?

I miss her all the time! It's a tricky lifestyle, because obviously I've got the show and then I've got things that come from the show. I'm a single working mum doing it for the mums.

Would you ever let Maddie watch *TOWIE*?

No, she's not allowed!

Would you like more children?

I've been thinking about it a little bit more, especially when I'm with Billie Faiers because I'm obsessed with Nelly!

But I wouldn't really want to go through the pregnancy or the birth again!

What do you think is the biggest misconception about you?

That I don't spend enough time with my daughter. That is obscene! I've been a single mum since she was two, so she's always been with me. People also say I'm hard. I'm not – I've got a soft side.

You're here to support gay rights.

Is it an issue close to your heart?

It's something I feel strongly about. Vas has been experiencing a few issues with his family. He's one of my closest friends and I look at him like he's blessed. He's born to be that way because that's who he's meant to be. ■

Gemma McCartney

Chloe was supporting gay rights activist Phillip Christopher Baldwin (philipchristopherbaldwin.com)



Chloe's been supportive of Vas' family issues



She loved filming with cousin Frankie again

AMY 'I CAN'T FIND A MAN!'

Essex girl Amy Childs, 24, reveals her love woes as we chat at the launch of Michelle Mone's autobiography...

Hi Amy! Have you got a man at the moment?

I have been on a few dates, but nothing has come of it.

Do you feel like you've had luck with men?

I don't want to be down and depressed, but I'm only human!

I put my love life over everything and nothing has happened. Who knows, I might meet someone soon... I want tall, dark, handsome and banter!

Has anyone caught your eye?

The new *TOWIE* hottie Dan Edgar is really good looking!

What do you think of Charlie Sims quitting the show?

I think it's definitely best. I know from experience that it's

so hard being in the public eye. **Do you think he'll sort things out with Ferne McCann?**

They are a really great couple, a great laugh.

You look fab – what have you been doing?

I've been training and drinking Bootea – the results are unbelievable. I'm a size 8, but I want to get toned for summer and get a six-pack!

THE ONLY WAY IS *Ferme!*

HER COLUMN. HER RULES.



Charlie and I

After Charlie tweeted about leaving the show and mentioned me and Chloe in the tweets last week, I was honestly really shocked. It feels like it's come from nowhere. It's still all very raw so I don't really know what's going to happen to us as a couple. He wasn't willing to air his problems on camera as he isn't one for lots of drama.



Objectifying women

I'm loving *Ex On The Beach*, it's my guilty pleasure! But I hate the way the boys talk about women on there. They're constantly going on about how many times they would "bang" them, as if women are some kind of prize. It's disgusting and disrespectful. We're not pieces of meat, lads!



Race For Life

I had a great day promoting Race For Life's Tough Mudder challenge with Billie. It's such an important cause to support and I urge everyone to get involved. You don't have to be super-fit to join in as there are different races – and you can walk if you want to! To sign up, visit cancerresearchuk.org.



Billie's a super mum

I'm so proud that Billie won Celebrity Mum Of The Year with icelolly.com. She's the perfect example of a young working mum. She's devoted to Nelly, but she still goes out and enjoys herself. In fact, she manages to balance family life and her career perfectly. She proves it's possible!



New romance on the horizon?

I'm happy Dan Edgar took Jess out on a date. I told you all a couple of weeks ago I could see it happening! I know his circumstances with his ex are a bit complicated, but Jess has made it clear if they were still together she wouldn't go there. Mario Falcone is also having some issues with his girlfriend Emma McVey as she is going to Miami for work for a while. We'll have to see how things go for them...



Shaping up

I've been doing a lot more cardio lately with my trainer. I'm still carrying some Christmas weight and I'm a large size 10, getting on for a 12. But it's not that I want to lose weight – it's about being comfortable in my clothes again and feeling less bloated.

'I'm scared of being alone'

Gemma Collins opens up about the latest dramas in her life...



Arg is like a brother to her

Esssex diva Gemma Collins is beaming as she sits opposite us at the launch of her new plus-size range with Evans. *TOWIE*'s GC tells us that despite the recent challenges in her life – she split with bad-boy Alex Moss in November and was burgled in February – she's finally in a happy place.

The 34-year-old goes on to reveal the big plans for the next stage of her life and talks about avoiding drama, finding true love and becoming a mum...

Hi Gemma! You're looking great. How's the health kick going?

Really well. Every week the number on the scale is going down at my slimming club. I'm now 16st – I've come down from 20st. I'm hoping to be down to a size 16 by summer.

Do you feel under pressure to be slim?

I'm watching my weight for health reasons but I've never buckled under the pressure of being slim. I'm not going to stay in because I'm not a size 10! No one is perfect, it's about making the most of what you've got. I don't want to be on a treadmill 24/7 – I haven't got time for that!

Let's talk about those recent pictures of you leaving a shop with sweets and snacks...

Every girl does it, why should I be any different? I'd been filming *TOWIE* late and decided to go over to my friend's for a girls' night. Since I was broken into I'm nervous about staying in my flat alone, so I decided to stay with her. I'm not going to worry about it. I'd already lost four pounds that week. I'm allowed one night off!

How are you feeling about this series of *TOWIE*?

There's been lots of drama, but I'm older now and I don't really want that in my life. I'm so busy with my other projects, I haven't got time for it and it's a nice place to be in.

Billie Faiers thinks you'll be next to have a baby...

Definitely, I'd totally love to have a baby. Knowing me I'll lose all my weight, get pregnant and put it all on again! It's going to happen but I've just got to meet the right person. When I see Billie with baby Nelly I'm like, "Bill, I'm definitely having a baby!"

Do you want to settle down?

You've got to feel happy in yourself before you settle and I do now. So if it comes along, lovely, but I'm happy to wait. I'm not dating at the moment – there's not anyone I'm interested in right now.

If you don't find Mr Right, would you adopt?

Never say never. You don't know what's going to happen in life, so I wouldn't rule it out.

Do you think you're a magnet for bad boys?

I have been silly in the past, but I don't wake up and think, "I'm going to find a bad boy!" You can meet someone who seems amazing but it's hard to know if they're genuine. But I believe in love – it will happen.

Could you and James 'Arg' Argent get back together?

I see Arg as a little brother now. We'll always be friends, but I can't see myself dating anyone younger again.

Tell us about working with Evans on your collection...

I came into this industry and everyone was like, "We need to get this girl to lose 15st! We need to change her!" But this range has proved I can stay who I am and champion plus-size, normal women out there. ■

Katie Keegan

Gemma Collins' new collection is available from selected Evans stores and online at evans.co.uk



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DAN 'I'M NOT A BAD DAD!'

TOWIE star defends his parenting skills following domestic violence threats

Dan Osborne's world was thrown into chaos after a leaked tape of him threatening his ex-girlfriend Megan Tomlin was made public, leaving his TV career on *The Only Way Is Essex* hanging in the balance.

But after the existence of a second recording was revealed last week, in which he's said to shout aggressively at a sobbing Megan while their 14-month-old son Teddy plays in the room, Dan has been left upset at being labelled an unfit parent.

Former fans have turned against Dan, 23, who also has one-month-old daughter Ella with *EastEnders* actress Jacqueline Jossa.

"A few photo shoots and words are nothing. You are judged by your actions and his behaviour leaves a lot to be desired," one fan wrote online. Another added, "What a creep. And Jac was foolish to have

Son Teddy



With baby Ella



Dan's children are his "world"



a child with him." One even blasted, "No one in their right mind would want him anywhere near their daughter."

A source tells *Star*, "Dan has apologised for his out-of-character rant at Megan and it's something he deeply regrets. But what hurts

him most is that anyone would question him as a father. His children are his world."

The backlash comes after Dan was recorded saying he would "stick a knife" in Megan, 22, if she slept with another man. He also branded his then unborn daughter

with Jacqueline a "mistake".

Dan's dad, Jim Osborne, waded into the row last week, writing on Facebook about Megan, "Pure 100 per cent scum. Tramp, great role model. Nasty people who think they are clever trying to use violence on a good man."

Dan is currently "taking a break" from *TOWIE*, as he tries to put the scandal behind him. And showing he's trying to brave the fallout, he also reposted a quote that read, "People know your name, not your story. They've heard what you've done, but not what you've been through. So take their opinions of you with a grain of salt." ■

Katie Keegan

DON'T THEY LOOK CUTE! Can you match the Essex star with their cute kiddy snap?



1 The cherubic smile and dimples are the same, but there's no sign yet of this *TOWIE* regular's trademark hair and eyebrows...



2 The eyes are unmistakable! And now this fashionista's little sister has also made her debut on the show.



3 Isn't he cute! He might have cleaned up these days, but his love life is just as messy...



4 We've missed this cheeky smile on *TOWIE*! And she still looks just as angelic today.

Devastated Cara loses her baby

The former TOWIE star suffers a late miscarriage

Messages of support poured in for former TOWIE star Cara Kilbey last week, following the sad news that she suffered a late miscarriage.

The 27-year-old was more than five months into her pregnancy when she and her partner tragically lost their baby.

The TOWIE gang were the first to offer their support. Jasmin Walia tweeted, "I can't imagine what you're going through right now. Thinking of you. So sorry to hear of your loss."

Ferne McCann told us, "My heart goes out to Cara and her partner. I can't imagine how difficult it must be for her," while Billie Faiers said, "I felt so sad for Cara. I'm sending my love and thinking of her. I hope that eventually she will be okay. It's just awful."

Cara's best friend Billi Mucklow, who announced her pregnancy just weeks before Cara, also tweeted a touching message to her friend that read, "Love you with all my heart."

A spokesperson confirmed the devastating news in a statement, saying, "It is with great sadness that I must inform you that last week Cara Kilbey suffered a late miscarriage."

"Cara and her partner are devastated at the loss and will not be commenting further on this deeply upsetting matter. Cara would like to thank Sands, the stillbirth

and neonatal death charity, for their tremendous support."

Shortly after her ordeal Cara, who left TOWIE in 2013, posted the quote, "What doesn't kill you makes you stronger" captioned with a broken heart emoji.

She later thanked friends for their support, tweeting, "Thank you to everyone for your kind words today to get us through this difficult time. Every single tweet or Instagram comment I have read today has helped me so so much... I am overwhelmed by the love from so many people. Thank You."

Cara announced she was pregnant in January when she wrote on Instagram, "So Happy and Excited to announce we are expecting our first baby together July 2015."

As the weeks went on, she took to social media to post regular snaps of her growing bump and share her excitement at becoming a mum.

Our thoughts are with Cara and her partner at this difficult time. ■

Daisy Jordan



Cara with best mate Billi

What doesn't
kill you
makes
you
stronger

She posted
this quote

'I want to win Chloe back'

TOWIE new boy Jake Hall plans to reunite with his ex

Former professional footballer Jake Hall recently made his first appearance on *TOWIE* alongside his ex-girlfriend, Chloe Lewis – although he tells us they were still together when they first agreed to appear on the famously explosive reality show!

The 24-year-old reveals to *Star* what went wrong between them, what really happened with Lauren Pope and the tips his good pal, Joey Essex, gave him before filming began...

Hi Jake! How are you finding the *TOWIE* experience?

It's a bit dramatic but I'm having fun.

Who do you get on with best on the show?

I'd never met Gemma Collins before, but she's lovely. I don't usually get worried around ladies, but she's got something about her that's a bit scary! I'm getting on well with her, though.

You were with Chloe for six and a half years. What happened?

We were meant to be doing *TOWIE* together, but then we split up because we argued a lot. I wasn't too sure whether she was coming on the show or not, then she appeared through the door! It was really awkward.

How would you feel about seeing her date someone else?

I wouldn't be happy, it would be horrible to watch. But if it's going to happen, it's going to happen, I can't do anything about it. Ferne McCann is trying to push Mario Falcone to go on a date with her, but I'll stick by what I said. He's a drip.

Do you want her back?

It would be nice... I don't know if it's going to happen, but I would like to see if I can make it work. She needs a little bit of wooing.



He wants to keep Chloe away from "drip" Mario

What do you need to do to win her back?

I'd need to settle down a bit, stop going out a lot and partying. I want to prove that I'm willing to just be with her and go out with her more.

Why did you deny kissing Lauren?

I don't remember doing it, but there was alcohol involved. I'd never want to make Chloe upset or jealous.

Who's the fittest girl in *TOWIE*?

Chloe Lewis. I like natural girls – the surgery look isn't for me.

What advice did your pal Joey give you about joining *TOWIE*?

He said, "Be yourself and you'll be all right!" so that's what I'm trying to do. ■

Robyn Morris

Catch *TOWIE* at 10pm on Wednesdays and Sundays on ITVBe



He doesn't remember kissing Lauren!

HOW ESSEX ARE YOU?

We quiz Jake on his pastimes...

How often do you get spray tans?

Never.

Do you wear bronzer?

No!

When was the last time you went to Sugar Hut?

About a month ago.

When did you last tell someone to shut up?

When I was filming a scene with Ferne.

What car do you drive?

At the minute I'm not

driving, I'm getting taxis.

Have you ever worn your hair in a topknot?

Yes, not that long ago!

I went through a week of madness.

Do you have a handkerchief hanging out of your pocket?

No.

Verdict: 60 per cent Essex. No fake tan, but Sugar Hut is very Essex!



'Nelly is into everything now!'

Billie Faiers is ready for chaos now her daughter is crawling...



She dotes on Nelly

Billie Faiers is looking glam when we meet at London's Hamilton Place. She's also grinning from ear to ear, and with good reason – she's just been named icelolly.com Celebrity Mum Of The Year.

As she bounces eight-month-old Nelly on her lap, the *TOWIE* star, 25, tells us what she thinks of sister Sam's new boyfriend, Paul Day, her wedding plans with Greg Shepherd and why Ricky Rayment would make a good dad!

Hi Billie! How are your wedding plans coming along?

We haven't set a date yet as we're still looking at venues. We don't know if we are going to do it abroad or in this country.

Nelly is adorable! Has she reached any milestones lately?

She started crawling this week – she moves everywhere! She pulls herself up too, she's really advanced. We had to babyproof the house. Let the fun begin!

Would you leave *TOWIE* to spend more time with her?

It's challenging and tiring but I don't want to leave. They're flexible with Nelly, so it works well.

Have you met Sam's new man?

I have! He's really nice. She's very career-minded at the minute, but when the time is right she'll settle down and have children.



Billie approves of Sam's man

Will she have kids soon?

It'd be nice for our children to be similar in age. I reckon she'll have them in a couple of years.

What do you think of *TOWIE* newbie Dan Edgar?

I don't know him well, but he's charming and looks great!

Could there be romance with Jess Wright after their date last week?

He's recently left his long-term girlfriend and Jess wants to have fun. She doesn't want to be with anyone.

Do you know Jake Hall and Chloe Lewis?

Chloe is nice. I don't really know Jake, but they're great newbies.

Mamie Simpson's already talking babies with Ricky Rayment.

Would he make a good dad?

He's got loads of energy, so he'd be a fun, playful dad.

Who do you think will be next to have a baby on *TOWIE*?

I think if Gemma Collins settles down she'd love a baby soon.

How does it feel to be Celeb Mum Of The Year?

I was really honoured to be nominated, let alone win. I was really surprised. It's lovely! ■

Robyn Morris

Billie is Celebrity Mum Of The Year for icelolly.com, the leading holiday price comparison site

star
EXCLUSIVE!

'MY MUM WAS RIGHT!'

Billie reveals advice she wishes she'd listened to

My mum Sue always used to tell me not to wear make-up to school. She'd say, "Why are you wearing all that make-up?" It was a phase and everyone goes through it, but you look back and think, "Look how lovely my skin was!" Now I think, "I'd love not to have to wear make-up!"



Billie wishes she took mum Sue's advice

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OMG!

Heard the latest

We bring you the hottest news in Celebville right now

Got any tips?

Yes – wear more tweed

Pricey hobnobs with Camilla

Never underestimate the Pricey – she now rubs shoulders with royalty!

Keen horsewoman Katie posed with the Duchess of Cornwall, 67, at the Cheltenham races last week. The 36-year-old, who kept her style low-key for the posh event, looked right at home

next to Prince Charles' wife as her hubby Kieran Hayler, 28, looked on.

Commenting on rumours she'll appear on this year's *Strictly*, she said, "I'd love to go on the show, but they've never asked! So I'll stir the pot up and say, 'If it's true, give us a call!'"

Hold a grudge? Me?

Vas slams Tulisa

TOWIE's Vas Morgan has made it clear his beef with Tulisa isn't over. When asked who his ideal *X Factor* panel would be during a Radio 1 Xtra interview, the 24-year-old replied, "My perfect *X Factor* line-up would be anyone that's been on the show before – minus Tulisa."

Last year, Tulisa was found guilty of assaulting Vas at V Festival in 2013.

Vas doesn't want to see T!



Dermot's X future

Dermot O'Leary isn't sure if he'll be returning as host for this year's series of *The X Factor*. The 41-year-old says, "We normally sit down February/March, but Simon wants to change stuff. So I need to see what changes he is going to make before I know a) if he wants me and b) whether I'm suitable for those changes. If he says, 'Half your gig is a voiceover,' I'll have to think about it. If he lets me do my thing, of course I'd do it." You better be there!

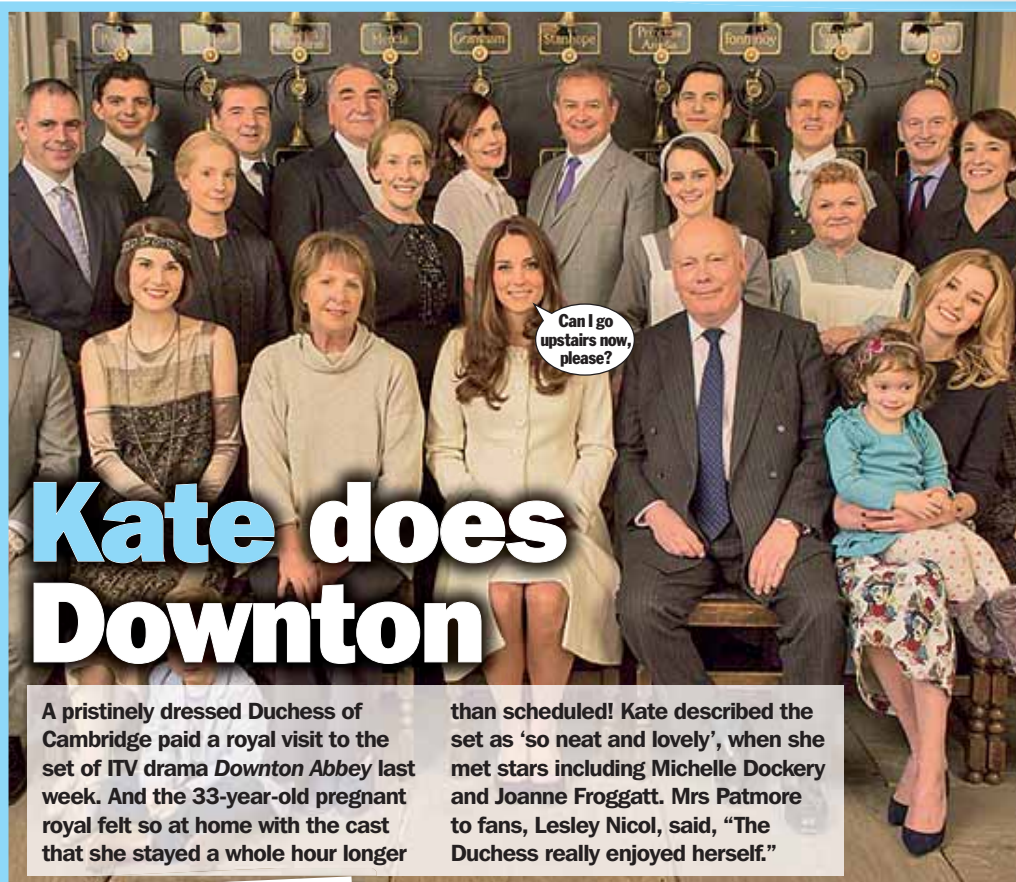
Sienna's cabaret catastrophe

She recently admitted she was worried that she wasn't sexy enough for her role in *Cabaret* on Broadway in New York, and now Sienna Miller's worst fears might have come true.

Poor Sienna managed to walk into a hefty prop during a performance, leaving her with a black eye and needing stitches! Understandably, she's since been sporting a big pair of sunnies...



Ouch!



Kate does Downton

A pristinely dressed Duchess of Cambridge paid a royal visit to the set of ITV drama *Downton Abbey* last week. And the 33-year-old pregnant royal felt so at home with the cast that she stayed a whole hour longer

than scheduled! Kate described the set as 'so neat and lovely', when she met stars including Michelle Dockery and Joanne Froggatt. Mrs Patmore to fans, Lesley Nicol, said, "The Duchess really enjoyed herself."

Can I go upstairs now, please?



Zayn and Rebecca hooked up in 2010

Rebecca 'I'll never tell all about Zayn'

Singer Rebecca Ferguson hit back at claims she's set to write a tell-all book about her brief relationship with 1D's Zayn Malik, after they met on *The X Factor* in 2010.

The singer tweeted, "No story about Zayn, I respect him too much to be negative." Weirdly, she quickly deleted the post. Did you change your mind, Becs?

HOT



THE FALL

The gritty crime drama – and cool-as-ice Detective Stella Gibson – are returning for series three! Let the countdown begin...

PIGNICS



Like pigs? Like picnics? Then micro pig pop-up events are what dreams are made of. Coming to London in May!



JOEY ESSEX

The Essex boy has declared that dating him is "life changing". His new girl is a lucky lady then!

STAR-O-METER

CHLOE SEVIGNY

The actress has blasted the amazing J-Law as "annoying" and "crass". How dare she!



SMELFIES

Dads are taking selfies with their baby's nappies! Well done on being hands-on, but we don't need to see!



ENERGY ADJUSTMENT THERAPY

The new LA fad pulls "invisible strings" from the body to ease stress. Eh? Gwyneth's a fan, obvs.



NOT!

WORDS: KATIE KEEGAN; ROBYN MORRIS; JOEL COOPER. PHOTOS: FAMOUS; GETTY IMAGES; INSTAGRAM/ALAN CUMMING; PETPIGGIES.CO.UK; REX FEATURES; SPLASH NEWS; XPOSUREPHOTOS.COM

STOP PRESS! STOP PRESS! STOP PRESS! STOP PRESS! STOP PRESS! STOP PRESS!



● Kylie Minogue has fired her mum as her personal dresser on tour – a job she's had since 1989! "I thought, 'Mum, just go and watch the show. Still come on tour, just don't work so hard,'" Kylie explained.



● Kate Moss looked seriously worse for wear as she staggered out of a party at Paris Fashion Week. The model had to be helped up by Lady Gaga, who looked considerably more composed!

● Unlike the rest of the female population, *Sex And The City* star Kim Cattrall says she doesn't find *Fifty Shades*

Jamie Dorman attractive. "He doesn't look like a man to me," she says. "He looks like a young boy!" Ouch! ● Olly Murs has announced that he's writing a second book, this time all about his life on tour. *On The Road* will hit shops in October. We can't wait to read all about what the cheeky chappie gets up to!





Sheena McHugh has faced her share of pain in the past. At just 17, she lost her beloved dad, who shared her passion for music, then came close to death herself in a horrific car accident that left her with a broken back.

But they were just setbacks for the brave northern girl, who says her negative experiences motivated her to build a successful music career. And with Will.i.am as her mentor on *The Voice*, she's well on her way to achieving her dream.

We chat to the 26-year-old about her new celeb fans and her "amazing" boyfriend of four years, builder Carl Tomkins...

Hi Sheena! Are you excited for the live finals?

It's always been my dream to sing to the nation live on a Saturday night – now that's going to get crossed off the bucket list!

How has your life changed?

I went back to my old school and the kids were asking for autographs and selfies and I was like, "It's still just me!" It's weird... one day you're talking to Will.i.am and the next you're doing things like ironing. It's like living two lives!

Have any celebs tweeted their support?

Adam Rickitt has, and Kerry Katona is following me! I love Kerry, she's a proper woman's woman.

Are you getting lots of attention from male fans?

Not really. I get a couple of tweets like, "Sheena's voice is hot" but I don't look for it because I've got a really amazing boyfriend. He's so supportive and has helped me become more confident.

Aww! Did he encourage you to do *The Voice*?

He said, "You've got nothing to lose, just go for it." When I'm nervous, he's level headed and says, "Sheena, don't be nervous because you're going to do this." He's never missed a performance, he's my lucky

'I imagine Dad watching from the front row'

The Voice finalist Sheena McHugh tells us how her dad's death has driven her to succeed...



BACKSTAGE WITH WILL

Sheena reveals what her mentor's like behind the scenes...

What's in Will's dressing room?
I haven't been in there, but I imagine it's full of goodies and technical stuff.
He's known for his random sayings. What's the weirdest thing he's said to you?
He said I should have two chinchillas on leashes with chinchillas on my back for a performance!
Has he told you off yet?
He sees my lack of confidence sometimes and

says, "Sink or swim, do or die, go hard or go home." He says it like it is.

Does he ever name-drop?

I imagine if I was on Team Tom that might have happened a couple of times. Will might have mentioned Fergie a couple of times, like, "Fergie did this" and "She'd do this" but that's it really. I'm quite happy for him to talk about Fergie!





Getting to the live finals is her dream come true

charm! I'm so in love with him and he's a proper hunk.

Why did you choose *The Voice* over any other talent show?

I did *The X Factor* two years ago, I got to the part where you sit on the chairs, but I got sent home. I loved it and it was a good experience, but *The Voice* feels more me because I don't have to be interesting in other ways to progress – I can just be myself and that's enough.

What's Will like to work with?

He's so creative and sees things differently. I like that – it brings excitement to everything. I just want to please him and make him think he made the right choice putting me through. I'm a bit of a starstruck fan!

Which judge is the biggest diva?

Will is quite a diva! He's just a ball of passion. But they've all got a bit of sass going on!

You almost died in a car accident. Has that made you more determined?

It gave me the fire in my belly to think, "Success won't come looking for me, that could've been the end." If I'd died in that accident, which I nearly did, there would be nothing of my music left behind. I want there to be something left that I'm proud of.

Did losing your dad at 17 push you to succeed?

I was a daddy's girl and music was our thing. We used to do karaoke together and record my little demos. I feel like he's with me when I'm singing. I imagine him sat on the front row and how proud he'd be. It pushes me to give that bit extra to my performance, that pure emotion. I'm overwhelmed with sadness, but happiness at the same time. ■

Robyn Morris

star
EXCLUS

'I'm full of self doubt'

Joe Woolford reveals his shy side as he makes *The Voice* finals

When we meet *The Voice*'s Joe Woolford, he's a little awkward.

Despite being a favourite to win, he admits he's shy and worries about making a fool of himself.

The 20-year-old PE teaching assistant tells us what mentor Rita Ora is really like and why his girlfriend Sally isn't fazed by the female attention he's getting...

Hi Joe! How does it feel to be a finalist?

It's so surreal. I applied for the first series and didn't even get past the first audition, so to be at this point is incredible.

Have you had a lot of support?

Every time I appear on an episode, my phone goes ballistic with notifications on Twitter and Instagram. It's nice to know that people like me. I always doubt myself. I just hope I don't come across as cocky or anything because I'm quite shy.



Joe is finding the experience surreal

Have you auditioned for any other talent shows?

Literally everything! *The X Factor*, *Britain's Got Talent*... But I was so glad I got through on *The Voice*. I believe everything happens for a reason. If I'd gone on *X Factor* I might have made a fool out of myself on telly!

What's Rita like?

She's a similar age to me and knows how I'm feeling and how much I want it. She wants to bring out the best in her contestants.

Do you fancy her?

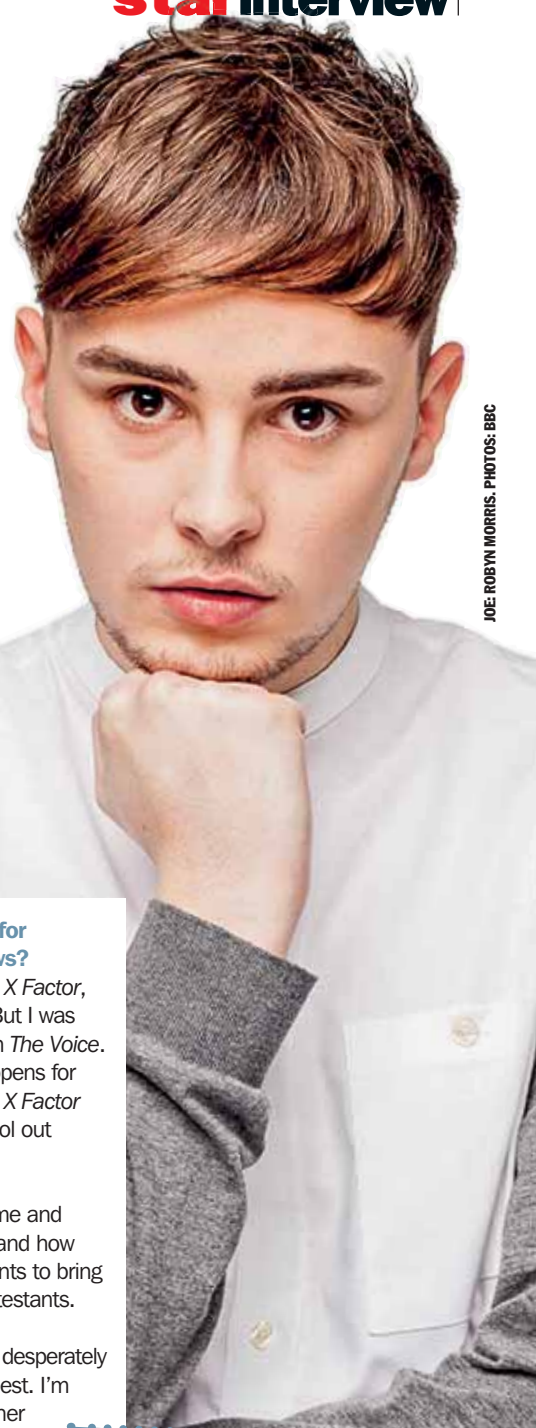
Obviously! [Giggles] I'm desperately trying to show her my best. I'm so focused on making her feel like she made the right decision and trying not to mess up. I'm always on my toes around her.

Have you had a lot of female attention?

I work in a high school, so the young girls make flirty comments – although obviously I don't say anything back.

Does your girlfriend get jealous?

Sally knows how much I want it and has been really supportive. She doesn't get jealous because she knows she can trust me. This is my six-month window to learn everything I can and try to get signed! ■



JOE: ROBYN MORRIS. PHOTOS: BBC

BACKSTAGE WITH RITA

What's in Rita's dressing room?

I've never been in there. We're not allowed.

What's the flirtiest thing she's said to you?

She said she was wearing these trainers especially for me because they had extra grip in case I swept her off her feet. I went bright red.

How long does she spend in hair and make-up?
I'm not sure, but her hair and make-up is always perfect, so I'd say it's probably a long time.

What's her sexiest feature?
Literally everything!



'I'm giving Helen pregnancy tips!'

Lucy-Jo says Sienna is the love of her life



Lucy-Jo Hudson tells us she's the agony aunt for her former Corrie co-stars



She has Daddy Alan's personality



As Katy in Corrie

She's best known for starring in *Coronation Street* and *Wild At Heart*, but Lucy-Jo Hudson says her proudest role is being mum to adorable daughter Sienna-Rae, 18 months.

The 31-year-old actress is married to her former *Corrie* co-star Alan Halsall, who plays Tyrone Dobbs. We catch up with her to gossip about motherhood and her charity work...

Hi Lucy! How is Sienna-Rae?

She's walking and talking now and she's ridiculously clever for her age – you can have a proper little conversation with her. People say she's like my little friend and she really is. She's the love of my life. We do everything together.

Is she more like you or Alan?

She's a mixture... She has my big eyes, but her daddy's personality.

What sort of dad is he?

He's amazing. Sienna-Rae is definitely a daddy's girl, they are so cute together!

Would you like another one soon?

We would love a brother or sister for Sienna, but not yet. I'm loving her at the age she is and I'd like her to be a bit older and more independent

before we bring another little one into the family.

Do you want a big family?

We want a couple of kids, but you never know!

Are you in touch with your Corrie co-stars?

Loads of them! I'm good friends with Samia Ghadie, so now she's back in Manchester I'll get to see her a bit more.

Are you friendly with Michelle Keegan?

I was with her at an event at the weekend. She is so beautiful, that girl! But she's like a normal girl-next-door.

Will you be going to her wedding to Mark Wright?

I don't know her well enough to get invited to something like that – she knows too many people!

Have you seen Helen Flanagan since she announced her pregnancy?

I saw her at an event recently and she looks amazing. She's a beautiful girl anyway, but she has really come in to her own. She's really enjoying her

pregnancy.

I advised her to get as much sleep as she can because that goes out the window once the baby is born.

Do you still see your former Wild At Heart co-star Amanda Holden?

Not as often as I like, because she lives in London and I'm in Manchester. We keep in touch and send each other pictures of our kids.

What made you want to get involved with Just A Drop's Mums Army campaign?

It's about mums and their families in underdeveloped countries and how they have to live with dirty water. Reading the statistics of how many children die was really shocking. As a mum I wanted to help in any way I can. ■

Gemma McCartney

For info on Just A Drop's Mums Army campaign, visit mumsarmy.org



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Where is the LOVE?

Has Cupid's arrow hit or missed this week?

Joey Essex & Reem Mesha & mystery girl

The Reem is over! You'd have thought a girlfriend with the same name as his bizarre catchphrase would be perfect for former *TOWIE* star Joey. But after seeming loved-up with the air hostess (inset), he now says there's another girl on the scene – and it's "quite serious". Speaking about Reem, Joey, 24, says, "I don't know what's going on. We're talking but I'm still on the market, put it that way." However, he refused to spill any details on his new love. Don't tell us she's called Fusey!



♥
ANOTHER
GIRL!



♥
NO WEDDING
IN SIGHT

Spencer Matthews & Lauren Hutton

We hope Lauren isn't eager for marriage or kids – because her *Made In Chelsea* man Spencer seems horrified at the idea. The grouchy 26-year old says he "can't think of anything worse" than having children and insisted that marriage is "not something that crosses my mind at all". However, he reserved some warm words for his 27-year-old girlfriend, saying, "It's nice to feel like I'm doing the right thing for once."



♥
SPLIT!

Calvin Harris & Aarika Wolf

One of the hottest men in the music biz is back in the dating game! Record-spinning pants model Calvin, 31, has split from catwalk star Aarika, 21, after seven months together. An insider says, "They were both into each other for a long time, but it just didn't work out and they'll stay friends." The pair, who got together after Calvin split from Rita Ora, are said to have called it a day around the time of the Brit Awards.



Elliott Wright & Chloe Sims

They've been on and off more times than a strobe light, but it seems the turbulent *TOWIE* couple are back together!

The pair arrived at the TRIC awards in London together last week and happily posed for cosy pictures. They were also recently pictured working out together in the gym, with Chloe even trying an unusual move – balancing on Elliott's shoulders while doing pull-ups. Are the pair putting their string of volcanic onscreen rows behind them and trying to make things work... again?

♥
BACK
TOGETHER!

LOVE BITES! LOVE BITES! LOVE BITES! LOVE BITES! LOVE BITES!



● Miley Cyrus and Patrick Schwarzenegger are talking marriage! The loved-up pair have casually said in front of friends that they're going to get hitched – and it seems the family are on board, too. Patrick's big sis Katherine said last week, "I think they're adorable." ● TV and radio host Johnny Vaughan has split from his childhood



sweetheart Antonia Davies after 14 years of marriage. The pair, who have a son and a daughter, met as teens when she came into the London video shop where he worked. ● It appears Shia LaBeouf and his girlfriend Mia Goth are engaged. The actress, who met Shia on the set of movie *Nymphomaniac*, was seen walking through an LA airport last week

with a dazzler on her ring finger.

● Simon Cowell's former girlfriend Terri Seymour has given birth to a baby girl. It's TV presenter Terri and her British model boyfriend Clark Mallon's first child.



'I'm always in the friend zone!'

Taking New York's Matthew Charles says he struggles to get female attention



Hanging out with Sophie in NYC

Watch out *TOWIE* and *Made In Chelsea* – the reality TV show everyone's talking about is *Taking New York*, which follows a group of twentysomething Brits trying to make it in the Big Apple. And the bitchiness, scandal and drama make its UK rivals look tame!

We catch up with 28-year-old Matthew Charles, who's been living the American dream for six years, to find out about his co-stars, dating Stateside and what he thinks of Lucy Watson's comments about the show...

Hi Matt! Do you get on well with your castmates off-screen?

There are people from all walks of life so you're dealing with a lot of different personalities. Obviously I gel with some more than others! I'm closest to Sophie Pape. We have a great laugh together.

Can you be yourself on *TNY*?

In the first episode it wasn't me at all. I'm a fun, lovely guy to be around, so it's frustrating.

What do you love most about living in New York?

The ability to do anything. If you dream it up, you can do it.

What's the dating scene like?

Everyone is so busy, so it's hard to fit it in. You meet people all the time, but thank goodness for the invention of Tinder!

Are you a player?

I don't think my mum would be happy with me being described like that! You should always treat women with respect. Most of my friends are women and it tends to go into the friend zone, but I think that says something about how I treat women.

Do you have a type?

There's nothing more attractive than an independent, powerful, successful woman.

Lucy Watson called the *TNY* boys "dicks". Have you met her?

I haven't but some of the other guys know her and weren't very complimentary! Jamie Jewitt gave her a snarky comment back, which was hilarious. [He tweeted, "Is this about me choosing Riley over you once in Brooklyn Miss Watson?"]

Do you miss the UK?

Desperately. It's very depressing.

I've missed out on so much, like my brother and sister's birthdays, graduations, heartbreaks... But I had to make a sacrifice to get ahead in the world. ■

Daisy Jordan

To learn more about 1055 Park Avenue and RLTYNYC, the property firm co-founded by Matt, go to RLTYNYC.com

WHAT I MISS THE MOST ABOUT BRITAIN!

BRITISH GRUB I get annoyed when people call British food shite – it's really good! I love cookery shows – Jamie Oliver's my hero!
THE LOCAL PUB I miss The Swan at home in



Norfolk. The British pub is the epicentre of the community – there's nothing like that here.

BANTER British people are different from Americans. Someone once said to me, "Americans are like peaches – soft on the outside until you hit the pip

and you can't get any deeper." Brits are the opposite.

SPORT I miss going to watch rugby. I don't follow American sport. When I go to ball games here, I hit the beer because I don't know what's going on!



Charlotte

DIETS, DATING AND DRAMA... TALES OF A GEORDIE GIRL!

Hi guys!

I'm finally back in the UK and it feels so great to be home. When I landed and smelt the cold, crisp air, it was amazing! I can't wait to be in my own bed at my house with my telly on and my mum bringing food up to my bedroom!

Charlotte

No apologies

I was criticised by another magazine for filtering my selfies, but doesn't everyone? They used an unflattering photo of me after a 24-hour flight when I had my period and compared it to a picture with more flattering lighting. Am I supposed to apologise for that?

I only have love for Katie

I really like Katie Hopkins, so I don't mind her making comments about Mitch not being right for me. Katie actually saw me with another boy before I got back together with Mitch, but she wasn't to know that it wasn't him. And she was right – me and that guy weren't right for each other! I'm happy with Mitch. There are no hard feelings!



My girls

It was so nice to see my Geordies when we did a promo for series ten last week. Me and Holly spent the day taking selfies – I couldn't wait to see her! Me and Marnie had been holding in all of our gossip until we saw each other. We have the best chats! Sometimes when we're filming we'll lock ourselves away in the girls' bedroom with lots of snacks and talk for hours about everything and anything!



Kim Harries?

I'm a huge fan of Kim Kardashian's new platinum-blond hair, but in some pictures it does look a bit yellow. I can imagine that if she was having a bad hair day, she might get mistaken for Lauren Harries!



A lucky escape!

Kym Marsh has spoken about having a near-death experience on a plane. I can relate to that, as when we were filming the sixth series of *Geordie Shore*, I got stuck underneath a boat when we were white-water rafting. I fell out and was dragged along by the boat with the current. I thought I was a goner! Thankfully I got stuck on a rock so I could come up for air.



David's dress-up

Apparently David Walliams and Lara Stone separated because she wasn't happy with his cross-dressing. It's probably nonsense, but I love David so much that if Mitch decided to do anything even remotely like him – even wearing my clothes – then I would propose marriage to him then and there! It is a leap year, isn't it?!

'It's been a nightmare'

Made In Chelsea star Alik Alfus opens up about that scandalous Instagram pic

When we approach *Made In Chelsea*'s Alik Alfus at the Shopa Launch

Party at the Ham Yard Hotel in London, he is more than willing to spill the goss to *Star*. His girlfriend, Louise Thompson, 23, on the other hand, is a bit more sheepish and doesn't want to talk.

So we chat to Alik, 26, over a vodka, lime and soda to find out what's in store in the new series of *MIC* and why he and Louise aren't ready to move in together. And, confusingly, Alik says he isn't sure whether that kinky Instagram picture of him and Louise was Photoshopped or not!

Hi Alik! How's filming for *Made In Chelsea* going?

It's going very well, there's a lot of fresh new blood and new energy. We're up to about episode five now. I'm doing my best to stay out of drama, but that's not as easy as I'd like it to be. It is *Made In Chelsea*, after all!

How are things with Louise?

Things are great. We just got back from Bali – we went to visit my mother, who lives there, and it was Louise's first time meeting her.

How did it go?

Amazing! My mum said to me, "I'm really happy that you found someone you love. I wish that my boyfriend would treat me the way that I see you treat her. I'm proud of you, son." I've never heard her talk to me like that in my whole life!

Sweet! Are you still enjoying London life?

My visa prohibits me from working here, but I'm here for Louise. I love her, so I'm trying to figure out a way to keep a balance.

Are you living together?

I'm there all the time, but we're not ready to move in together.

She has her own house with her brother. She's not giving that up any time soon!

Would you like to move in?

I'm very much comfortable having my own place, but spending most of my time with her. It's nice to have your own place to revert back to and get your own space!

How did you feel when that naughty snap of you and Louise was posted on Instagram?

Deeply disturbed. I don't know how the hell it got out there, obviously it was some hacking. It sounds weird, but thankfully it wasn't a much more embarrassing shot. It could have been a lot worse! I could let it bother me or I can be like, "F**k it, it happened, it's in the past, deal with it." And that's what I'm doing.

Were you embarrassed?

Yeah! I was walking down the street right after it went up and some guy yelled at me, "Hey Al, nice cock!" I was like, "Oh my God, Jesus Christ!" It's a huge invasion of privacy. It's been a nightmare.

Is the picture real?

I think it was Photoshopped...

I don't know the full story.

Your statement said you knew lots of people with motives. Who do you think did it?

There have been hate messages on Twitter and Instagram – mean, negative, gross direct messages. I guess those comments are based on the fact that I have had some of those messages, as has Louise.

Do you think it was someone you know?

Oh no, not at all! ■

Robyn Morris



He's loved-up with Louise



The revealing snap appeared on Louise's Instagram page

'Spencer has grown up!'

Rick Edwards admits Spencer Matthews is a changed man

Rick Edwards is usually found teasing the *Made In Chelsea* cast at the end-of-season party or helping self-confessed 'tools' buck up their ideas on *Tool Academy*. So imagine our surprise to learn he'd written *None Of The Above*, a book encouraging young people to vote in the general election!

But don't worry, the E4 star has no plans to swap TV presenting for a career in politics.

We catch up with the 35-year-old to hear all about why he'd never date any of the Chelsea girls, what his biggest turn-off is, and why he thinks Spencer Matthews is ready to settle down...

Hi Rick! We've seen you poke fun at the MIC cast – have you really offended any of them?

Mark-Francis Vandelli, Victoria Baker-Harber and Lucy Watson have got annoyed with me. But that's what I do on the show – poke someone's problem and make them absolutely livid. I'm just doing my job!

What about Spencer?

Spencer gives me a call before every show and says, "Can we meet up and have a quick chat about what you're going to talk about?" He tries to manipulate me into asking what he wants, but I never listen to anything he says!

Is it love with Spencer and Lauren Hutton?

It seems to be the first time he's really liked someone, so maybe he's growing up. There's nothing wrong with going out and being a player, but don't do it when you're going out with someone.

Who's the most down to earth?

None of them are! But Proudlock's a very nice bloke.

Do you fancy any of the girls?

They're not my scene. We don't have a lot of shared interests.

What's your biggest turn-off?

If a girl is taller than me. That would be really weird.

You've written a book about politics. Do you ever worry it won't be taken seriously?

Of course! People will say, "What does this guy know about politics?" But if you live your life being scared of what people are going to say, you won't ever do anything.

Do people assume you're an airhead?

People assume TV presenters aren't the brightest, but I don't let it upset me. I'd be more upset if someone met me and still thought, "The guy's an idiot."

Would you quit TV for politics?

I don't have any great hankering to do that!

Which celebrity would you like to run the country?

Simon Cowell would be good at assembling a team of talented people. Louis Walsh could be Chancellor.

What would your dream presenting role be?

I'd like a crack at one of those big Saturday night shows. I'd like to do nature programmes one day, too.

Would you ever take part in a reality TV show?

I don't think I'd be very interesting. I'd be really dumb as well, so I wouldn't want to subject people to that! ■

Daisy Jordan

***None Of The Above* by Rick Edwards is out now, priced £7.99**



Proudlock was at his book launch

HOW RICK WOULD CHANGE THE WORLD!

When we told Rick we had elected him as President of the World, he was truly giddy with excitement...

"I'm excited that I've been elected, it's a huge surprise," he told us. "I'd like

to thank myself for being an excellent candidate for the job. I already feel drunk on power!"

And it seemed only fitting to find out what the modest TV presenter would do with that newly gained influence...

MAGIC GAS

I'd release some form of gas that inoculates everyone against all diseases. It would get rid of AIDS, Ebola and cancer, so I'd have a very healthy population.

BRING BACK THE ANIMALS!

We've caused the

extinction of about 50 per cent of the species on the planet, so I'd like to bring them all back. I like the idea of the lynx roaming around Wales.

LUXURIES

I don't know if this would appear in my manifesto, but I'd like a plunge pool

and hot tub in my garden. People might begrudge me for that, but I'm President of the World so I can do what I like!

BASIC NEEDS

I'd do a few things for popularity too – I'd get everyone clean water and nice food. I'd win the next election!



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Stars & Stripes

Your essential weekly update
of Stateside showbiz stuff

Taylor's pricey pins

Taylor Swift may not be a supermodel, but her extremely valuable legs tell a different story. The singer has supposedly insured her super-long pins for a huge \$40 million, to make sure she doesn't lose out if she injures herself and is unable to dance and strut around the stage.

But Tay's got nothing on Jennifer Lopez – the 45-year-old apparently insured her derrière for a whopping \$300 million. Now that's one expensive ass-et!

Sorry Scott lets down fans

Loyal fans, The Lord would like to formally apologise for not fulfilling his scheduled club appearances in the United Kingdom.

Scott Disick is facing legal trouble for turning up late and drunk to a gig in Manchester, but he went on to cancel the rest of his PAs – and instead jetted to Paris to hang out with his family.

The 31-year-old tweeted, "Sorry to all my UK fans had to cut my UK trip short, love u and miss you already London. Can't wait to come back soon!" Uh-huh.



Paul fancies Kris!

If things don't work out with toyboy Corey Gamble, Kris Jenner has a true blue Aussie bloke waiting in the wings. *Crocodile Dundee's* Paul Hogan, 75, is keen to date the Kardashian matriarch, with his manager revealing, "He told me that if anyone asks about his love life, to tell them truthfully that he wants to date Kris Jenner."

Sorry Hoagie, but since Kris, 59, is dating a 33-year-old, we're guessing you're a bit too mature for her liking...



That's Cara with a K

They made Cara Delevingne an honorary Kardashian by changing her name to 'Kara', but is the Brit model actually related to the famous clan? Erm, no, but her BFF Kendall Jenner sees some similarities between them. The 19-year-old model posted an Instagram pic showing half her face and half of 22-year-old Cara's, writing, "I knew we were sisters @caradelevingne #CaKe."

Madge 'I'll show my ass when I'm 76!'

It's her bum and she'll flash it if she wants to! Madonna's never been one to cover up, and that's not going to change with age.

The 56-year-old, who gave onlookers a glimpse of her bottom at the Grammys, insists, "I'm in good shape. I can show my ass when I'm 56 or 66 or 76. Who's to say when I can show my ass? It's sexism. It's ageism."



Ooh, cheeky!

K-Fed plays it one more time

Kevin Federline is still a Britney fan – in fact, she gets opening slot on his DJ sets! The former Mr Spears rolled out *Hit Me Baby One More Time* at an LA club last week, and has been talking about his "whirlwind" marriage to the 33-year-old. K-Fed, 36, who has sons Sean, nine, and Jayden, eight, with Brit, says, "It was a good time in my life. The way everything has turned out, everybody's happy. Co-parenting is going great."



US GOSSIP! US GOSSIP! US GOSSIP! US GOSSIP! US GOSSIP! US GOSSIP!



● Gwyneth Paltrow is hoping to keep her Goop lifestyle website in the family. Talking about the idea of her kids, Apple and Moses, taking over, she says, "I wanted it to be its own thing that my children can run

one day if they want to." ● Johnny Depp was forced to fly home to LA from Australia last week to have surgery after injuring his hand. The actor has been filming the latest installment

of *Pirates Of The Caribbean in Oz*. ● Photoshop fail alert! Lindsay Lohan came under fire last week, after posting this snap of her slender body with a noticeably distorted doorway behind her! Oops.



CLAIRE SWEENEY

STARS IN

sex IN suburbia



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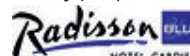
You could take in a new dating comedy and enjoy an overnight stay in a four-star hotel

We have two tickets for *Sex In Suburbia* up for grabs, plus an overnight stay on 14 May at Cardiff's Radisson Blu Hotel (radissonblu.co.uk/hotel-cardiff)!

The prize includes breakfast and a three-course pre-theatre meal in the hotel's Italian restaurant, Filini. Six runners-up will also win four tickets each to see the show – a new comedy about dating, men and finding Mr Right – at a venue of their choice.

Sex In Suburbia is touring more than 65 venues until 31 May. Visit sexinsuburbiaontheshow.com for info (NB: You can't enter the competition via this website).

To enter, call **0911 719 0632** (82ppm) or text **STARSUBURBIA** followed by your email address, name and address to **86660** (£2). Calls cost 82p per minute from a BT landline, plus network extras, and last 2.5 minutes. Calls from other networks and mobiles may cost more. Texts cost £2 plus your usual network rate. Or, to enter by post, send your details and phone number on a postcard to **Sex In Suburbia Tickets Competition, PO BOX 12581, Sutton Coldfield B73 9BX**. One entry per postcard. SP: Spoke, London W1B 2AG. Helpline: 0333 202 3390.



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STAR STYLE

YOUR WEEKLY GUIDE TO THE BEST FASHION AND BEAUTY BUYS

GET THE CELEB LOOK!

MIC's Lucy Watson chose a laid-back slogan tee for a night on the town. Pick one up for £34.99 at Mango.

BEST OF THE REST
Here are our top picks



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LAUREN POPE

The *TOWIE* fashionista rocks the boho look in a lace-up Topshop dress, £40, and a suede biker jacket from Bershka, £79.99.



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DOROTHY PERKINS
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Fashion Pills is a new online super-boutique that offers not only its own original designs, but the pick of Europe's top labels. It's been a hit in Spain and now it's launched in the UK, so get clicking!

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Rated or slated

STAR'S FASHION TEAM GIVES ITS VERDICT ON THIS WEEK'S OUTFITS

LOOK OF THE WEEK!

OLIVIA PALERMO



8/10

The Queen of Fashion Week keeps her style crown in this simple, but très chic, outfit. With a Chloé saddlebag and boots from her collection at Aquazzura, Olivia styles her stunning yellow coat perfectly. We love!

EMMA WILLIS



5/10

We like it when Emma amps up her style with a rock-chick vibe, but this drab shift dress and ill-fitting, clashing shoes just don't do it for us. Stick to what you do best, Emma.

FLORENCE WELCH



8/10

Top marks for this look, Florence! Pulling off a dusty pink Chanel trouser suit in her trademark, vintage way, the singer styles it to perfection to make the look her own.

KATY PERRY



4/10

The singer stepped away from her usual sugar-sweet, quirky style – and into this boring Givenchy dress. Proof that a front row seat at Paris Fashion Week doesn't always guarantee you style.

LAURA WHITMORE



6/10

Laura plays it safe in this checked Baum Und Pferdgarten two-piece, which she's cleverly styled with red lips, shoes and a matching lips clutch. She never looks bad, but we've seen her in better!



Get paired up



YOUR SPRING WARDROBE WON'T BE COMPLETE WITHOUT SOME PRETTY CO-ORDS. HERE ARE OUR TOP PICKS...



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Beauty buzz!

MOLLIE'S SKIN SAVIOUR



Boyfriend David Gandy might be putting the smile on Mollie King's face, but until now the secret to her gorgeous skin has been closely guarded. The Saturdays singer says, "I've been using Super Facialist by Úna Brennan Rose Hydrate Miracle Makeover Facial Oil, and can't believe how good it is." Find it at Boots, priced £14.99.



MILLIE'S EYE APPEAL



Have you ever wondered how the stars blitz their under-eye bags? Millie Mackintosh let us in on her secret when she posted this snap of her using Rodial Dragon's Blood Eye Masks. Priced £39, they contain hyaluronic acid to plump skin – great for the morning after a big night!



I LOVE... TO COPPAFEEL!

I Love... has teamed up with breast cancer awareness charity CoppaFeel to make "copping a feel" part of your shower routine. Its limited-edition Perfectly Peachy bath



and shower crème, in Boots from 23 March at £2.99, has images on the back of the bottle showing you how to check your breasts to help spot early signs of cancer. Visit coppafeel.co.uk for info.

CHEZZA'S CHOP

We love Cheryl Fernandez-Versini's 70s-inspired cut, which was created by Paul Percival of hair salon Percy & Reed. If you're thinking of going for the 'lob', Paul says getting the style spot-on is all down to using the right products. He recommends Percy & Reed Perfectly Perfecting Wonder Balm, £18, to prep hair and Percy & Reed Perfect Blow Dry Makeover Spray, £12, for volume and hold.

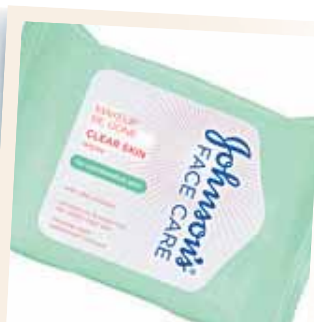


TRIED AND TESTED CLEANSING WIPES



MAMA MIO GORGEOUSLY GLOW BALANCING FACIAL SWIPES £14 FOR 30

Although these are great for balancing hormonal skin, the lavender fragrance is overpowering and lingers on your skin.



JOHNSON'S FACE CARE MAKEUP BE GONE CLEAR SKIN WIPES £3.29 FOR 25

These are quite astringent so would best suit oily skin. They leave skin well cleansed but are a little drying.



TESCO PRO FORMULA HYDRATING CLEANSING WIPES £2 FOR 25

Not as moist as the others and the fragrance is a bit cheap, but they do the job for a budget price and cleanse skin well.



SIMPLE KIND TO SKIN CLEANSING FACIAL WIPES £3.49 FOR 25

These are brilliant! They are gentle yet really effective, removing all traces of make-up – even waterproof mascara!

STAR FAVE!

'My tummy needs a little work!'

Presenter Lisa Snowden talks staying in shape and having the odd treat...

As a former model, it can't be easy to look as good as you did in your heyday. But when we catch up with her, Lisa Snowden is still fresh-faced, toned and trim at 43.

The Capital FM radio host, who can count George Clooney among her exes, chats to us about body confidence, fad diets and why she doesn't own a set of scales...

Hi Lisa! You're in fab shape. Are you body confident?

If I've been working out I tend to feel better in myself. It's a psychological thing – it's good for your brain to be active and to work out.

What is your fitness regime like at the moment?

At the gym I do sets of squats and lunges. I also do Pilates, yoga, a bit of stretching and running, and I walk as much as I can too.

Are there any parts of your body that you're particularly self-conscious about?

I have to work a bit harder around the middle these days. The tummy area needs more work than it used to!

Do you watch what you eat?

I don't diet and I don't calorie count but I'm aware of what I'm consuming. I don't really have dairy and I try not to have bread, unless I'm out for dinner and it's nice and warm on the table, then I can't resist it!

What are your treats?

I love dark chocolate, it's like my poison – the darker the better! I'm a bit of a potato freak as well, roasted, fried, mashed... They are my naughty foods.

Have you ever tried any fad diets?

I've done the alkaline diet, which is really good. My skin looked much better. I also did the Honestly Healthy Food Fridge Fill, which was great as it's a really interesting variation of fruit and veg.

Are you a slave to the scales?

I haven't ever owned any! If I'm at the gym I might jump on them, but I think it's a bit unhealthy as it gets obsessive.



Lisa makes sure she gets her five a day

As a former model, do you think there's too much pressure on today's catwalk girls to be really thin?

It's changing quite a bit – it seems to be more about being healthy than being skinny now. I put a certain amount of pressure on myself about taking pride in my appearance. You have to learn to love yourself rather than picking holes – that's boring and unhealthy.

Would you ever consider cosmetic surgery?

Never say never, but there are lots of lovely alternatives to being sliced up. If you look after your skin and exercise, then you do look better.

What's your best beauty tip?

Dry body brushing is great – and a little spray tan can cover a multitude of things! ■

Gemma McCartney

Lisa is working with Florida Grapefruit. Packed with vitamins, it's perfect for a healthy boost. For more info visit facebook.com/floridagrapefruit

star EXCLUSIVE!

Her meals are mostly healthy



Working out is paying off!



BODY TALK! BODY TALK! BODY TALK! BODY TALK! BODY TALK! BODY TALK!

● After weeks of hitting the gym hard and sticking to the low-carb Atkins diet, Kelly Brook is looking very toned indeed! She shared this snap post-workout, writing, "Gym

Done #Atkins #Fitness."

● Actress Eva Mendes is back in killer shape six months after giving birth, and she says it's down to her regular routine of

running, hiking, yoga and light weight training. She says, "I don't love it, but I've made peace with that."

● Showing she's just like us, Katie Price tweeted last week, "KFC for lunch now feel bloated after my zinger burger, chips and

4 drumsticks." Yum!

● Chelsea's most active gym bunny Millie Mackintosh starts the morning with a spot of yoga. She posted this snap, writing, "Morning! #wheel #yoga #practice makes perfect."



PHOTOS: GETTY IMAGES; INSTAGRAM/LISA_SNOWDON; INSTAGRAM/CAMILLAMACKINTOSH; INSTAGRAM/IANKIB; TWITTER/LISA_SNOWDON; PHOTOSHOT

Mallorca

UK spring still not warm enough? Venture abroad...



Calvià is lined by beautiful beaches

Spring may be here, but it's still not sunbathing weather in the UK. So if you're craving some sunshine-filled days and warm beach nights, Mallorca is just a short flight away...

This Mediterranean gem is popular all year round thanks to its climate – at this time of year, temps can reach the low 20s.

Sunny Illetas, situated in the south-west of Mallorca, has a slower pace than nearby Magaluf. With remote coves and quieter beaches, it's perfect for relaxing and soaking up the sun.

Magaluf, on the other hand, is a party-goer's paradise. This touristy resort is where you'll find beach club after beach club.

Palma is the capital of the Balearic Islands and the largest city in Mallorca. It is filled with shops, cafés and museums, and is the place to go for anyone wanting to add a touch of culture to their beach break.

Mallorca also has plenty to offer more active holidaymakers – walking and cycling around the island are the best ways to appreciate its natural beauty.

See the sights

The stunning coastline and beaches are a big drawcard of Mallorca. But while the temptation to simply sit and sunbathe your holiday away will be strong, make sure you take time to explore the island and all it has to offer.

There's so much to do, from visiting historical sights to exploring farmers' markets where you can snap up local delicacies.

One place well worth visiting is Olivar Market, a covered food market in Palma that showcases dazzling displays of flowers, buckets of olives, fish you never knew existed and an abundance of colourful fruit and vegetables.

If you want to experience the island in a different way, take a helicopter ride with Rotorflug (rotorflug.com) to get an unbelievable bird's eye view of the island.

Where to stay

Sitting on the seafront at Palma Bay with stunning views of the water, Barceló Illetas Albatros is a beautiful spot to stay in Calvià.

Located in the quiet coastal area of Illetas, a short drive from Palma, this adults-only four-star hotel is a prime place for couples on an island getaway.

It's well-equipped for sun worshippers, with two outdoor pools, an abundance of sun loungers and an open-air hot tub. There's also direct access to a natural cove a few minutes' walk away from the hotel.

The Thalasso Spa & Wellness Centre is the place to head for some pampering – there are treatments galore, plus a Turkish bath, steam bath, pressure shower, relaxation area and massage rooms with gorgeous sea views.

There's more to do than just relax, though. Try yoga on the seafront, or the hotel can arrange a spot of sailing or scuba diving for you, as well as bike and kayak hire so you can explore the area.

You'll also be doing a lot of eating and drinking at Barceló, starting with bagging a table on the Urban Sky Terrace, which is perfect for watching the sunset while sipping on cava.

Elsewhere in the hotel, the Mediterraneo Buffet Restaurant offers typical delicious Spanish dishes, while the incredibly romantic Es Revellar Restaurant uses fresh ingredients from the local market.

Rooms start from £78 per double room per night on a B&B basis.

Explore the historical sights at Palma



Party at stylish Nikki Beach



Barceló Illetas Albatros is wonderfully relaxing



For more details, visit barceloilletasalbatros.com.

Hit the clubs

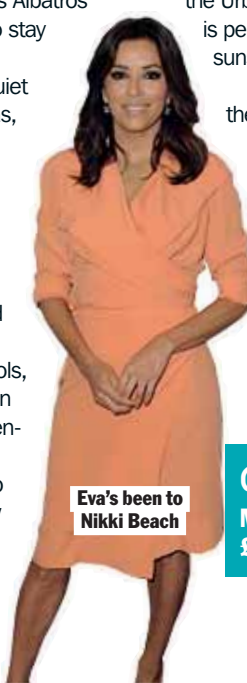
Calvià is not party-central like Magaluf, but there's still plenty of choice when it comes to chic bars, restaurants and beach clubs.

Overlooking the water, Chi Lounge has its own private beach and is ideal for sitting back and enjoying a few cocktails. The food here is amazing, too – you must try the Thai and Chinese cuisine!

Cafe Del Mar, in the Sol Wave House hotel at Calvià Beach, plays chilled-out tunes and offers alfresco cocktails and a tasty Asian menu.

But Nikki Beach Mallorca is the place to see and be seen in Magaluf. The luxury beach club hosts some of the area's hottest parties, and is home to world-class DJs. By day, sunbathe on the beds with a glass of champagne, and by night, dance your heart out! ■

Eva's been to Nikki Beach



GETTING THERE

Monarch Airlines flies from London Gatwick to Mallorca from £48.58 one-way. For more info, visit monarch.co.uk.



SPA OF THE WEEK

Culloden Estate and Spa, Belfast

Who goes? U2's Bono, Ronan Keating and Dolly Parton have all stayed at the exclusive hotel.

Why is it so special? The luxurious spa aims to give you "inner peace and outer perfection" – and with a huge range of therapies, not to mention pre and post treatment relaxation rooms, a juice bar and access to all the other facilities at the Health Club, you can see why Culloden Estate and Spa has a five-star rating. Guests also get to take in the stunning views over Belfast Lough and enjoy a walk in the grounds of the former 19th-century Bishop's palace.

What treatments are on offer?

Brighten up your skin for a flawless look with a Cellular Renewal Enzyme

Facial (£120 for 90 mins). The intense enzyme peel boosts cell regeneration for an instantly smooth and softly glowing complexion and is followed by a lifting and smoothing mask. If you're feeling stressed out try ESPA Chakra Balancing with Hot Stones (£160 for 110 mins). Hot stones and aromatherapy oils ease muscles, while a head massage soothes the mind.

Any packages? Enjoy afternoon tea on arrival, stay overnight, indulge in a four-course dinner, breakfast and one 55-minute spa treatment for £210 per person.



Ronan Keating has been pampered here

■ **Culloden Estate and Spa, 142 Bangor Road, Hollywood, Belfast BT18 0EX. Call 028 9042 1066 or visit hastings.com**

CELEB HANGOUT

Hunter 486

The Arch London, 50 Great Cumberland Place, Marble Arch, London W1H 7FD

Who goes? Alexa Chung and Madonna have visited.

Vibe: With dim lighting and chic décor, Hunter 486 is the perfect place to cosy up in one of the booths with your date. The sleek Champagne Bar is great for pre-dinner cocktails.

Best for: An indulgent meal, starting with something from The Best Of British part of the menu. The peppered loin of venison with beetroot purée is amazing, and the chocolate fondant with orange ice cream will top your meal off nicely!

Contact: 020 7724 4700; thearchlondon.com.



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CROSSWORD

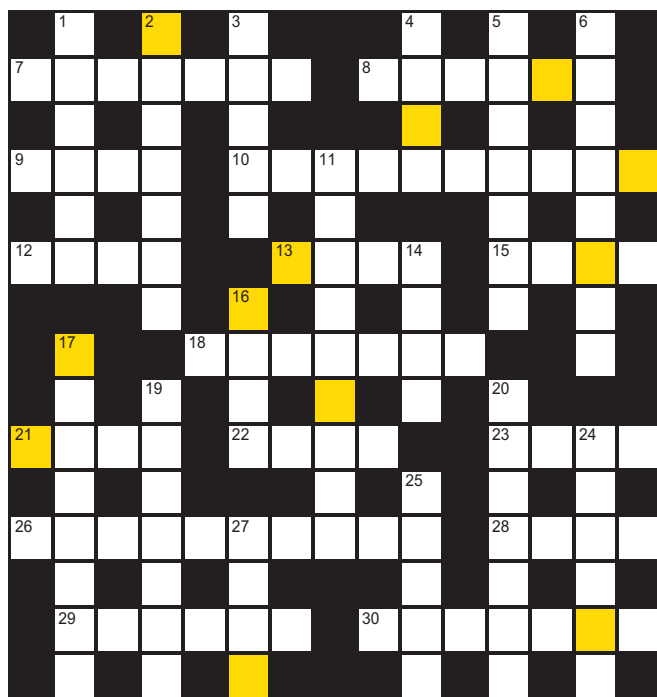
Match up the yellow squares to reveal the name of a mystery US singer...

ACROSS

7. Stacey __, singer who has been a winner on TV's *I'm A Celebrity*... (7)
8. Musician who is a member of the band Kasabian, __ Pizzorno (6)
9. The name of Hayden Panettiere and Vladimir Klitschko's new daughter (4)
10. Former Spice Girl whose partner is the singer Jade Jones (4,6)
12. US singer, real name Aaliyah Thiam, whose hits include *Beautiful* (4)
13. British band whose frontman is Damon Albarn (4)
15. __ LaBeouf, US actor and star of films including *Fury* (4)
18. Janet __ (7), US singer who is the sister of the late King Of Pop, Michael
21. __ Hatcher, US actress who played Susan in *Desperate Housewives* (4)
22. US actress whose films include *Sin City: A Dame To Kill For*, Jaime __ (4)
23. __ Of Two, song which was a chart hit for Olly Murs (4)
26. See 28 Across
28. & 26 Across Australian supermodel whose nickname is The Body (4,10)
29. James Bond film starring Pierce Brosnan and Denise Richards, *The World Is Not __* (6)
30. __ Dunst, US actress who is the partner of Garrett Hedlund (7)

DOWN

1. Actress who plays Ronnie in *EastEnders*, Samantha __ (6)
2. __ Arquette, US actress who is the sister of Patricia and David Arquette (7)
3. Daytime talk show whose panellists include Judy Finnigan, *Loose* __ (5)
4. Robert __, actor and comedian whose comedy partner is David Mitchell (4)
5. British model who is estranged from husband Giovanni Ribisi, __ Deyn (7)
6. Milla __, US model and actress who stars in the *Resident Evil* films (8)
11. US actress playing the title role in new film *Jupiter Ascending* (4,5)
14. Welsh comedian who hosts *Never Mind The Buzzcocks*, __ Gilbert (4)
16. __ Black, US actor and star of films including *Bernie* (4)
17. Song which was a hit single for JLS, __ *Me Wanna* (3,5)
19. Jessica __, US actress and singer who is married to Eric Johnson (7)
20. US actress who starred in the *High School Musical* films, __ Hudgens (7)
24. Karen __, Dutch former supermodel (6)
25. Scottish singer who released the 2014 album *Nostalgia*, __ Lennox (5)
27. The __, name by which U2 guitarist David Evans is better known (4)



LAST WEEK'S SOLUTIONS: ACROSS: 1. TINDAL (5), 2. SELEN (4), 3. LETO (4), 4. HAWKES (12), 5. REED (13), 6. MALL (15), 7. KOWLES (21), 8. ARA (22), 9. WARD (23), 10. WISE (26), 11. HEN (28), 12. LEE (30), 13. DELUCO (30), 14. DOWN: 1. GOSSETT (10), 2. EDWARDS (10), 3. BELL (14), 4. FEN (16), 5. REBEL (16), 6. MARK (16), 7. WEN (16), 8. NORTH (14), 9. LEE (16), 10. SOUTH (14), 11. LEE (16), 12. SOUTH (14), 13. WARD (23), 14. LEE (16), 15. SOUTH (14), 16. WARD (23), 17. LEE (16), 18. SOUTH (14), 19. WARD (23), 20. WISE (26), 21. KOWLES (21), 22. ARA (22), 23. WARD (23), 24. WISE (26), 25. HEN (28), 26. WISE (26), 27. LEE (16), 28. HEN (28), 29. WARD (23), 30. DELUCO (30).

Fill in the answers to find the mystery US singer using the letters in the yellow squares. Then email your answer, name and phone number to starmagazine@express.co.uk with Puzzles 577 in the subject line by Monday 30 March. The winner will receive this Holiday Essentials Gift Set by The Vintage Cosmetic Company complete with all the beauty accessories you will need for the summer! For more information on this 1950s-inspired cosmetic range visit thevintagecosmeticcompany.com



STAR PRIZE!



STARSCOPES

YOUR ESSENTIAL HOROSCOPE FROM 21-27 MARCH

CAPRICORN

22 DEC - 20 JAN

Domestic matters and property affairs keep you busy with spring cleaning, redecorating and home improvements. But it doesn't mean you won't have time for leisure and romance.

**CALL 0907 181 2958 (10) FOR YOUR WEEKLY FORECAST.

ARIES

21 MAR - 20 APR

You're slick, polished and oozing charisma, taking on whatever work throws at you. Enjoy faraway visits and contacts. But lock away your credit cards at the end of the week.

**CALL 0907 181 2958 (01) FOR YOUR WEEKLY FORECAST.

CANCER

23 JUN - 23 JUL

Career matters are accentuated as your personal powers reach a yearly high. But if any skills are rusty, a little training gets you up to speed on the 24th and 25th. Love is fascinating.

**CALL 0907 181 2958 (04) FOR YOUR WEEKLY FORECAST.

LIBRA

24 SEP - 23 OCT

This could be one of the most pivotal weeks of the year, especially for personal affairs. You've reached the point where you can no longer stand still. Work, love, money? A decision is made.

**CALL 0907 181 2958 (07) FOR YOUR WEEKLY FORECAST.

AQUARIUS

21 JAN - 19 FEB

Changing trends take some pressure off, giving you the chance to rejig plans. Does your home need a makeover? Tuesday's purchases start the job. On Wednesday, friends are impressed.

**CALL 0907 181 2958 (11) FOR YOUR WEEKLY FORECAST.

TAURUS

21 APR - 21 MAY

Much is happening on a subconscious level as you work through feelings, memories and long-standing issues. Now's the time to work out your options. A secret admirer is in the wings.

**CALL 0907 181 2958 (02) FOR YOUR WEEKLY FORECAST.

LEO

24 JUL - 23 AUG

Money is a driving force behind this week's developments. You're being more proactive so you'll find ways to boost your income. Tune in to the promising trends of the 24th and 25th.

**CALL 0907 181 2958 (05) FOR YOUR WEEKLY FORECAST.

SCORPIO

24 OCT - 22 NOV

Looking for new enthusiasm, someone with whom to share a passionate interest, or perhaps wanting to reignite your love life? Tuesday could provide the setting and the inspiration.

**CALL 0907 181 2958 (08) FOR YOUR WEEKLY FORECAST.

PISCES

20 FEB - 20 MAR

It's no good sweeping things under the carpet. Take matters in hand and you'll be surprised how soon they're sorted. Tomorrow fires your ambition and Tuesday inspires new ideas.

**CALL 0907 181 2958 (12) FOR YOUR WEEKLY FORECAST.

GEMINI

22 MAY - 22 JUN

It's time to settle down and stop gallivanting. You have goals that require more focus now. Love is committed. Serious friendships and sophisticated social activities please you.

**CALL 0907 181 2958 (03) FOR YOUR WEEKLY FORECAST.

VIRGO

24 AUG - 23 SEP

The stars are pointing to a change of scene, more exercise and fresh air. And, with rosier finances, you could afford a little break. An interesting situation is developing romantically.

**CALL 0907 181 2958 (06) FOR YOUR WEEKLY FORECAST.

SAGITTARIUS

23 NOV - 21 DEC

You've had a lot on your mind as powerful cosmic forces target your domestic zone. But it's not like you to think negatively. Your spirits rise on Tuesday and you'll be back to your old self.

**CALL 0907 181 2958 (09) FOR YOUR WEEKLY FORECAST.

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Reviews

Your vital guide: what to listen to, watch and read



ALBUM Tobias Jesso Jr Goon

If you're reading the name above and going, "Whooo?", prepare to be delighted. The Canadian singer-songwriter is a fave of Adele's – in fact, one of her two Twitter posts so far this year was to proclaim his song *How Could You Babe* "fantastic".

This debut album, penned after a painful break-up, is drenched with post-relationship tears, but the music is original and the lyrics spot on. Other highlights include the beautiful *Hollywood* and *Without You*. Enchanting stuff. ★★★★★



FILM Insurgent (12A)

Stars: Shailene Woodley, Theo James, Kate Winslet, Naomi Watts

This sci-fi series, complete with evil government, downtrodden districts and arse-kicking teens, is so *Hunger Games*-y you expect Katniss to pop up brandishing a bow and arrow at any moment. But, though it doesn't feel totally fresh, it is very well done.

The second film picks up where *Divergent* left off, with Tris (Woodley)

and Four (James) on the run in the wake of an uprising in a crumbling Chicago. The story continues at breakneck pace as the elite Erudite faction's leader Jeanine (Winslet) does all she can to capture the pair.

Verdict: Another adrenaline-fuelled instalment before the final two-parter (sound familiar?). ★★★★★

FILM Home (U)

Stars: Rihanna, Jim Parsons, Jennifer Lopez (voices)

Ri-Ri takes a turn in the voice-over booth to excellent effect in this new DreamWorks animation. She's Tip, a young girl who befriends the most incompetent member of alien race the Boov – "the best species at running away" – who are taking over earth. Teaming up with Oh (so called because of the sound the other ETs make whenever he shows up), they go on the run in a flying car with her pet cat, Pig.

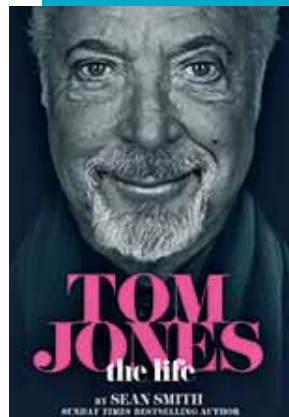
Verdict: While this is totally charming for children, there's not much new here for the grown-ups. ★★★



BOOK Sean Smith Tom Jones The Life

HarperCollins, £18.99

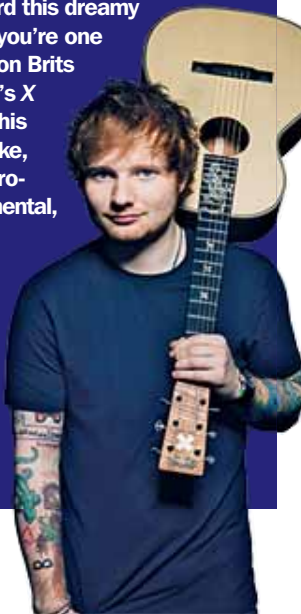
There's a new book out about Sir Tom Jones. Well, it's not unusual – there are more than ten to choose from. But this, by the super-scrupulous biographer of Cheryl, Tulisa, Britney and co, digs a little deeper – from his origins as humble club singer Tommy Woodward to amassing an estimated £145 million fortune, and a comeback on *The Voice*, with a suite at The Savoy thrown in! Green green class. ★★★★★



SINGLE Ed Sheeran ft Rudimental Bloodstream

You'll have heard this dreamy song before if you're one of the 1.2 million Brits who bought Ed's *X* album. But in this rowdier new take, featuring electro-popsters Rudimental, the track gets handed a can of cider and an uplifting beat to become a real festival tune. Expect to hear it a lot this summer. ★★★★★

★★★



FILM The Voices (15)

Stars: Ryan Reynolds, Gemma Arterton



Brace yourself, Ryan Reynolds fans. This isn't superhero Ryan or rom-com Ryan – this is serial killer with a spiteful talking cat Ryan. And he's terrifyingly brilliant as Jerry, a lonely factory worker on some pretty hardcore mind medication, whose fridge starts filling up with the severed heads of girls he's dated (an impressive Arterton among them). Comedy doesn't come much darker than this.

Verdict: You'll either adore this cult film or be demanding your money back to pay for all the counselling you're going to need. ★★★★★

'I get sent underwear by fans!'

Danny O'Donoghue admits he gets plenty of female attention

The Script's Danny O'Donoghue has been a busy boy. Since quitting *The Voice*, he's been on a world tour with the chart-topping band and released a new album, *No Sound Without Silence*. There's no rest for the wicked, though, as the lads are on the road yet again.

We catch up with the 34-year-old to find out what mischief the boys have been up to, whether he'd ever go solo and why he doesn't miss being a *Voice* coach...

Hi Danny! How are you and The Script boys?

We're the best we've ever been. We have four go-karts backstage, so if anyone gets aggressive, we jump on the buggies and smash into one another. We've been knocking security over. It's hilarious!

Do you get homesick when you're on tour?

You always miss home wherever you are, but when you're on tour you're kicking ass, having fun and seeing amazing places.

And there's a lot of attention from the female fans...

Of course! You've got 16,000 people looking at you on stage. You can't get more attention than that!

Do you ever get sent gifts?

Fans send us everything from bras and knickers to vodka. If I need any boxer shorts or socks, I mention it in an interview and I'll have them the next day. Only joking!

Who do you want to work with?

A collaboration with Tinie Tempah would be awesome!

Would you ever go solo?

Danny O'Donoghue is not a solo star name – there's no ring to it. I couldn't imagine being a solo act. It's so f**king hard. You get

chewed up in this industry.

Do you miss doing *The Voice*?

Not really. I'm enjoying having my Saturday nights back.

Are you glad you took part?

Oh, 100 per cent. Within the first six shows, The Script had 700,000 followers on Twitter.

But I want to be known as a musician, as opposed to Danny from *The Voice*.

Have you kept in touch with the coaches?

When my mum was ill, Jessie J was texting. She's such a sweetheart. When I'm in LA I hope to go to Tom's for a barbecue, but the person I have the most contact with is definitely Will.

Why haven't any of the contestants made it big?

I worked tirelessly with my contestants.

I wrote songs with Bo Bruce and Andrea Begley and got them in the top ten, but it's hard to forge a career. The longer *The Voice* continues without creating a star, the more people will question the show. This year's winner needs to be a success. ■

Daisy Jordan

The Script's album *No Sound Without Silence* is out now



On stage with The Script

star
EXCLUSIVE!



Danny "worked tirelessly" with Bo



With Tom, Jessie and Will on *The Voice*

SATURDAY 21 MAY

BBC1

6.00 Breakfast **10.00** Saturday Kitchen Live. With guest Johnny Vegas. **11.30** Football Focus. Dan Walker and guests look ahead to the weekend's fixtures. **12.00** BBC News, Weather **PICK 12.10** Live Six Nations Rugby Union. Italy v Wales (Kick-off 12.30pm). With analysis by Carlo del Fava, Shane Williams and Martyn Williams. *See Ones To Watch.* **PICK 2.25** Live Six Nations Rugby Union. Scotland v Ireland (Kick-off 2.30pm). With analysis by Keith Wood and Andy Nicol. *See Ones To Watch.* **PICK 4.30-7.00** Live Six Nations Rugby Union. England v France (Kick-off 5.00pm). With analysis by Clive Woodward and Thomas Castaignede. *See Ones To Watch.*

BBC2

5.40 FILM: The Valley of Gwangi (1969) **7.10 FILM: Safari** (1956) **8.40** Six Nations Rewind (R) **9.40** The Fred Dibnah Story (R) **10.10** Fred Dibnah's Magnificent Monuments (R) **10.40** The Nature of Britain. Urban wildlife. (R) **11.30** A Taste of Britain **12.00** A Taste of Britain **12.30** Alec Guinness: Talking Pictures (R) **1.10 FILM: The Man in the White Suit** (1951) Satirical faling comedy, with Alec Guinness and Joan Greenwood. **2.35 FILM: Flight of the Navigator** (1986) Sci-fi adventure, with Joey Cramer. **4.00** Escape to the Country. Jonnie Irwin helps a couple looking for a property in Cornwall. (R) **4.30** Final Score. A round-up of this afternoon's football results. **5.15-6.15** Flog It! From Stapleford Park in Leicestershire.

ITV

6.00 CITV **7.30** Scrambled! Scrambled! **7.35** Scrambled! Nerds & Monsters (R) **7.50** Scrambled! Adventure Time **8.30** Scrambled! Horrid Henry **8.50** Scrambled! Hulk and the Agents of Smash **9.25** The Jeremy Kyle Show (R) **11.25** The Jeremy Kyle Show. Guests air their differences. (R) **12.30** ITV News, Weather **12.35** The Jeremy Kyle Show. Guests air their differences. (R) **1.40 FILM: Murder, She Wrote: The Celtic Riddle** (2003) Mystery, starring Angela Lansbury and Fionnula Flanagan. **3.30** Secrets from the Sky (R) **4.00** Off Their Rockers. Mo embraces modern fashion. (R) **4.30** Big Star's Little Star. With Danny Dyer, Peter Andre and Saira Khan. (R) **5.30** Local News **5.45-6.00** ITV News

Channel 4

6.05 Trans World Sport **7.05** Cycling: Revolution Series **8.00** The Morning Line **9.00** Everybody Loves Raymond (R) **9.30** Everybody Loves Raymond. Ray Romano stars. (R) **10.00** Everybody Loves Raymond. Ray laments a missed opportunity. (R) **10.35** Frasier (R) **11.05** Frasier (R) **11.35** The Big Bang Theory (R) **12.00** The Big Bang Theory (R) **12.30** The Big Bang Theory (R) **1.00** Rude(ish) Tube **1.30** Channel 4 Racing **4.10** Come Dine with Me. Caroline Hicky hosts the first dinner party in Stoke-on-Trent. (R) **4.40** Come Dine with Me (R) **5.10** Come Dine with Me. Linda Jackson hosts the third dinner party in Stoke-on-Trent. (R) **5.45-6.10** Come Dine with Me. Jay Davies hosts the final dinner party in Stoke-on-Trent. (R)

Channel 5

6.00 Milkshake! **10.10** SpongeBob SquarePants. Double bill. Mr Krabs pretends to be a pirate. **10.45** FILM: Alpha and Omega (2010) Animated adventure, with the voices of Justin Long and Hayden Panettiere. **12.25 FILM: Columbo: The Conspirators** (1978) Crime drama, with Peter Falk and Clive Revill. **2.25** Holiday Love Rats Exposed (R) **3.25** The Woman with 40 Cats – and Other Pet Hoarders. People whose love of animals has become an obsession. (R) **4.25** GPs: Behind Closed Doors. Dr McKenzie offers advice to a patient who has terminal cancer. (R) **5.25-6.20** The Nightmare Neighbour Next Door. A man is driven from his home after a campaign by animal rights activists. (R)

6.15 Gardeners' World
Monty Don tries to revive the chrysanthemum. (R)

6.45 Kew on a Plate
Raymond Blanc and Kate Humble spend a year at the Royal Botanic Gardens trying to re-establish the fruit and vegetable plots that once provided produce for the monarchy. (R)

7.45 Dad's Army
Captain Mainwaring initiates a recruitment campaign, but makes a mistake. (R)

8.15 Murder on the Victorian Railway
Drama-documentary examining the death of banker Thomas Briggs in July 1864, which was the first murder to be committed on a British train. Narrated by Toby Jones. (R)

FILM 9.15 Now Is Good (2012)
Premiere. A 17-year-old girl is diagnosed with terminal leukaemia, and decides to make the most of the few months she has left, working through a list of life-changing experiences. Meanwhile, her family try to cope with the impending loss. Drama, starring Dakota Fanning.

FILM 10.50 Girl with a Pearl Earring (2003)
A girl takes up the job of maid in the household of the artist Vermeer – but her presence provokes friction in the family and the jealousy of his wife when the servant catches the painter's eye. Peter Webber's period drama adapted from the best-selling novel by Tracy Chevalier, with Scarlett Johansson and Tom Wilkinson.

12.25 FILM: Michael Collins (1996)
Fact-based political drama, starring Liam Neeson, Julia Roberts and Alan Rickman. **2.25-6.00** This Is BBC Two

6.00 You've Been Framed!
Harry Hill narrates a comical selection of mishaps filmed by viewers, featuring everything from cute kids and crazy animals to pranks and painful-looking accidents. (R)

7.00 Ant & Dec's Saturday Night Takeaway
Stephen Mulhern finds himself at the mercy of the Georgie duo as they once again go undercover, Ashley Roberts oversees this week's round of Ant v Dec, and the guest announcer is Neil Patrick Harris, getting in some practice before he takes the reins of the American version of the show.

8.25 You're Back in the Room
Five contestants team up to complete four challenges, including serving pints to Coronation Street stars past and present. Phillip Schofield hosts the hypnotism gameshow.

9.25 The Jonathan Ross Show
Russell Crowe talks about The Water Diviner, Elizabeth Hurley discusses The Royals and Lily James reveals what it was like to play Cinderella. Plus, David Mitchell and Chic.

10.30 ITV News, Weather

FILM 10.45 Burn After Reading (2008)
CIA analyst Osborne Cox resigns from his job and writes a tell-all book as revenge on his former bosses. However, a computer disc containing the manuscript falls into the hands of two gym employees, who make a disastrous attempt to sell it to the Russians. Coen brothers' comedy, with Brad Pitt, George Clooney and Tilda Swinton.

12.30 Jackpot247. Live interactive gaming. **3.00** The Jeremy Kyle Show (USA) (R) **3.45-6.00** ITV Nightscreen

6.10 The Simpsons
When Bart fails to hand in his homework, Homer and Marge receive a letter from school. (R)

6.40 Channel 4 News

7.05 Selling Off Britain
Will Hutton argues that business leaders and politicians are selling off some of Britain's best companies for a quick and easy profit, creating a dumbed-down, low-wage Great Britain.

8.00 The World's Weirdest Weather
Icebergs explode in Antarctica, locals film a rare snowstorm in the Saudi desert, and more than 10,000 seabirds are killed when storms churn up algae in American waters.

9.00 Richard III: The Princes in the Tower
In the week of the reburial of Richard III at Leicester Cathedral, this drama-documentary explores the events of 1483, when some claim he killed his own nephews.

FILM 10.00 Abraham Lincoln: Vampire Hunter (2012)
A young man destined to become one of America's greatest presidents witnesses his mother being killed by a vampire, and devotes his life to battling the undead. As he rises to take his place in the White House during the Civil War, he discovers the bloodsuckers are the real power behind the Confederacy. Fantasy thriller based on Seth Grahame-Smith's novel, starring Benjamin Walker.

12.05 Alan Carr: Chatty Man. The NTAs-winning host returns with a 14th series. (R) **1.05** FILM: Stakeout (1987)
Comedy thriller, with Richard Dreyfuss. **3.05** Hollyoaks (R) **5.15** Kirstie's Vintage Gems (R) **5.30** The Common Denominator **5.55-6.20** NFL: Rush Zone

6.20 Can't Pay? We'll Take It Away
Mike Allonby and Terry Jones repossess debtors' cars in Cheshire and Liverpool, while Paul Bohill and Steve Pinner evict a couple with children a few days before Christmas. (R)

7.10 Police Interceptors
A foul-mouthed pensioner pushes Barry's patience to the limit and Sarah gives a biker an early birthday present. (R)

8.00 5 News Weekend
8.05 NCIS
A marine's teeth and fingertips are found in a pickpocket's stolen purse, but the team discovers the real target may have been his ex-girlfriend. (R)

9.00 NCIS
The agents learn one of their former assistants has been murdered and had been selling information about robbing a warehouse. (R) **Followed by The Health Lottery draw.**

10.00 CSI: Crime Scene Investigation
The team look at the murder of an inmate at Clark County Jail and learn the victim was working as an informant.

10.55 Law & Order: Special Victims Unit
Benson and Stabler investigate when a woman appears on a doorstep claiming to be their missing daughter, and says she had been abducted and kept as a sex slave. (R)

11.50 True Crimes: The First 72 Hours
Investigating whether a movie called The Great Dispersers motivated an act of violence. (R)

12.15 Super Casino **3.10** The Benefits Estate (R) **4.00** The Gadget Show (R) **4.50** Make It Big (R) **5.15** Angels of Jarm **5.40** Roary the Racing Car (R) **5.50** Roary the Racing Car (R)

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REGIONAL VARIATIONS:

UTV IRELAND 7.30 Sesame Street **8.30** Peter Andre's 60 Minute Makeover **9.25** Jeremy Kyle **10.20** Judge Rinder **11.25** Ejector Seat **12.25** Fat Pets: Slimmer of the Year **1.25** Emmerdale **2.00** Judge Rinder **4.00** Off the Beaten Track **4.30** Paul and Nick's Big American Food Trip **5.00** Big Star's Little Star **6.00** The Cube **8.20** The Chase **9.25** FILM: Swifan **11.10** FILM: Girl with a Pearl Earring (2003) **RTÉ 8.10** My Family **8.40** Last Man Standing **9.10** RPA **10.10** Nationwide **10.40** The Home of Fabulous Cakes **11.45** Miranda **12.20** Miranda **12.55** News **1.05** Blackadder **1.45** Who Do You Think You Are? **3.00** Witness: Joplin Tornado **3.55** WPC 56 **4.50** Nuacht RTÉ **5.00** Natural World **6.01** News **6.35** FILM: Cloudy with a Chance of Meatballs (2009) **8.00** Lotto **8.10** The Million Euro Challenge **9.10** News **9.40** The Saturday Night Show **11.00** Endeavour **5AC 6.00** Cwyl **8.00** Stwnsh Sadwrn **10.00** Tag **10.45** Codi Hwyl **11.15** Ffermio **11.45** Clwb Rygbi Rhyngwladol **3.00** Top 14: Rygbi Ffrainc **3.20** Dibendraw **3.50** Lleisiau'r Ail Ryfel Byd **4.45** Fferm Ffactor: Her y Ffermwyr Ifanc **5.45** Ras yn Erbyn Amser **6.45** Newyddion a Chwaraeon **7.00** Noson Lawen I'w Chofio **8.00** Cŵr Cymru **9.15** Panto y Ffermwyr Ifanc **10.45** Clwb Rygbi Rhyngwladol

OVER ON DIGITAL

5★ **6.00** Teleshopping **1.00** Neighbours 30th: The Stars Reunite **2.35** Neighbours: The First Episode **3.00** Neighbours: Scott & Charlene Get Married **3.30** **FILM:** Bewitched (2005) Romantic fantasy comedy. **5.30** **FILM:** Alvin and the Chipmunks: Chipwrecked (2011) Comedy sequel, starring Jason Lee. **7.15** **FILM:** My Super Ex-Girlfriend (2006) Superhero comedy, starring Uma Thurman. **9.00** My Violent Child: Living in Fear **10.00** Mummy's Little Murderer **11.00** Police Interceptors **12.00** Teleshopping

5USA **6.00** Teleshopping **12.00** The Mentalist **12.55** **FILM:** The Magnificent Seven Ride! (1972) Western sequel. **3.00** **FILM:** Pork Chop Hill (1959) Korean War drama. **5.05** **FILM:** Columbo: Caution—Murder Can Be Hazardous to Your Health (1991) Crime drama, with Peter Falk. **7.00** **FILM:** Columbo: The Murder of a Rock Star (1991) Crime drama, starring Peter Falk. **9.00** **FILM:** The Next Three Days (2010) Drama, starring Russell Crowe. **11.40** The Mentalist **12.35** My Name Is Earl **1.00** SuperCasino **3.00** Teleshopping

ITV2 **6.00** Emmerdale **8.40** Coronation Street **11.10** Ant & Dec's Saturday Night Takeaway **12.35** Catchphrase **1.20** The Hot Desk: Ella Henderson **1.30** **FILM:** Twins (1988) Comedy. **3.40** Mr Bean **4.15** Mr Bean **4.45** **FILM:** Legally Blonde 2: Red, White and Blonde (2003) Comedy sequel. **6.50** **FILM:** Wild Wild West (1999) Sci-fi Western comedy. **9.00** **FILM:** Rush Hour 2 (2001) Action comedy sequel, starring Jackie Chan. **10.50** Celebrity Juice **11.35** Ibiza Weekender **12.35** Crazy Beaches **1.00** Hell's Kitchen **1.50** Fake Reaction

SKY1 **6.00** Are You Smarter Than a 10 Year Old? **7.00** Dog the Bounty Hunter **8.00** The Fantasy Football Club **9.00** Game Changers **10.00** Soccer AM **12.00** The F1 Show **1.00** Hawaii Five-0 **2.00** Harrow: A Very British School **3.00** Inside RAF Brize Norton **4.00** The Holidaymakers **5.00** Wild Things **6.00** The Simpsons **7.00** NCIS: Los Angeles **8.00** Hawaii Five-0 **9.00** **FILM:** Lethal Weapon 3 (1992) Action thriller sequel. **11.20** Karl Pilkington: The Moaning of Life **12.20** Hawaii Five-0 **1.20** NCIS: Los Angeles

SKY ATLANTIC **6.00** Star Trek: Enterprise **7.00** Star Trek: Enterprise **8.00** Blue Bloods **9.00** Blue Bloods **10.00** Blue Bloods **11.00** Blue Bloods **12.00** House **1.00** House **2.00** House **3.00** Without a Trace **4.00** Without a Trace **5.00** Without a Trace **6.00** Without a Trace **7.00** Without a Trace **8.00** Blue Bloods **9.00** The Following **10.00** Last Week Tonight with John Oliver **10.35** Game of Thrones **11.50** Game of Thrones **1.00** Game of Thrones **2.10** Game of Thrones **3.25** Girls **4.00** Friday Night Lights **5.00** House

BBC THREE **7.00** World's Craziest Fools **7.30** World's Craziest Fools **8.00** Top Gear: Alastair Campbell tries out the Reasonably Priced Car. **9.00** Russell Howard's Good News **9.30** Russell Howard's Good News **10.00** **FILM:** Fright Night (2011) Premiere. Comedy horror remake, starring Anton Yelchin. **11.40** Family Guy: Animated fun. **12.05** Family Guy **12.25** Family Guy **12.45** Family Guy **1.10** Family Guy **1.30** Family Guy **1.50** Bluestone 42 **2.20** Uncle **2.50** Russell Howard's Good News **3.20** Russell Howard's Good News

SKY LIVING **6.00** RSPCA Animal Rescue **8.00** Sun, Sea and Age **1.00** The Real A&E **2.00** Nothing to Declare **3.00** Nothing to Declare **4.00** Nothing to Declare **5.00** Nothing to Declare **6.00** Nothing to Declare **7.00** Nothing to Declare **7.30** Nothing to Declare **8.00** CSI: Crime Scene Investigation **9.00** Criminal Minds **10.00** Criminal Minds **11.00** Criminal Minds **12.00** Criminal Minds **1.00** UK Border Force **2.00** Nikita **3.00** Mount Pleasant **3.55** Border Security: Canada's Front Line **4.20** The Real A&E **4.45** The Real A&E **5.10** Nothing to Declare

MTV **6.00** Cribs **6.20** Beauty School Cop Outs **8.00** Ex on the Beach **8.30** Ex on the Beach **9.00** Catfish: The TV Show **10.00** Catfish: Untold Stories Special 2 **11.00** Catfish: The TV Show **12.00** Catfish: The TV Show **1.00** 16 & Pregnant **2.00** 16 & Pregnant **3.00** 16 & Pregnant **4.00** 16 & Pregnant **5.00** Ex on the Beach **5.30** Ex on the Beach **6.00** Catfish: The TV Show **7.00** Catfish: Untold Stories Special 2 **8.00** Catfish: The TV Show **9.00** Catfish: The TV Show **10.00** Ex on the Beach **11.00** Ex on the Beach **12.00** Ex on the Beach

FILM4 **11.00** 10 Little Indians (1965) Thriller with Hugh O'Brian. **1.00** The Phantom (1996) Superhero adventure, with Billy Zane. **3.00** Five Children and It (2004) Children's fantasy, with Kenneth Branagh. **4.50** The China Syndrome (1979) Thriller, with Michael Douglas. **7.15** Airplane! (1980) Spoof disaster movie, with Robert Hays. **9.00** The Mechanic (2011) Action thriller remake, with Jason Statham. **10.50** Sinister (2012) Horror, with Ethan Hawke. **1.00** The Rocky Horror Picture Show (1975) Cult musical.

televisionX **SKY 903** **10.00** Freeview **10.10** Ben Dover The Old Git **1.10.35** The Ben Dover Show **11.00** Freeview **11.10** The Ben Dover Show **11.15** Ben Dover Show **2.11.50** Freeview **12.00** Ben Dover Show **3.12.25** The Ben Dover Show **12.45** Ben Dover Show **5.1.00** Freeview **1.10** Ben Dover Show **5.1.15** All New Ben Dover Show **6.1.35** Ben Dover's Wild Women 5. Adult fun. **2.00** Freeview **2.10** Ben Dover's Wild Women 5 **2.15** Ben Dover's Wild Women 2 **2.35** Ben Dover's Wild Women 3 **3.05** Ben Dover's Wild Women 4



Live Six Nations Rugby

From 12.10pm, BBC1

Rugby lovers will be in their element today with three games live on BBC1. That means you can sit back and watch more than four hours of pulsating action this afternoon. The final match of the 2015 Six Nations takes place at Twickenham, where Chris Robshaw's England host Thierry Dusautoir's France. A defeat to Ireland in their third game ended Stuart Lancaster's side's hopes of completing the Grand Slam but they will want to end the tournament on a high ahead of a home World Cup this autumn. First up, though, is Italy versus Wales in Rome. The Welsh boys are expected to extend

their winning run over Italy to eight games—but will they manage it? Sandwiched between the Wales and England clashes is Scotland versus Ireland. Led by the masterful Joe Schmidt, the Irish are looking ominously good ahead of the World Cup and should have too much for their hosts this afternoon. However, the Scottish rugby anoraks out there will rightly point out that back in 2013 Ireland lost 12-8 at Murrayfield and despite a dismal defeat to Italy last month, Vern Cotter's side could upset the odds. After today, there is no more Six Nations action for a year. ★★★★★

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SUNDAY 22 MARCH

BBC1

6.00 Breakfast **7.30** Match of the Day (R) **9.00** The Andrew Marr Show **10.00** The Big Questions **11.00** Sunday Politics **12.15** MOTD2 Extra. With Mark Chapman and the Match of the Day team. **1.00** BBC News, Weather **1.15** Bargain Hunt. From the Oswestry antiques fair. (R) **2.15** Homes Under the Hammer. Properties in the Welsh Valleys, Margate and London. (R) **3.15** The Truth About Sugar. Fiona Phillips examines what sugar does to the body. (R) **4.15** Escape to the Country. A couple search for a cottage in Herefordshire. (R) **4.45** Lifeline. An appeal on behalf of Muscular Dystrophy UK. **4.55** Songs of Praise. The reburial of Richard III. **5.30** BBC News **5.50-6.00** BBC Local News

6.00 The Big Painting Challenge Amateurs take on challenges in Liverpool – capturing the city in watercolour, a sketch of the famous Royal Liver Building and a painting of the skyline from across the River Mersey.

7.00 Countryfile Adam Henson visits the Isle of Man, finding out about 19th Century naturalist Edward Forbes and local farming. Plus, archive items about creatures spotted over the years.

8.00 Antiques Roadshow The team visits Liverpool Metropolitan Cathedral, where items include a 1970s barber's chair, a 12th Century Hindu sculpture and collectibles indirectly related to the Titanic.

9.00 Poldark Ross puts on a brave face when Elizabeth gives birth and is angered by gossip about him and Demelza. Jinny falls pregnant to Jim – but the happiness is short-lived.

10.00 BBC News, Weather

10.20 Local News, Weather

10.30 Match of the Day 2 Mark Chapman introduces all the highlights and goals from Liverpool v Manchester United at Anfield, Hull City v Chelsea at the KC Stadium and Queens Park Rangers v Everton at Loftus Road.

11.40 The Football League Show Bristol City v Walsall. Highlights of the Johnstone's Paint Trophy final at Wembley.

12.25 The Apprentice USA. Marlee's team faces frustration and John Rich makes an error that could sabotage his success. Last in the series. **1.50-6.00** BBC News. Latest global headlines.

BBC2

6.00 Life in a Cottage Garden with Carol Klein (R) **6.30** Great British Garden Revival (R) **7.30** Gardeners' World (R) **8.00** Countryfile (R) **9.00** The Football League Show (R) **10.20** Saturday Kitchen Best Bites **11.50** A Taste of Britain **12.20** Back in Time for Dinner (R) **1.20** **FILM: Day of the Evil Gun** (1968) Western, starring Glenn Ford and Arthur Kennedy. **2.50** Some Mothers Do 'Ave 'Em (R) **3.30** Three Up, Two Down (R) **4.00** Hi-de-Hi! (R) **4.35** The Hairy Bikers and Lorraine Pascale: Cooking the Nation's Favourite Food. The cooks offer their twists on the UK's ten best-loved meals. (R) **5.35-6.35** Operation Stonehenge: What Lies Beneath. Part one of two. A revolutionary project aiming to uncover the secrets of the historical site. (R)

6.35 Pompidou The thoughts of the penniless aristocrat turn to love.

7.00 Six Nations Greatest Moments Gabby Logan presents a celebration of some of the most memorable moments from the rugby union competition, featuring action and testimonies from leading players of the past.

PICK 8.00 Caribbean with Simon Reeve New series. The adventurer travels around the islands and mainland coast of the Caribbean Sea, beginning by visiting the Dominican Republic and Haiti. *See Ones To Watch.*

9.00 Louis Theroux: By Reason of Insanity Part one of two. The journalist visits Ohio's maximum security state psychiatric hospitals, meeting patients who have committed crimes while suffering from mental illnesses.

10.00 Bluestone 42 Nick rescues a squaddie who has trapped his helmet in a tripwire.

FILM 10.30 Red Tails (2012) Premiere. Black US fighter pilots serving in Italy during World War Two face a struggle against the racism of their fellow airmen and are relegated to patrol duties. However, as the air force faces dwindling numbers, they are given the chance to prove their worth in combat against the German Luftwaffe. Fact-based drama, starring Terrence Howard and Cuba Gooding Jr.

12.25 **FILM: Donkeys** (2010) Comedy drama, starring James Cosmo and Kate Dickie. **1.40** Sign Zone: Countryfile. From Northern Ireland. (R) **2.40** Sign Zone: Holby City (R) **3.40-6.05** This Is BBC Two

ITV

6.00 CITV **7.30** Scrambled! Scrambled! **7.35** Scrambled! Nerds & Monsters (R) **7.50** Scrambled! The Aquabats! Super Show! (R) **8.30** Scrambled! Horrid Henry **8.50** Scrambled! Hulk and the Agents of Smash **9.25** The Jeremy Kyle Show (R) **10.25** The Jeremy Kyle Show (R) **11.25** The Jeremy Kyle Show (R) **12.30** ITV News, Weather **12.45** Murder, She Wrote. A killing is linked to an abduction 11 years previously. (R) **1.45** **FILM: Fletch Lives** (1989) Comedy sequel, with Chevy Chase and Hal Holbrook. **3.30** River Monsters (R) **4.00-6.05** **FILM: Twister** (1996) A storm-chaser and her estranged husband reunite as they take on the dangerous task of mapping the path of a massive tornado. Action thriller, starring Helen Hunt.

6.05 Local News, Weather

6.15 ITV News, Weather

6.30 The Chase: Celebrity Special Coronation Street actress Samia Ghadie (Maria Connor), The Last Leg's Alex Brooker, presenter Annabel Giles and comedian Julian Clary take on a trivia expert. Bradley Walsh hosts. (R)

7.30 Off Their Rockers Paul tests out the world's most powerful leaf blower.

8.00 All Star Family Fortunes Hollyoaks actor Kieron Richardson and This Morning presenter Ruth Langsford team up with their families in an attempt to win thousands for charity. Vernon Kay hosts.

PICK 9.00 Mr Selfridge Nancy has difficulty keeping her engagement to Harry a secret, and a meddling Princess Marie makes things even trickier. Miss Mardle and Mr Grove come to blows again. *See Ones To Watch.*

10.00 ITV News, Weather

10.15 Bear Grylls: Mission Survive The four remaining celebrities forage for food in the forest, endure a stormy night and face their most extreme challenge yet – crossing a 200ft ravine one by one on a rope. (R)

11.20 LV- Cup Rugby Union Gethin Jones presents action from the final at Franklin's Gardens in Northampton, where the successors to Exeter Chiefs were set to be decided.

12.15 The Store **2.30** The Jeremy Kyle Show USA. The host takes his successful talk show stateside. (R) **3.15** ITV Nightscreen. Text-based information service. **5.05-6.00** The Jeremy Kyle Show. Guests air their differences. (R)

Channel 4

6.20 How I Met Your Mother **6.45** How I Met Your Mother **7.10** How I Met Your Mother **7.35** Everybody Loves Raymond (R) **8.00** Everybody Loves Raymond (R) **8.30** Frasier (R) **9.00** Frasier (R) **9.30** Sunday Brunch **12.30** George Clarke's Amazing Spaces (R) **1.30** The Big Bang Theory (R) **2.00** The Simpsons (R) **2.30** The Simpsons. Homer plays matchmaker for Marge's sister. (R) **3.00** **FILM: The Spy Next Door** (2010) A Chinese secret agent looks after his girlfriend's mischievous kids for the weekend – just as his arch enemy escapes from prison. Comedy, with Jackie Chan. **4.50** Channel 4 News **5.10-8.00** Richard III: The Return of the King. The procession of the monarch's remains to Leicester Cathedral.

Channel 5

6.00 Milkshake! **10.00** SpongeBob SquarePants. Double bill. SpongeBob makes an exact replica of Squidward's house. **10.35** The Dog Rescuers (R) **11.00** The Hotel Inspector (R) **12.00** The Hotel Inspector (R) **12.55** **FILM: Phenomenon** (1996) Fantasy drama, with John Travolta. Edited for language. **3.20** **FILM: The Borrowers** (1997) Four-inch-high people living under the floors of a home try to stop a lawyer's plans to demolish it. Children's fantasy, starring John Goodman. **5.00-6.50** **FILM: A Cinderella Story** (2004) An unhappy teenager at the beck and call of a selfish stepmother and her nasty daughters finds hope through an online romance. Comedy, starring Hilary Duff.

6.50 5 News Weekend **FILM 6.55 Lara Croft: Tomb Raider – The Cradle of Life** (2003) The daredevil heroine returns on a new quest, this time to search the world for the legendary Pandora's Box. However, a devious scientist is determined to get his hands on it first and realise his cunning scheme to harness the box's power as a deadly weapon. Action adventure sequel, starring Angelina Jolie, Gerard Butler, Ciaran Hinds, Chris Barrie and Djimon Hounsou. Edited for language and violence.

FILM 9.00 Alex Cross (2012) Premiere. A homicide cop pursues an ex-military assassin who has sadistically tortured and murdered a wealthy executive, leaving a surreal clue to the next victim. However, as the detective tries to bring the killing spree to an end, he finds his own family is also in the firing line. Crime thriller, starring Tyler Perry and Matthew Fox.

FILM 11.05 Scream 4 (2011) Sidney Prescott returns to her home town for the first time in years. Her arrival coincides with a fresh batch of killings, as a mysterious masked figure seeks to mark the 15th anniversary of the original murders. Horror sequel, starring Neve Campbell.

1.10 Super Casino **3.10** The Restaurant Inspector (R) **4.00** House Doctor (R) **4.25** Make It Big (R) **5.15** Angels of Jarm (R) **5.40** Roary the Racing Car (R)

REGIONAL VARIATIONS:

Hotel in the Clouds **9.00** Mr Selfridge **10.00** Republic of Doyle **11.00** Perspectives: David Suchet – People I Have Shot **BBC1 SCOTLAND 10.30** SportsScene **11.25** Match of the Day 2 **BBC2 NI IRELAND 10.00** The Strypes: Best Thing Since Cavan **11.00** Sunday Politics **11.25** Horizon: Dancing in the Dark – The End of Physics? **BBC2 SCOTLAND 5.35** River City **10.00** Sport XV **10.30** Bluestone 42 **11.00** Conference 2015: Scottish Liberal Democrats **11.35** **FILM: Red Tails** (2012) **RTÉ 1 8.55** Casualty **10.40** Keeping Up Appearances **11.10** Service **12.00** The Week in Politics **1.00** News **1.10** The Million Euro Challenge **2.10** Summer Suppers **2.40** St Patrick's Festival Parade **4.15** Father Brown **5.15** Nuacht RTÉ **5.25** Only Fools and Horses **6.01** News **6.30** The Voice of Ireland **8.30** Fair City **9.00** News **9.30** Irish Pictorial **10.00** Mrs Brown's Bos **10.35** Would You Believe? **11.05** The Week in Politics **11.55** News **S4C 6.00** Cwyl **8.50** Penblwyddi Cwyl **8.55** Pen-Blwyddi Pwy? **9.00** Yr Anialwch **10.00** Y Dref Gymreig **10.30** Dal Ati: Dal Ati: Bore Da **11.30** Dal Ati: Milltir Sgwâr **12.30** Clwb **12.45** Sgorio **3.10** Clwb **3.50** Clwb Rygbi **6.00** Clwb **6.25** Y Tychwyr gyda Iolo Williams **7.00** Dechrau Canu Dechrau Canmol **7.30** Cymry'r Cant **8.00** Gwyl Y Geni: Tsielna **9.00** Tir **10.00** 100 Lle **10.30** Taith Fawr y Dyn Bach **11.00** Jonathan

5★ **6.00** Teleshopping **1.00** The Gadget Show **2.00** Can't Pay? We'll Take It Away **3.00** **FILM:** Forever Young (1992) Romantic sci-fi drama, starring Mel Gibson. **5.05** **FILM:** Cheaper By the Dozen 2 (2005) Comedy sequel, starring Steve Martin. **7.00** Police Interceptors. The unit helps rescue a man pinned beneath a tractor. **8.00** The Hitchhiker Slayer: Born to Kill? **9.00** Britain's Flashiest Families **10.00** The Benefits Estate **11.00** Sugar Daddy, 82, Seeks 24-Year-Old: Age Gap Love **12.00** Teleshopping

5USA **6.00** Teleshopping **12.00** Access **12.10** Body of Proof **1.10** Miss Fisher's Murder Mysteries
2.20 When Calls the Heart **4.10** **FILM:** Time of Death (2013) Thriller, starring Kathleen Robertson. **6.00** NCIS: New Orleans **7.00** NCIS: Ducky is accused of war crimes. **8.00** NCIS **9.00** CSI: Crime Scene Investigation **10.00** CSI: NY. A man is shot dead in an apparent carjacking. **11.00** CSI: Miami **11.55** CSI: Crime Scene Investigation **12.55** CSI: Crime Scene Investigation **1.50** The Mentalist **2.50** Access **3.00** Teleshopping

ITV2 **6.00** Mr Bean **6.25** Mr Bean **6.50** Emmerdale
9.40 Coronation Street **12.10** Take Me Out **1.20**
 Totally Bonkers Guinness World Records **1.50** Scorpion **2.45**
 Catchphrase Celebrity Special **3.40** **FILM:** Hotel Transylvania (2012)
 Premiere. Animated comedy. **5.25** Ant & Dec's Saturday Night
 Takeaway **6.50** **FILM:** She's the Man (2006) Romantic comedy. **9.00**
 Ibiza Weekender **10.00** **FILM:** The Girl with the Dragon Tattoo (2011)
 Thriller remake. **1.10** **1.40** **2.00** **2.00** Life's Funniest Moments

SKY1 **6.00** Hour of Power **7.00** Are You Smarter Than a 10 Year Old? **8.00** Dog the Bounty Hunter **9.00** Hawaii Five-0 **11.00** VVVW: Raw **12.00** Harrow: A Very British School **1.00** Chris & Wes: Let's Do This **1.30** Ashley Banjo's Secret Street Crew **2.30** The Real A&E **3.00** Modern Family **5.00** Moore Boy **5.30** The Simpsons **6.00** About a Boy **6.30** The Simpsons. *See Ones To Watch.* **7.00** Wild Things **8.00** The Simpsons **9.00** Hawaii Five-0 **10.00** NCIS: Los Angeles **12.00** Hawaii Five-0 **1.00** Brit Cos: Zero Tolerance

SKY ATLANTIC **6.00** Star Trek: Enterprise **7.00** Star Trek: Enterprise **8.00** Star Trek: Enterprise **9.00** Without a Trace **10.00** Without a Trace **11.00** Without a Trace **12.00** Without a Trace **1.00** Without a Trace **2.00** Seinfeld **2.30** Seinfeld **3.00** Seinfeld **3.30** Seinfeld **4.00** Seinfeld **4.30** Seinfeld **5.00** Blue Bloods **6.00** Blue Bloods **7.00** Blue Bloods **8.00** Blue Bloods **9.00** Game of Thrones **10.15** Game of Thrones **11.30** Game of Thrones **12.40** Game of Thrones: World Premiere **1.10** Fortitude **2.10** Richard E. Grant's Hotel Secrets

BBC THREE **7.00** The Voice UK. The first live round of the singing contest. **8.55** The Voice UK Results. The coaches lose one act each. **9.30** Russell Howard's Good News. The comedian's perspective on the news. **10.00** I Survived a Zombie Apocalypse. A deadly zombie runs havoc in the compound. **11.00** Family Guy **11.25** Family Guy **11.45** Bluestone 42 **12.15** American Dad! **12.35** I Survived a Zombie Apocalypse **1.35** Russell Howard's Good News **2.05** Bluestone 42 **2.35** Jenny Bede: AUSA **2.55** Muslim Miss World

SKY LIVING **6.00** RSPCA Animal Rescue **10.00** Border Security: Canada's Front Line **11.30**

Sportswomen **12.00** Obese: A Year to Save My Life USA **1.00** Obese: A Year to Save My Life USA **2.00** Obese: A Year to Save My Life USA **3.00** Obese: A Year to Save My Life USA **4.00** Obese: A Year to Save My Life USA **5.00** Obese: A Year to Save My Life USA **6.00** Four Weddings **7.00** Four Weddings **8.00** Elementary **9.00** Bones **10.00** Hannibal **11.00** Criminal Minds **12.00** Criminal Minds **1.00** Nikita **2.00** Mount Pleasant

MTV **6.00** Cries **6.20** Beauty School Cop Outs **7.10** Beauty School Cop Outs **8.00** Ex on the Beach
9.00 Catfish: The TV Show **11.00** Catfish: The TV Show **1.00** Catfish: The TV Show **2.00** Catfish: The TV Show **3.00** Catfish: The TV Show **4.00** Catfish: The TV Show **5.00** Catfish: The TV Show **6.00** Catfish: The TV Show **7.00** Catfish: The TV Show **8.00** 16 & Pregnant **9.00** 16 & Pregnant **10.00** Ex on the Beach **11.00** Ex on the Beach **12.00** Ex on the Beach **1.00** Ex on the Beach **2.00** CKY: The Greatest Hits **3.00** Teleshopping

FILM4 **11.00** The Producers (1968) Mel Brooks' comedy. **1.00** Taxi (2004) Comedy adventure remake. **3.00** The Last Mimzy (2007) Children's fantasy, starring Chris O'Neil. **4.50** Edward Scissorhands (1990) Tim Burton's fantasy, starring Johnny Depp. **6.55** America's Sweethearts (2001) Romantic comedy, with John Cusack. **9.00** Hitman (2007) Action thriller, starring Timothy Olyphant. **10.50** Notorious (2009) Biopic of Notorious B.I.G., starring Jamal Woolard. **1.15** The Ballad of Jack and Rose (2005) Drama.

televisionX **SKY 903** **10.00** Freeview **10.10** Angel Long 4 **10.35** Babe in a Box 2 **11.00** Freeview **11.10** Babe in a Box 2 **11.15** How to Train Your Wife 4 **11.35** Secret Diary of a Porn Star 4 **11.50** Freeview **12.00** Secret Diary of a Porn Star 4 **12.10** Power Girls 4 **12.30** Laura Michaels' Stocking Tops 4 **12.50** The Iron Lady Garden 4 **1.00** Freeview **1.10** The Iron Lady Garden 4 **1.25** The Only Way is Sex 4 **1.45** Banned 4 **2.10** Lisselle's Girlie Weekend 3 **2.35** Lara's Men at Work 3 **3.00** Ghetto 3 **3.20** The Training of Miss Truvelope 3

Make the most of your favourite department store owner because after tonight there's just one episode left in the series. Nancy has kept her engagement to Harry a secret from Gus and doesn't wear her engagement ring around him – and she persuades Harry to keep it all secret for now. But later, Gus finds Nancy's ring at home and knows she's been lying to him. Desperate for money, he sells the pricey piece at a jewellery shop but is recognised on his way out by Princess Marie. Meanwhile, Harry remains under pressure to boost shareholder profits so he organises

the biggest flash sale London has ever seen. But piggybacking on the controversial press for the Selfridge announcement and angered by news that Mae is to remarry, Loxley manipulates the other board members into action. They demand an emergency meeting and Harry has no choice but to agree. What will it mean for his position? Elsewhere, while Grace and Gordon try to get back on track, Jacques makes a case to Violette as to why they could be a good match. And a surprise delivery from the Russian Embassy arrives at the Selfridge house. ★★★★★



As well, tra

As well-travelled as Dr Brian Cox, Simon begins a new series of jaunts on the Caribbean island of Hispaniola, moving from the Dominican Republic to Haiti, the poorest country in the Western hemisphere, before reaching Puerto Rico. And from flying boats to drug busts, he takes a look at both sides of the Caribbean's most popular destination. ★★★★★



He's conquering

He's conquered the music world so now it's Pharrell Williams' turn to get cartoonized and join the Simpsons clan. Pharrell—and his hat—make a guest appearance in tonight's episode but the locals aren't happy when he recites an infamous tune of his. Meanwhile, Homer is on a mission to find a fat people's rights group after he gets stuck in his seat. ★★★★★

bring
in
Spring



OVER ON DIGITAL

5★

6.00 Teleshopping. Home shopping. 1.00 Cowboy Builders 2.00 Gilmore Girls 3.00

Neighbours 3.25 Home and Away 4.00 Cowboy Builders 5.00 Police Interceptors 5.55 Access 6.00 Neighbours 6.30 Home and Away 7.00 Can't Pay? We'll Take It Away 9.00 My Violent Child: My Secret Shame. Last in the series. 10.00 The Body in the Freezer: Countdown to Murder. The events leading up to the death of Rebecca Thorpe in March 2010. 11.00 Benefits Britain: Life on the Dole 12.00 Teleshopping

SUSA

6.00 Teleshopping 12.00 My Name Is Earl 12.25

FILM: McBride: Dogged (2007) Mystery, starring John Larroquette. 2.10 FILM: The Trail to Hope Rose (2004) Western, starring Lou Diamond Phillips. 4.00 NCIS 5.00 Diagnosis Murder 6.00 CSI: NY 6.55 Access 7.00 NCIS 9.00 NCIS: New Orleans. The body of a naval counterintelligence officer is found in the bayou. 10.00 NCIS 12.00 CSI: Crime Scene Investigation 1.55 Person of Interest 2.50 Access 3.00 Teleshopping. Buying goods from the comfort of home.

ITV2

6.00 Life's Funniest Moments 6.25 Psych 7.10

Emmerdale 7.40 Coronation Street 8.40 Dinner Date 9.40 Catchphrase 10.25 Psych 11.20 Royal Pains 12.10 Emmerdale 12.40 Coronation Street 1.40 Dinner Date 2.40 The Jeremy Kyle Show 6.00 You've Been Framed and Famous! 7.00 You've Been Framed! 8.00 Two and a Half Men 9.00 Mom 10.00 Celebrity Juice 10.50 FILM: Scary Movie 4 (2006) Spoof horror sequel. 12.30 Two and a Half Men 1.20 The Vampire Diaries 2.20 Teleshopping 5.50 ITV2 Nightscreen

SKY1

6.00 Nothing to Declare 7.00 Ashley Banjo's

Secret Street Crew 8.00 Emergency with Angela Griffin 9.00 NCIS: Los Angeles 11.00 Hawaii Five-0 1.00 NCIS: Los Angeles 3.00 Harrow: A Very British School 4.00 Futurama 5.00 The Simpsons 5.30 Futurama 6.30 The Simpsons 8.00 Modern Family. See *Ones To Watch*. 8.30 Modern Family. See *Ones To Watch*. 9.00 Moone Boy 9.30 Arrow 10.30 Critical 11.30 NCIS: Los Angeles 1.20 Hawaii Five-0 2.20 Road Wars 3.10 Hawaii Five-0 4.10 Airline USA

SKY ATLANTIC

6.00 Seinfeld 7.00 Stargate SG-1 8.00 Stargate

Atlantis 9.00 Star Trek: Enterprise 10.00 House 11.00 Blue Bloods 12.00 Without a Trace 1.00 Seinfeld 2.00 Stargate SG-1 4.00 Stargate Atlantis 5.00 Star Trek: Enterprise 6.00 House 7.00 Blue Bloods 8.00 Without a Trace 9.00 Alan Partridge: Welcome to the Places of My Life 10.00 Girls. See *Ones To Watch*. 10.35 Last Week Tonight with John Oliver 11.10 The Newsroom 1.45 The Sopranos 2.50 Six Feet Under 4.20 Stargate SG-1 5.10 Star Trek: Enterprise

BBC THREE

7.00 EastEnders: Back to Ours 8.00 Don't Tell

the Bride. A Harry Potter fan tries to plan a witches and wizards-themed wedding. 9.00 Tom Felton Meets the Superfans 10.00 Bluestone 42. New recruit Captain Ellen Best arrives on base. 10.30 EastEnders. An angry Martin tells Rebecca what Sonia has been up to. 11.00 Family Guy 11.45 American Dad! 12.10 Family Guy. Animated comedy. 12.30 Bluestone 42 1.00 Tom Felton Meets the Superfans 2.00 Bollywood Carmen Live 3.00 Uncle 3.30 Bluestone 42

SKY LIVING

6.00 Motorway Patrol 7.00 Chopper Squad

8.00 Nothing to Declare 9.00 RSPCA Animal Rescue 10.00 Obese: A Year to Save My Life USA 11.00 Sun, Sea and A&E 12.00 CSI: Crime Scene Investigation 1.00 Criminal Minds 3.00 CSI: Crime Scene Investigation 5.00 Sun, Sea and A&E 6.00 Motorway Patrol 7.00 Chopper Squad 8.00 Nothing to Declare 9.00 Criminal Minds 10.00 CSI: Crime Scene Investigation 11.00 Bones 12.00 Cell Block 6: Female Lock Up 1.00 Criminal Minds 1.50 CSI: Crime Scene Investigation

MTV

6.00 Cribs 6.20 The Hills 7.10 My Super Sweet

16 8.00 Catfish: The TV Show 9.00 16 & Pregnant 10.00 Beauty School Cop Outs 11.00 Ex on the Beach 12.00 Teen Mom 1.00 Catfish: The TV Show 2.00 16 & Pregnant 3.00 My Super Sweet 16 4.00 Catfish: The TV Show 5.00 Teen Mom 2 6.00 Ex on the Beach 7.00 Catfish: The TV Show 9.00 16 & Pregnant 10.00 Catfish: The TV Show 11.00 Botched Up Bodies 12.00 Ex on the Beach 2.00 Jersey Shore 3.00 Teleshopping. Buying goods from the comfort of home.

FILM4

11.00 The Million Pound Note (1954) Comedy.

12.45 The Last Wagon (1956) Western. 2.45 The One That Got Away (1957) Fact-based World War Two adventure, with Hardy Kruger. 5.00 Night Passage (1957) Western, with James Stewart. 6.50 Flight of the Phoenix (2004) Action adventure, with Dennis Quaid. 9.00 Battle: Los Angeles (2011) Sci-fi thriller, with Aaron Eckhart. 11.15 The Look of Love (2013) Fact-based drama, with Steve Coogan. 1.20 Children of Glory (2006) Fact-based sporting drama.

televisionX

SKY 903 10.00 Freeview 10.10 Down On Abby

10.25 Wife Watchers Exposed 4.10.55 Dear Dorris 4.11.00 Freeview 11.10 Dear Dorris 4.11.30 Calling The Shots 2/4 11.50 Freeview 12.00 Calling The Shots 2/4 12.05 Hot Hostel 4.12.25 Maskerade 4.12.45 Jim Slip Does Prague 4.1.00 Freeview 1.10 Jim Slip Does Prague 4.1.20 Real Escorts 4.1.50 Tashes To Flashes 4.2.10 Gobble Box 3 2.30 Andy Ide's Teen Casting 3 3.00 Jay Snake's F Space 3 3.20 It's A Girl Thing 3 3.45 Rubber Manor 3 4.05 Michelle B's European Tour 3



Modern Family

8pm & 8.30pm, Sky1

Those pesky American programme-makers love to ruin the flow of a series by taking mid-season breaks. Just as we were enjoying another fantastic season of *Modern Family*, they whipped it off our screens leaving us with repeats. However, this week heralds the show's return with a double bill. And the Dunphys, Pritchetts and Tuckers are all on great form – that's if you ignore the fact that half of them are caught in a near-death experience in the first of tonight's episodes. While driving back from breakfast at the pancake house, the Dunphys – and Manny – have to

swerve out of the way of an oncoming truck. And it makes them question their own lives. Claire decides to be more fun while Haley and Alex make a pact not to fight any more – we can't see that lasting for long. Over-sensitive Manny is hesitant about getting in a car again and driver Phil decides he's not going to take any rubbish from anyone so he starts with reading nemesis Rob Riggle the riot act. All-out war, meanwhile, is declared in this week's second helping when a furious Claire confronts neighbours-from-hell Ronnie and Amber about the boat on their front lawn. ★★★★★



Girls

10pm, Sky Atlantic

It's the last episode of the fourth series but don't worry because a fifth season has already been given the green light. Woohoo! Tonight, Hannah, Jessa and Adam try to put unconventional parents-to-be Caroline and Laird off the idea of a home birth. Shoshanna, meanwhile, is offered a unique job opportunity and Ray lets rip at Desi. ★★★★★

Speed date
9p per min

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bring in Spring



dfs

TUESDAY 24 MARCH

BBC1

6.00 Breakfast **9.15** Heir Hunters (R) **10.00** Homes Under the Hammer **11.00** The Sheriffs Are Coming (R) **11.45** Fake Britain. Investigating lorry drivers who falsify their working hours. (R) **12.15** Bargain Hunt. Two teams compete in Norwich, Norfolk. (R) **1.00** BBC News, Weather **1.45** Doctors. Ayesha helps her friend make a difficult choice. **2.15** The Edge. Gameshow, hosted by Mark Benton. **3.00** Escape to the Country. A couple search for a retirement home in Wiltshire. **3.45** Holiday of My Lifetime with Len Goodman. Arlene Phillips heads to Southport to relive memories from a favourite holiday. **4.15** Flog It! From Crathes Castle in Aberdeenshire. **5.15-6.00** Pointless. Quiz show.

6.00 BBC News, Weather
The day's biggest headlines.

6.30 Local News, Weather
Regional bulletin of headlines.

7.00 The One Show
Live chat and reports, with Matt Baker and Alex Jones.

7.30 EastEnders
Sharon visits the solicitor in the search for her father.

8.00 Holby City
Raf must overcome his colleagues' doubts to perform Harry's surgery. Arthur tries to impress Serena to earn a rotation on AAU, and Mo risks losing her last link to her father.

PICK 9.00 Ordinary Lies
Receptionist Tracy (Michelle Keegan) meets local DJ Jimmy, who promises to whisk her off on a Caribbean holiday – but she soon realises that it comes at a price. *See Ones To Watch.*

10.00 BBC News, Weather

10.25 Local News, Weather

10.45 Call Security
The work of private security firms, who are enjoying a rise as public spending cuts leave fewer police on the streets.

FILM 11.35 A Serious Man (2009) A Jewish professor's life falls apart as his wife leaves him, his kids go off the rails and a student threatens him with legal action. Black comedy, with Michael Stuhlbarg.

1.20-6.00 BBC News. The latest national and international stories.

BBC2

6.20 Perfection **7.05** Perfection **7.50** Flog It! Trade Secrets (R) **8.20** Sign Zone: Countryside 999 (R) **9.05** Sign Zone: Your Home in Their Hands (R) **10.05** Sign Zone: Helicopter Heroes Down Under (R) **10.35** HARDtalk. With Stephen Sackur. (R) **11.00** BBC News **11.30** BBC World News **12.00** Daily Politics **1.00** Coast (R) **1.15** The Super League Show **2.00** The World at War (R) **2.55** Wogan: The Best Of. The broadcaster shares moments from some of his most difficult interviews. **3.40** Some Mothers Do 'Ave 'Em (R) **4.15** Three Up, Two Down. Daphne prepares for an appointment. (R) **4.45** Hi-de-Hi! Spike and Gladys are thrown together. (R) **5.15-6.00** Vintage Antiques Roadshow. Fiona Bruce and the team visit Hertford College, Oxford. (R)

6.00 Eggheads
Jeremy Vine presents the long-running quiz show.

6.30 Portillo's State Secrets
Michael Portillo unearths Adolf Hitler's hidden medical files.

7.00 The Great British Bake Off Easter Masterclass Mary Berry and Paul Hollywood display some of seasonal recipes, including hot cross buns, simnel cake, chocolate custard tarts and a lemon meringue nest. (R)

8.00 Back in Time for Dinner
The Robshaws are transported back to the space-age 1960s, with their home having a fitted kitchen installed and a host of new tastes and flavours to be sampled. With Dave Myers.

9.00 Dara and Ed's Great Big Adventure New series. Ed Byrne and Dara O Briain retrace a journey taken by three men from Detroit during the 1940s, embarking on a 4,000-mile pan-American adventure.

10.00 Nurse
Former soldier Jack recalls a grim time in Helmand.

10.30 Newsnight
An in-depth look at the day's main news headlines.

11.20 Caribbean with Simon Reeve The adventurer travels around the islands and mainland coast of the Caribbean Sea, beginning by visiting the Dominican Republic, Haiti and Puerto Rico. (R)

12.20 Sign Zone: Italy Unpacked. Andrew Graham-Dixon and Giorgio Locatelli conclude their trip. (R) **1.20** This Is BBC Two **3.20-6.15** BBC Learning Zone (R)

ITV

6.00 Good Morning Britain **8.30** Lorraine. With guest Nell McAndrew. **9.25** The Jeremy Kyle Show **10.30** This Morning. Celebrity chat and lifestyle features, including a look at the stories making the newspaper headlines. Presented by Phillip Schofield and Amanda Holden. **10.55** ITV News, Weather **11.00** This Morning. Continued. **12.30** Loose Women. Topical debate from a female perspective. **1.30** ITV News, Weather **1.55** Local News **2.00** Judge Rinder. Real-life cases in a studio courtroom. **3.00** Dickinson's Real Deal. The dealers visit Alfreton in Derbyshire. **3.59** ITV Local Weather **4.00** 1000 Heartbeats. Quiz show, hosted by Vernon Kay. **5.00-6.00** The Chase. Quiz show, hosted by Bradley Walsh.

6.00 Local News, Weather

6.30 ITV News, Weather

7.00 Emmerdale
Ashley advises Pearl to make amends with Paddy.

7.30 River Monsters
Jeremy Wade investigates a mysterious bodysnatcher.

8.00 Midsomer Murders
When wealthy farmer Martin Strickland is discovered bound to a tree, doused in truffle oil and mauled to death by a wild boar, the investigation leads DCI Barnaby to tyrannical celebrity chef Ruth Cameron. However, secrets from the past surface after the murderer strikes again, and the repercussions are felt further than they were originally intended. (R)

10.00 ITV News at Ten, Weather

10.30 Local News, Weather
10.40 On Assignment
Rageh Omaar is in Lithuania, where tensions are high.

11.10 Cricket World Cup Highlights Action from the first semi-final, which came from Eden Park in Auckland, New Zealand, as the country hosted its final match of the event.

12.10 FILM: Carry On Follow That Camel (1967) Comedy, with Jim Dale and Bernard Bresslaw. **1.40** Jackpot247 **3.00** Loose Women (R) **3.45** ITN News **5.05-6.00** The Jeremy Kyle Show. Guests air their differences. (R)

Channel 4

6.00 Countdown (R) **6.45** The King of Queens (R) **7.10** 3rd Rock from the Sun (R) **7.35** 3rd Rock from the Sun (R) **8.00** Everybody Loves Raymond (R) **8.30** Everybody Loves Raymond (R) **9.00** Frasier (R) **9.30** Frasier (R) **10.00** Undercover Boss Canada. The creative director of Liberty Entertainment Group goes undercover. (R) **11.00** Kevin McCloud's Man Made Home (R) **12.00** Channel 4 News Summary **12.05** Come Dine with Me Abroad **1.05** A Place in the Sun: Winter Sun (R) **2.10** Countdown **3.00** Deal or No Deal **4.00** Come Dine with Me (R) **5.00** Four in a Bed. The owners visit The Living Room B&B in Bournemouth on their second night. **5.30-6.00** Coach Trip. The tourists arrive at Messolonghi in Greece.

6.00 The Simpsons
After letting him down, Homer vows to take Grandpa away. (R)

6.30 Hollyoaks
Kim's scheming could prove detrimental for one Roscoe.

7.00 Channel 4 News
Including sport and weather.

8.00 From Burger Bar to Gourmet Star New series. Fast-food cooks are taught by some of Britain's most refined chefs, before posing as seasoned professionals working in world-class restaurants.

9.00 One Born Every Minute
A 16-year-old mother finds her baby is seriously ill, a 43-year-old woman reveals the sad truth behind her dark glasses, and an expectant mum welcomes support from her best friend.

10.00 Teens
New series. Documentary following a group of friends over the year they turn 17, exploring life on the cusp of adulthood in a world of round-the-clock, constant social networking.

11.00 First Dates
A security guard sets out to impress a podium dancer, a northerner is keen to prove laughter is the way to a woman's heart, and a software designer has his palm read. (R)

12.00 Poker **12.55** KOTV Boxing Weekly **1.20** Cycling: Revolution Series. Action from the sixth and final round of the track cycling series. (R) **2.20** Trans World Sport (R) **3.15** Secret Location (R) **4.10** Phil Spencer: Secret Agent (R) **5.05-6.00** Deal or No Deal (R)

Channel 5

6.00 Milkshake! **9.15** The Wright Stuff **11.10** The Hotel Inspector (R) **12.10** 5 News Lunchtime **12.15** GPs: Behind Closed Doors. Dr McKenzie offers advice to a patient who has terminal cancer. (R) **1.15** Home and Away **1.45** Neighbours **2.15** NCIS. A marine connected to the disappearance of a weapons cache is murdered. (R) **3.15** FILM: Final Verdict (2009) A lawyer discovers a man she prosecuted for murder may have been innocent, and wants revenge on her for being falsely imprisoned. Thriller, starring Erica Durance and Sebastian Roberts. Edited for violence and sexual content. **5.00** 5 News at 5 **5.30-6.00** Neighbours. Brennan discovers Matt is working for Dimato. (R)

6.00 Home and Away
Sasha prepares to leave the Bay to go to university. (R)

6.30 5 News Tonight
An in-depth look at the day's main news headlines.

7.00 Police Interceptors
Jim intercepts a car containing cannabis, a late-night reveller talks himself into trouble and Sgt Baxter has his work cut out when confronted by a dishonest driver. (R)

8.00 Costa Del Casualty: Benidorm ER A 51-year-old bar manager is rushed in by ambulance with severe chest pains, while an 82-year-old Londoner is admitted after suffering double vision.

9.00 Breaking the Law: Bent Coppers Stories of five police officers who have been jailed for crimes including theft, conspiracy to kidnap, drug dealing and fraud. *Followed by The Health Lottery.*

10.00 Aidan: The Rarest Boy in the World Documentary following a boy who has a rare genetic disorder as he and his family travel to America to meet the specialist after which the syndrome is named.

FILM 11.00 The Vow (2012) A newlywed couple are involved in a car accident, and the wife wakes up with no memory of her husband. While he tries to get her to fall in love with him all over again, she is reunited with her estranged parents. Romantic drama, with Rachel McAdams.

1.05 SuperCasino **3.10** My Violent Child: My Secret Shame (R) **4.00** Wildlife SOS (R) **4.25** Great Artists (R) **4.45** House Doctor (R) **5.35-6.00** House Doctor (R)

REGIONAL VARIATIONS:

STV 7.10-3.00 Scotland Tonight **11.05** On Assignment **11.35** Cricket World Cup Highlights **12.10** UTV Live Tonight **11.10** On Assignment **11.40** Cricket World Cup Highlights **UTV IRELAND 1.30** Storage Hoarders **2.30** Emmerdale **3.00** Coronation Street **3.30** Judge Rinder **4.30** Dinner Date **5.30** The Chase **6.30** Ireland Live **7.30** Richard Wilson on the Road **8.00** **10.00** Great Irish Journeys with Martha Kearney **11.10** Stormont Today **11.50** Nurse **BBC1 N IRELAND 10.45** Spotlight Special **11.45** Call Security **BBC1 SCOTLAND 8.00** River City **10.40** Holby City **11.35** Call Security **BBC2 N IRELAND 10.00** am/pm **2.40** The World at War **3.30** Wogan: The Best Of **RTÉ1 7.45** Today **8.55** The Doctors **9.50** Dr Phil **10.45** My Kitchen Rules **11.45** Shortland Street **12.15** The Zoo **12.45** Telly Bingo **1.00** News **1.30** Home and Away **2.00** Neighbours **2.25** EastEnders **3.00** Catherine's Roman Holiday **3.30** The Restaurant **4.00** Local Heroes **4.30** Today **5.40** Nuacht **6.01** News **7.00** Living the Wildlife **7.30** EastEnders **8.00** Fair City **8.30** The Design Doctors **9.00** News **9.35** Prime Time **10.15** The Mentalist **11.10** Love and Death in City Hall **S4C 7.00** Cwyl **1.05** Heno **2.00** Prynhawn Da **2.55** Newyddion S4C a'r Tywydd **3.00** Cwyl **4.00** Awr Fawr **5.00** Stwnsh **6.30** Newyddion S4C a'r Tywydd **6.35** Pobol y Cwm **7.00** Heno **7.30** Rownd a Rownd **8.00** Pobol y Cwm **8.25** Ward Plant **9.00** Newyddion 9 a'r Tywydd **9.30** Y Byd ar Bedwar **10.00** Tir **11.00** Cegin Bryn **11.35** Y Dydd yn y Cynulliad

ONES TO WATCH...



Ordinary Lies

9pm, BBC1

Jason Manford was quite a revelation in last week's opener. We've been used to seeing him as a funnyman for years but as the lead actor in the main storyline, he was very convincing as an ordinary man who'd lost his way. While he'll appear throughout the rest of the series, tonight it's the turn of ex-*Coronation Street* star Michelle Keegan to take centre stage in her first role since quitting the cobbles. She plays party-loving Tracy Shawcross, JS Motors' receptionist who really wants a luxurious lifestyle of designer clothes and glamour. She's determined to escape her

boring life and thinks she has found the answer when she starts a relationship with local DJ, Jimmy. He offers her an all-expenses-paid trip to the Caribbean for her and fellow receptionist Viv and it looks like she's finally got the chance to up her lot. Lying so as not to arouse suspicion, Tracy and Viv tell everyone that they are flying to Ibiza for a week of partying. In reality, they board a plane to the Dominican Republic where flights and accommodation have been arranged by Jimmy. But they soon realise that there's more than meets the eye about the trip. ★★★★★



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In the first ad break after 9.55pm on Channel 5

OVER ON DIGITAL

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6.00 Teleshopping. Home shopping. **1.00** Cowboy Builders **2.00** Gilmore Girls **3.00** Neighbours **3.25** Home and Away **4.00** Cowboy Builders **5.00** Police Interceptors **5.55** Access **6.00** Neighbours **6.30** Home and Away **7.00** The Nightmare Neighbour Next Door. A South London couple battling to evict squatters. **8.00** **FILM:** Zookeeper (2011) Comedy, starring Kevin James. **10.00** **FILM:** Harry Brown (2009) Crime thriller, with Michael Caine and Emily Mortimer. **12.00** Teleshopping. Home shopping.

SUSA

6.00 Teleshopping. Home shopping. **12.00** The Mentalist **12.55** **FILM:** Carry On Cabby (1963) Comedy, starring Sid James and Hattie Jacques. **2.30** Cimarron Strip **4.00** NCIS **5.00** Diagnosis Murder **6.00** CSI: NY **6.55** Access **7.00** NCIS **9.00** The Mysteries of Laura. The detective investigates the disappearance of a fertility doctor. **10.00** Body of Proof. A champion equestrian is found dead in the woods. **11.00** CSI: NY **12.00** CSI: Crime Scene Investigation **1.55** Sons of Anarchy **2.55** Access **3.00** Teleshopping

ITV2

6.00 Life's Funniest Moments **6.25** Psych **7.10** Emmerdale **7.40** Coronation Street **8.40** Dinner Date **9.40** Catchphrase **10.25** Psych **11.20** Royal Pains **12.10** Emmerdale **12.40** Coronation Street **1.40** Dinner Date **2.40** The Jeremy Kyle Show **6.00** You've Been Framed! **8.00** Two and a Half Men **9.00** Hell's Kitchen **10.00** Ibiza Weekender **11.00** Tricked: Favourite Tricks **12.00** Two and a Half Men **12.55** Totally Bonkers Guinness World Records **1.20** Royal Pains **2.05** Life's Funniest Moments **2.30** Teleshopping. Home shopping.

SKY1

6.00 Nothing to Declare **7.00** Ashley Banjo's Secret Street Crew **8.00** Emergency with Angela Griffin **9.00** NCIS: Los Angeles **11.00** Hawaii Five-0 **1.00** NCIS: Los Angeles **3.00** Harrow: A Very British School **4.00** Futurama **5.00** The Simpsons **5.30** Futurama **6.30** The Simpsons **8.00** The Flash **9.00** Critical. Lorraine returns to work. **10.00** Forever. A connection is made between a murdered ex-con and Jo's late husband. **11.00** Hawaii Five-0 **12.00** NCIS: Los Angeles **2.00** Hawaii Five-0 **4.00** Airline USA **5.00** Stargate Atlantis

SKY ATLANTIC

6.00 Seinfeld **7.00** Stargate SG-1 **8.00** Stargate Atlantis **9.00** Star Trek: Enterprise **10.00** House **11.00** Blue Bloods **12.00** Without a Trace **1.00** Seinfeld **2.00** Stargate SG-1 **4.00** Stargate Atlantis **5.00** Star Trek: Enterprise **6.00** House **7.00** Blue Bloods **8.00** Without a Trace **9.00** The Following **10.00** Game of Thrones: The Story So Far. A chance to catch up with events from all four series of the drama. **11.00** Girls **11.35** Silicon Valley **12.45** Ray Donovan **1.50** Ronna and Beverly **2.50** The Sopranos **4.00** Stargate SG-1

BBC THREE

7.00 Top Gear. Searching for the world's best four-seat supercar. **8.00** Free Speech: I'm a Conservative. Ask Me Anything. A panel from across the Conservative party take part in the debate. **9.00** World's Toughest Jobs **10.00** Killer Magic. New series. **10.30** EastEnders. Cindy begins to question her role as a mother. **11.00** Family Guy **11.45** American Dad! **12.10** Family Guy **12.30** Killer Magic **1.00** World's Toughest Jobs **2.00** Free Speech: I'm a Conservative. Ask Me Anything **3.00** World's Toughest Jobs

SKY LIVING

6.00 Motorway Patrol **7.00** Chopper Squad **7.30** Border Security: Canada's Front Line **8.00** Nothing to Declare **9.00** RSPCA Animal Rescue **10.00** Obese: A Year to Save My Life USA **11.00** Sun, Sea and A&E **12.00** CSI: Crime Scene Investigation **1.00** Criminal Minds **3.00** CSI: Crime Scene Investigation **5.00** Sun, Sea and A&E **6.00** Motorway Patrol **7.00** Border Security: Canada's Front Line **9.00** Elementary **10.00** The Blacklist **11.00** Bones **12.00** Cell Block 6: Female Lock Up **1.00** Criminal Minds

MTV

6.00 Cribs **6.20** The Hills **7.10** My Super Sweet **16** **8.00** Catfish: The TV Show **9.00** 16 & Pregnant **10.00** Beauty School Cop Outs **11.00** Ex on the Beach **12.00** Teen Mom **1.00** Catfish: The TV Show **2.00** 16 & Pregnant **3.00** My Super Sweet **16** **4.00** Catfish: The TV Show **5.00** Teen Mom **6.00** Ex on the Beach **7.00** Catfish: The TV Show **8.00** 16 & Pregnant **9.00** Ridiculousness **10.00** Botched Up Bodies **11.00** Catfish: The TV Show **12.00** Ex on the Beach **2.00** Jersey Shore **3.00** Teleshopping

FILM4

11.00 The Big Blockade (1942) World War Two mock-documentary. **12.35** Siege of the Saxons (1963) Medieval adventure, starring Ronald Lewis. **2.20** A Ticket to Tomahawk (1950) Comedy Western, with Dan Dailey. **4.15** Demetrius and the Gladiators (1954) Historical drama, with Victor Mature. **6.25** The Way Back (2010) Drama, starring Ed Harris. **9.00** The Taking of Pelham 123 (2009) Thriller remake, starring Denzel Washington. **11.10** Good Will Hunting (1997) Drama. **1.40** Calvaire (2004) Horror.

televisionX

SKY 903 **10.00** Freeview **10.10** Animal Instincts **4.10** **30** Different Strokes **4.10** **55** How To Act Bad Naked **4.11** **00** Freeview **11.10** How To Act Bad Naked **4.12** **25** Chariots of Porn **4.11** **50** Freeview **12.00** Chariots of Porn **4.12** **00** Lolly's School of Rubber **4.12** **20** Lara's World of Uniforms **4.12** **45** Life In Bras **4.1** **00** Freeview **1.10** Life In Bras **4.11** **15** Rubber Clinic **4.14** **40** Angel's Gutter Girls **4.20** Ben Dover The Old Git **1.25** The Ben Dover Show **3.00** Ben Dover Show **2.30** Ben Dover Show **3.35** The Ben Dover Show

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WEDNESDAY 25 MARCH

BBC1

6.00 Breakfast **9.15** Heir Hunters (R) **10.00** Homes Under the Hammer (R) **11.00** The Sheriffs Are Coming (R) **11.45** Fake Britain. A bogus firm of solicitors who stole £750,000. (R) **12.15** Bargain Hunt. From the Westpoint antiques and collectors fair in Devon. **1.00** BBC News, Weather **1.45** Doctors. Karen tries to help a grieving friend move on with her life. **2.15** The Edge **3.00** Escape to the Country. People search for their ideal rural retreats. (R) **3.45** Holiday of My Lifetime with Len Goodman. Angela Rippon revisits Mount Edgcombe Country Park in Cornwall. **4.15** Flog It! From St John's Minster in Preston. **5.15-6.00** Pointless. Quiz show, hosted by Alexander Armstrong.

6.00 BBC News, Weather

6.30 Local News, Weather

7.00 The One Show

Matt Baker and Alex Jones host the live magazine show, with a team of roving reporters presenting stories of interest from around the UK, plus big-name studio guests.

8.00 MasterChef

Another five cooks are put to the test in the third heat, in which they prepare their Calling Card, before three of them reinvent what they've just made in the Reinvention Test.

9.00 The Billion Dollar Chicken Shop

Behind the scenes at KFC as the bosses find the 50 members of staff they need for a restaurant in Wolverhampton and Brixton manager Michelle tries a scheme to cut waste.

10.00 BBC News, Weather

10.25 Local News, Weather

Followed by Lottery Update.

10.45 A Question of Sport

With Greg Rutherford, Ben Cohen and Louis Smith.

FILM **11.15** The Devil's Double

(2011) An Iraqi soldier is forced to become a double for Saddam Hussein's sadistic son Uday to distract assassins. His new role plunges him into a world of depravity, as he becomes a first-hand witness to the acts of murder Uday routinely indulges in. Drama, starring Dominic Cooper.

1.00-6.00 BBC News. Latest headlines.

BBC2

6.15 Perfection **7.00** Perfection **7.45** Flog It! Trade Secrets (R) **8.15** Sign Zone: Countryside 999 (R) **9.00** Sign Zone: Africa's Fishing Leopards: Natural World (R) **10.00** Sign Zone: Helicopter Heroes Down Under (R) **10.30** Sign Zone: See Hear **11.00** BBC News **11.30** Daily Politics **1.00** Lifeline (R) **1.10** The A to Z of TV Cooking (R) **1.20** Cagney & Lacey. Mary Beth's son plays with her revolver. (R) **2.10** The World at War (R) **3.00** Wogan: The Best Of **3.45** Are You Being Served? A love letter from Mr Lucas to Miss Brahms goes astray. (R) **4.15** Three Up, Two Down. Daphne has back trouble. (R) **4.45** Hi-de-Hi! Classic comedy. (R) **5.15-6.00** Vintage Antiques Roadshow. The second programme from Wells in Somerset. (R)

6.00 Eggheads

Quiz in which the winners of gameshows work as a team.

6.30 Portillo's State Secrets

Michael Portillo unearths the secret war on the Rolling Stones.

7.00 Britain's Got the Builders In

Gary Wright and his partner Jan want to extend and renovate their home in Adlington but it soon becomes apparent that they like to take their time when making decisions.

8.00 The Ladykillers: Pest Detectives

New series. Documentary following the work of four female pest controllers, including one who comes up with an ingenious solution to get rid of an infestation of bed bugs.

9.00 Hillary Clinton: The Power of Women

Documentary examining the struggle for women's rights around the world, with contributions by Hillary Clinton, Condoleezza Rice and Madeleine Albright.

10.00 QI

Josh Widdicombe, Jo Brand and Phill Jupitus take part. (R)

10.30 Newsnight

Analysis of the day's events, presented by Emily Maitlis.

11.20 Dara and Ed's Great Big Adventure

Comedians Ed Byrne and Dara O Briain retrace a journey taken by three men from Detroit during the 1940s, embarking on a 4,000-mile pan-American adventure. (R)

12.20 Sign Zone: See Hear (R) **12.50** Sign Zone: Suffragettes Forever! The Story of Women and Power (R) **1.50** Sign Zone: The Big Painting Challenge (R) **2.50** This Is BBC Two **3.00-6.20** BBC Learning Zone

ITV

6.00 Good Morning Britain. With actors Reece Shearsmith and Steve Pemberton. **8.30** Lorraine **9.25** The Jeremy Kyle Show **10.30** This Morning. Celebrity chat and lifestyle features, including beauty tips from Bryony Blake and a look at the stories making the news. Presented by Phillip Schofield and Amanda Holden. **10.55** ITV News, Weather **11.00** This Morning. Continued. **12.30** Loose Women. The ladies are joined by retail expert Mary Portas. **1.30** ITV News, Weather **1.55** Local News **2.00** Judge Rinder. Real-life cases in a studio courtroom. **3.00** Dickinson's Real Deal. From Llangollen in North Wales. **3.59** ITV Local Weather **4.00** 1000 Heartbeats. Quiz show, hosted by Vernon Kay. **5.00-6.00** The Chase. Quiz show.

6.00 Local News, Weather

6.30 ITV News, Weather

7.00 Emmerdale

Pearl strikes a deal with Eric to pay Paddy and Rhona back.

7.30 Coronation Street

Bethany pours her heart out to Audrey about life in Italy.

8.00 Big Star's Little Star

Playing for charity this week are former footballer Jimmy Bullard, with his son Archie, ex-rugby player Martin Offiah with his son Tyler, and actress Tricia Penrose joined by her son Freddie.

PICK **9.00** DCI Banks

Part two of two. With Geoff now a marked man, he and Evie are under watch while the search for Mullen is widened, but the suspect manages to draw them outside. See *Ones To Watch*.

10.00 ITV News at Ten, Weather

10.30 Local News, Weather

10.40 Pop Gold

Archive performances by Tina Turner, Dolly Parton, Chrissie Hynde and Kate Bush feature in tonight's celebration of some of the most successful female artists in the music industry.

11.40 A Night in with Olly Murs

A musical extravaganza with the singer, featuring appearances by John Bishop, Caroline Flack and Nicole Scherzinger. (R)

12.40 Jackpot247 **3.00** The Jeremy Kyle Show USA **3.40** ITV Nightscreen **5.05-6.00** The Jeremy Kyle Show (R)

Channel 4

6.00 Countdown (R) **6.45** The King of Queens (R) **7.10** 3rd Rock from the Sun (R) **7.35** 3rd Rock from the Sun (R) **8.00** Everybody Loves Raymond (R) **8.30** Everybody Loves Raymond (R) **9.00** Frasier (R) **9.30** Frasier (R) **10.00** Undercover Boss Canada (R) **11.00** Kevin McCloud's Man Made Home (R) **12.00** Channel 4 News Summary **12.05** Come Dine with Me Abroad **1.05** A Place in the Sun: Winter Sun (R) **2.10** Countdown. With Dictionary Corner guest Nicky Campbell. **3.00** Deal or No Deal. Beat-the-banker gameshow. **4.00** Come Dine with Me. Four contestants in Bristol compete. (R) **5.00** Four in a Bed. From the Valley Hotel in Anglesey. **5.30-6.00** Coach Trip. The group arrives in Patras, Greece.

6.00 The Simpsons

Featuring the voices of Dan Castellaneta and Julie Kavner. (R)

6.30 Hollyoaks

A familiar face shocks Tegan, while a secret is exposed.

7.00 Channel 4 News

Including sport and weather.

8.00 Three in a Bed

Three sets of B&B owners in Somerset and Berwick-upon-Tweed, Northumberland, take turns to stay with one another, in a week featuring controversial comments and lots of friction.

9.00 24 Hours in A&E

A 40-year-old man is rushed in after losing control of his car, a plumber has an infected cyst that may require surgery and a retired doctor is brought in after a horse-riding accident.

10.00 First Dates

A single mother hits it off with a school teacher, a pair of octogenarians bond over memories of lost loves, and a young singleton is paired with an international rugby player.

11.00 One Born Every Minute

Former lovers look forward to the arrival of their third child together, a Brazilian first-time mother is focused on a natural birth and childhood sweethearts put their squabbling aside. (R)

12.00 Kids Who Can't Stay Awake (R) **12.55** Mary Portas: Secret Shopper (R) **1.50** FILM: I Love You, Beth Cooper (2009) With Paul Rust. **3.30** Random Acts (R) **3.35** Phil Spencer: Secret Agent (R) **4.30** River Cottage Bites (R) **4.40** Deal or No Deal (R) **5.35-6.00** Common Denominator (R)

Channel 5

6.00 Milkshake! **9.15** The Wright Stuff **11.10** The Hotel Inspector. A Suffolk inn struggling to make a profit. (R) **12.10** 5 News Lunchtime **12.15** The Woman with 40 Cats – and Other Pet Hoarders. People whose love of animals has become an obsession. (R) **1.15** Home and Away **1.45** Neighbours **2.15** NCIS: New Orleans. The body of a naval counterintelligence officer is found in the bayou. (R) **3.15** FILM: Too Late to Say Goodbye (2009) A woman tells an online friend her husband is having an affair – only for the mistress in question to then be mysteriously killed. Drama, starring Stefanie von Pfetten. **5.00** 5 News at 5 **5.30-6.00** Neighbours. Former resident Janelle Timmins (Nell Feeney) returns. (R)

6.00 Home and Away

Andy worries that Hannah may not be strong enough. (R)

6.30 5 News Tonight

Coverage of the latest national and international stories.

7.00 Trauma Doctors

A 22-year-old who has fallen three storeys is rushed to the Royal London Hospital and paramedics are called out to King's Cross station to deal with a cardiac arrest. (R)

8.00 GPs: Behind Closed Doors

Dr Kirkland sees a woman who blacked out while walking, while Dr Baveja tries to discover the root cause of his patient's back pain and inability to control his bladder. Last in the series.

9.00 OAPs Behaving Badly

New series. Following British pensioners refusing to grow old gracefully, from adrenaline-junkie grandads to 70-year-old clubbers. Followed by *The Health Lottery draw*.

10.00 Slaughtered at the Murder Hotel

The story of 19th Century American serial killer Dr HH Holmes – real name Herman Mudgett – who is believed to have murdered as many as 200 people inside his hotel. (R)

11.00 The Yorkshire Ripper: Born to Kill?

Psychologists and criminology experts analyse the personality and motivations of Peter Sutcliffe, who murdered women in the north of England between 1975 and 1980. (R)

12.00 Holiday Love Rats Exposed. More stories of preying on holiday-makers looking for love. (R) **1.00** SuperCasino **3.10** Mummy's Little Murderer (R) **4.00** Wildlife SOS (R) **4.25** Great Artists (R) **4.45** House Doctor (R) **5.10** House Doctor (R) **5.35-6.00** House Doctor (R)

REGIONAL VARIATIONS:

Rally Championship **BBC1 N IRELAND** **10.45** 6Degrees **11.15** A Question of Sport **11.45** FILM: The Devil's Double (2011) **1.25** BBC News **BBC1 SCOTLAND** **9.00** Cashing In **10.40** The Billion Dollar Chicken Shop **11.40** A Question of Sport **BBC2 SCOTLAND** **1.00** Are You Being Served? **1.30** Three Up, Two Down **2.00** Hi-de-Hi! **2.30** Politics Scotland **3.30** Lifeline **3.40** The World at War **4.30** Wogan: The Best Of **10.30** Scotland 2015 **11.00** Newsnight **11.50** Caribbean with Simon Reeve **RTÉ1** **7.45** Today **8.55** The Doctors **9.50** Dr Phil **10.45** Shortland Street **11.20** The Zoo **11.50** Leaders' Questions **1.00** News **1.30** Home and Away **2.00** Neighbours **2.25** EastEnders **3.00** Fair City **3.30** The Restaurant **4.00** Local Heroes **4.30** Today **5.40** Nuacht **6.01** News **7.00** Nationwide **7.30** How to Cook Well with Rory O'Connell **7.57** Lotto **8.00** Fair City **8.30** The Consumer Show **9.00** News **9.35** FILM: Little Fockers (2010) **11.20** Life and Death Row **12.20** Oireachtas Report **12.55** Ireland's Fittest Family **S4C** **7.00** Cwyl **1.05** Heno **1.30** Dechrau Canu Dechrau Canmol **2.00** Prynhawn Da **3.00** Cwyl **4.00** Awr Fawr **5.00** Stwnsh **6.30** Newyddion S4C a'r Tywydd **6.35** Pobol y Cwm **7.00** Heno **7.30** Porthpenwaig **8.30** 5 Stori: Mewn Twll **9.00** Newyddion 9 a'r Tywydd **9.30** Y Sgwrs **10.00** Nansi Richards **10.30** Rygbi Pawb **11.35** Y Dydd yn y Cynulliad

MARCH

ONES TO WATCH...



DCI Banks

9pm, ITV

We're already on the fourth episode of the series and Geoff is officially a marked man. So Banks plots to put him and his daughter Evie under watch at a hotel while the hunt for gunman Mullen intensifies. Meanwhile, Annie and Ken think outside the box and find an address for Mullen's ex-girlfriend, but he has just left when Banks turns up at her door. What he's doing is following Evie's boyfriend to the hotel and when he sets the fire alarm, Annie, Geoff and Evie are forced to evacuate their room. A local loan shark is thought to be behind the hit, so Banks arrests him and

manages to find a way to keep him temporarily behind bars. That gives the team time to use CCTV and forensics to track Mullen down to a former match factory and the chase is on when they locate him. He finds himself cornered at a viaduct and Banks manages to talk him into giving up the gun and turning himself in. It's not over yet, though, because Banks learns Raheel met Marcus during Lewis Hargreaves' trial and when questioned, Raheel confesses all he knows to the police. And away from the investigation, Annie admits David wants her to move in. ★★★★★



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5★ **6.00** Teleshopping **1.00** Cowboy Builders **2.00** Gilmore Girls **3.00** Neighbours **3.25** Home and Away **4.00** Cowboy Builders **5.00** Police Interceptors **5.55** Access **6.00** Neighbours **6.30** Home and Away **7.00** Police Interceptors. The police chase a thief driving a souped-up Ford Mondeo. **8.00** Benefits, Babies and Jail. People living on the dole in South Yorkshire. **9.00** **FILM:** The Book of Eli (2010) Action adventure, starring Denzel Washington. **11.20** Ultimate Police Interceptors **11.50** Access **12.00** Teleshopping

SUSA **6.00** Teleshopping **12.00** Access **12.05** **FILM:** Hour of the Gun (1967) Western, starring James Garner. **2.10** **FILM:** The Wild and the Innocent (1959) Comedy Western. **4.00** NCIS **5.00** Diagnosis Murder **6.00** CSI: NY **6.55** Access **7.00** NCIS **9.00** Castle. The author decides to end his partnership with Beckett. **10.00** The Mentalist. Abbott's former boss tries to blackmail him. **11.00** Law & Order: Special Victims Unit **12.00** CSI: Crime Scene Investigation **1.55** Dark Blue **2.50** Access **3.00** Teleshopping

ITV2 **6.00** Life's Funniest Moments **6.25** Psych **7.10** Emmerdale **7.40** You've Been Framed! Top 100 Animals **8.40** Dinner Date **9.40** Catchphrase **10.25** Psych **11.20** Royal Pains **12.10** Emmerdale **12.40** You've Been Framed! Top Tens **1.40** Dinner Date **2.40** The Jeremy Kyle Show **6.00** You've Been Framed! **8.00** Two and a Half Men **9.00** The Vampire Diaries **10.00** **FILM:** Hot Fuzz (2007) Action comedy, starring Simon Pegg. **12.25** Two and a Half Men **1.20** The Vampire Diaries **2.15** Teleshopping **5.45** ITV2 Nightscreen

SKY1 **6.00** Nothing to Declare **7.00** Ashley Banjo's Secret Street Crew **8.00** Emergency with Angela Griffin **9.00** NCIS: Los Angeles **11.00** Hawaii Five-0 **1.00** NCIS: Los Angeles **3.00** Harrow: A Very British School **4.00** Futurama **5.00** The Simpsons **5.30** Futurama **6.30** The Simpsons **8.00** Wild Things. Gameshow, hosted by Kate Humble and Jason Byrne. **9.00** **FILM:** Lethal Weapon 3 (1992) Action thriller sequel, with Mel Gibson and Danny Glover. **11.20** Stella **12.20** NCIS: Los Angeles **2.20** Hawaii Five-0

SKY ATLANTIC **6.00** Seinfeld **7.00** Stargate SG-1 **8.00** Stargate Atlantis **9.00** Star Trek: Enterprise **10.00** House **11.00** Blue Bloods **12.00** Without a Trace **1.00** Seinfeld **2.00** Stargate SG-1 **4.00** Stargate Atlantis **5.00** Star Trek: Enterprise **6.00** House **7.00** Blue Bloods **8.00** Without a Trace **9.00** Blue Bloods **10.00** Fortitude **11.00** Oliver Stone's Untold History of the United States **12.20** Boardwalk Empire **1.35** Ronna and Beverly **2.35** The Sopranos **3.35** Curb Your Enthusiasm **4.10** Stargate SG-1 **5.00** Star Trek: Enterprise

BBC THREE **7.00** Top Gear. The presenters build their own motor homes. **8.00** Tom Felton Meets the Superfans **9.00** Beaten by My Boyfriend **10.00** Bad Education **11.00** Family Guy **11.45** American Dad! Roger becomes Steve's legal guardian, but his overzealous approach to parenting gets the school principal fired. Stan and Francine visit the world's biggest water park. **12.10** Family Guy **12.30** Beaten by My Boyfriend **1.25** I Survived a Zombie Apocalypse **2.25** Killer Magic **2.55** Beaten by My Boyfriend

SKY LIVING **Including at 8.00** Nothing to Declare **9.00** RSPCA Animal Rescue **10.00** Obese: A Year to Save My Life USA **11.00** Sun, Sea and A&E: South Africa **12.00** CSI: Crime Scene Investigation **1.00** Criminal Minds **3.00** CSI: Crime Scene Investigation **5.00** Sun, Sea and A&E **6.00** Motorway Patrol **7.00** Border Security: Canada's Front Line **8.00** Nothing to Declare **9.00** Bones **10.00** Grey's Anatomy **11.00** Bones **12.00** Cell Block 6: Female Lock Up **1.00** Criminal Minds **1.50** CSI: Crime Scene Investigation **2.40** Grey's Anatomy

MTV **6.00** Cribs **6.20** The Hills **7.10** My Super Sweet **16** **8.00** Catfish: The TV Show **9.00** 16 & Pregnant **10.00** Beauty School Cop Outs **11.00** Ex on the Beach **12.00** Teen Mom **1.00** Catfish: The TV Show **2.00** 16 & Pregnant **3.00** My Super Sweet **16** **4.00** Catfish: The TV Show **5.00** Teen Mom **2** **6.00** Ex on the Beach **7.00** Catfish: The TV Show **8.00** 16 & Pregnant **9.00** Catfish: The TV Show **10.00** Ex on the Beach **11.00** Ridiculousness **12.00** Ex on the Beach **2.00** Jersey Shore **3.00** Teleshopping. Home shopping.

FILM4 **11.00** The Long Arm (1956) Crime thriller. **1.00** Prince Valiant (1954) Adventure, with Robert Wagner. **3.05** They Rode West (1954) Western, starring Robert Francis. **4.50** A Challenge for Robin Hood (1967) Action adventure, starring Barrie Ingham. **6.55** Taxi (2004) Comedy adventure remake, starring Queen Latifah. **9.00** Bad Teacher (2011) Comedy, starring Cameron Diaz. **10.50** 13 Assassins (2010) Historical action adventure, starring Koji Yakusho. **1.20** Gozu (2003) Horror, starring Hideki Sone.

televisionX **SKY 903** **10.00** Freeview **10.10** Friends with Benefits Street **4** **10.30** Fighting Females **4** **10.50** Naughty Brits Abroad **4**. Adult fun. **11.00** Freeview **11.10** Naughty Brits Abroad **4** **11.20** Corsetry **4** **11.40** Scott's Hottie Hunt **4** **11.50** Freeview **12.00** Scott's Hottie Hunt **4** **12.15** Mummy Mia! **4** **12.40** Jasmine: Twenty Four Seven **4** **1.00** Freeview **1.10** Jasmine: Twenty Four Seven **4** **1.15** Sherlock Homes **4** **1.40** Two Much **4** **2.00** The Invite **4** **2.25** Angel Long **4** **2.50** Babe in a Box **3** **3.20** How to Train Your Wife **4**

bring
in
Spring



dfs

THURSDAY 26 MAY

BBC1

6.00 Breakfast **9.15** Heir Hunters (R) **10.00** Homes Under the Hammer **11.00** The Sheriffs Are Coming. The work of High Court enforcement officers. (R) **11.45** Fake Britain. False job references for sale online. (R) **12.15** Bargain Hunt. From London's Alexandra Palace. (R) **1.00** BBC News, Weather **1.45** Doctors. Barry waits for news about his promotion. **2.15** The Edge. Gameshow. **3.00** Escape to the Country. Finding a rural home in Northumberland. (R) **3.45** Holiday of My Lifetime with Len Goodman. Anita Manning reminisces about a trip to the Isle of Bute. **4.15** Flog It! From Winchester, Hampshire. **5.15-6.00** Pointless. Quiz show, hosted by Alexander Armstrong.

6.00 BBC News, Weather

6.30 Local News, Weather

7.00 The One Show
Matt Baker and Alex Jones present the magazine show.

7.30 EastEnders
Cindy returns to the Square and Jane helps her out of a mess.

8.00 MasterChef
Five cooks compete for a place in the quarter-final, preparing a dish that represents who they are, before three of them use the same main ingredient in the Reinvention Test.

9.00 The Truth About Calories
Chris van Tulleken gets to the bottom of calories, finding out whether food labels are accurate, revealing a few cooking secrets and the best way to burn them off.

10.00 BBC News, Weather

10.25 Local News, Weather

10.45 Question Time
David Dimbleby chairs a debate from Bolton, Greater Manchester, as a panel of guests faces topical questions from the audience.

11.45 This Week
Andrew Neil and guests discuss parliamentary developments from the past seven days.

12.35-6.00 BBC News. The latest national and international stories as they break. Plus the weather.

BBC2

6.20 Perfection **7.05** Perfection **7.50** Flog It! Trade Secrets (R) **8.20** Sign Zone: Countryside 999 (R) **9.05** Sign Zone: Great British Garden Revival (R) **10.05** Sign Zone: Helicopter Heroes Down Under. New flying doctor Carla helps a badly injured surfer. (R) **10.35** HARDtalk. With Stephen Sackur. (R) **11.00** BBC News **11.30** BBC World News **12.00** Daily Politics **1.00** The A to Z of TV Cooking. Dishes linked by the letter Q. (R) **1.10** Cagney & Lacey (R) **2.00** Animal Park (R) **3.00** Wogan: The Best Of **3.45** Are You Being Served? (R) **4.15** Three Up, Two Down. A journey back to London from Cheltenham becomes eventful. (R) **4.45** Hi-de-Hi! Barry leaves Maplins. (R) **5.15-6.00** Vintage Antiques Roadshow. From Dumfries House, Ayrshire. (R)

6.00 Eggheads
Quiz in which the winners of gameshows work as a team.

6.30 Portillo's State Secrets
Michael Portillo explores the Ministry of Defence's UFO files.

7.00 Britain's Got the Builders In
In North London, builder Bill Collins has taken on the task of renovating and extending a property for Chike Okonkwo, but his client begins to make changes to the original plans.

8.00 Growing Up Wild: Natural World
David Tennant narrates this documentary following the trials and tribulations of young animals all over the world as they learn the lessons of life and prepare to leave home.

PICK 9.00 Banished
Sgt Timmins decides following James into the Bush would be too dangerous, while Reverend Johnson challenges Major Ross about the misery he is causing Kitty. *See Ones To Watch.*

10.00 Inside No 9
New series. Comedy anthology, with Julie Hesmondhalgh.

10.30 Newsnight, Weather
Analysis of the day's events, presented by Emily Maitlis.

11.20 Eat to Live Forever with Giles Coren
The food critic takes up three extreme regimens in an effort to push the limits of life expectancy and meets people whose pursuit of longevity is an obsession. (R)

12.20 Sign Zone: What Britain Wants: Something to Hope For - Panorama (R) **12.50** This is BBC Two **1.20** This is BBC Two **1.50** Live Formula 1: The Malaysian Grand Prix **3.30** BBC Learning Zone

ITV

6.00 Good Morning Britain. News, current affairs and lifestyle features. **8.30** Lorraine. With guest Calum Best. **9.25** The Jeremy Kyle Show. Guests air their differences. **10.30** This Morning. Gok Wan shares the latest fashion news. Plus, celebrity chat and lifestyle features, including a look at the stories making the newspaper headlines. **10.55** ITV News, Weather **11.00** This Morning. Continued. **12.30** Loose Women. Topical debate from a female perspective. **1.30** ITV News, Weather **1.55** Local News **2.00** Judge Rinder. Real-life cases in a studio courtroom. **3.00** Dickinson's Real Deal. Valuing antiques in Maidenhead, Berkshire. **3.59** ITV Local Weather **4.00** 1000 Heartbeats. Quiz show, hosted by Vernon Kay. **5.00-6.00** The Chase

6.00 Local News, Weather

6.30 ITV News, Weather

7.00 Emmerdale
Carly's recently jilted fiancé Sunil turns up demanding money.

7.30 The Pension Revolution: Tonight
Fiona Foster examines next month's pension reforms.

8.00 Emmerdale
Finn arranges to book a room at the B&B for him and Darren.

8.30 Double Decker Driving School
Manuel Daniel's driving is causing much concern.

9.00 The Triplets Are Coming!
Part two of two. The stories of two young doctors in Birmingham, whose twins are born prematurely, and a couple in Liverpool expecting their second set of twins.

10.00 ITV News at Ten, Weather

10.30 Local News, Weather
10.40 The Late Debate
John Stapleton discusses the Chancellor's Budget.

11.10 Cricket World Cup Highlights
Action from the second semi-final, which came from Sydney Cricket Ground in Australia, as the line-up for the final was decided. Introduced by Richard Henwood.

12.10 Jackpot247. Viewers are offered the chance to participate in live gaming. **3.00** The Pension Revolution: Tonight (R) **3.25** ITV Nightscreen **5.05-6.00** The Jeremy Kyle Show. The host invites guests to air their differences. (R)

Channel 4

6.00 Countdown (R) **6.45** The King of Queens (R) **7.10** 3rd Rock from the Sun (R) **7.30** 3rd Rock from the Sun (R) **8.00** Everybody Loves Raymond (R) **8.30** Everybody Loves Raymond (R) **9.00** Frasier (R) **9.30** Frasier (R) **10.00** Richard III: The Burial of the King **1.00** Channel 4 News Summary **1.05** A Place in the Sun: Winter Sun. Searching for a holiday home in Malta. (R) **2.10** Countdown. With Dictionary Corner guest Nicky Campbell. **3.00** Deal or No Deal. Beat-the-banker gameshow. **4.00** Come Dine with Me. A week of dinner parties from Worcestershire. (R) **5.00** Four in a Bed. From Barratt's at Ty'n Rhyl, Denbighshire. **5.30-6.00** Coach Trip. The tourists explore the Greek seaside resort of Loutraki.

6.00 The Simpsons
Moe joins an online dating agency and meets a woman. (R)

6.30 Hollyoaks
The investigation into Mercedes' murder steps up a gear.

7.00 Channel 4 News
Includes headlines and weather.

8.00 Richard III: The King Laid to Rest
Highlights of the monarch's burial service at Leicester Cathedral, alongside a live broadcast of a last moment of intimate ceremonial with the king's descendants.

9.00 Coalition
Political drama by acclaimed writer James Graham, charting the emotionally wrought and frenzied days in 2010 that led to Nick Clegg's rise from rank outsider to the man who would decide the fate of the country. As he took to the podium for the UK's first-ever televised leaders' debate. Starring Bertie Carvel.

10.35 Britain's Benefit Tenants
Former pub landlord Rob McKenzie tracks down tenants who disappear owing thousands, while corporate agent David Brown evicts brothers in arrears after a year of warnings. (R)

11.35 Raised by Wolves
Della takes the children on a shopping trip in town. Comedy, starring Rebekah Staton. (R)

12.10 Junk Food Kids: Who's to Blame? (R) **1.10** Teens (R) **2.05** Dispatches (R) **3.00** Secret Location (R) **3.55** Kirstie's Vintage Home (R) **4.10** Phil Spencer: Secret Agent (R) **5.05-6.00** Deal or No Deal. With Noel Edmonds. (R)

Channel 5

6.00 Milkshake! **9.15** The Wright Stuff **11.10** The Hotel Inspector. Alex Polizzi visits a lodge in Dorset. (R) **12.10** 5 News Lunchtime **12.15** The Nightmare Neighbour Next Door. A man is driven from his home after a campaign by animal rights activists. (R) **1.15** Home and Away **1.45** Neighbours **2.15** NCIS. A naval cryptanalyst is shot dead in a park. (R) **3.15** FILM: Montana Sky (2007) Three half-sisters are left a ranch in their estranged father's will on the condition they run the estate together. Drama, with Ashley Williams and Charlotte Ross. Edited for violence and language. **5.00** 5 News at **5.30-6.00** Neighbours. Paul sets out to derail the wedding during the final preparations. (R)

6.00 Home and Away
Hannah realises she needs to take charge of her life. (R)

6.30 5 News Tonight
A round-up of the evening's headlines, with Matt Barbet.

7.00 The Classic Car Show
The team examines the impact of the Mini, with Quentin Willson looking at the mark the car made on Britain and Bruno Senna taking to the test track in a 1965 Cooper S.

8.00 The Killer Next Door: Countdown to Murder
The events leading up to the killing of Joanna Yeates by Vincent Tabak in December 2010. Featuring reconstructions and talks with Joanna's parents.

9.00 Holiday Love Rats Exposed
A 54-year-old travels to Turkey to get money back from her ex-lover, and a woman tries to find her Gambian ex-husband who left her in over £14,000 of debt. Last in the series.

10.00 The Mentalist
Jane accompanies Lisbon back to her old home in Chicago to find her brother Jimmy, who is wanted by police because he was present when a judge's son was beaten to death.

11.00 Aidan: The Rarest Boy in the World
Documentary about a boy who has an extremely rare genetic disorder as he and his family travel to America to meet the specialist after which the syndrome is named. (R)

12.00 SuperCasino. Viewers get the chance to take part in live interactive gaming. **3.10** World's Scariest Animal Attacks (R) **4.00** Wildlife SOS (R) **4.25** Great Artists (R) **4.45** House Doctor (R) **5.10** House Doctor (R) **5.35-6.00** House Doctor (R)

REGIONAL VARIATIONS:

WALES **10.40** Bargaining Round Britain with John Sergeant **STV** **10.30** Scotland Tonight **11.05** Scotland Revealed Moments **12.10** The Nightshift **UTV** **10.30** UTV Live Tonight **11.10** The Issue **11.40** Cricket World Cup Highlights **UTV IRELAND** **1.30** Storage Hoarders **2.30** Emmerdale **3.00** Coronation Street **3.30** Judge Rinder **4.30** Dinner Date **5.30** The Chase **6.30** **BBC2 N IRELAND** **11.20** Bluestone 42 **11.50** Eat to Live Forever with Giles Coren **BBC2 SCOTLAND** **12.00** Politics Scotland **12.30** Daily Politics **10.30** Scotland 2015 **11.00** Newsnight **11.50** Eat to Live Forever with Giles Coren **RTE1** **6.00** EuroNews **6.35** Teleshopping **7.10** Shopping from Home **7.45** Today **8.55** The Doctors **9.50** Dr Phil **10.45** Shortland Street **11.20** The Zoo **11.50** Leaders' Questions **12.45** Telly Bingo **1.00** News **1.30** Home and Away **2.00** Neighbours **2.25** Catherine's Roman Holiday **3.00** Fair City **3.30** Annabel Langbein - The Free Range Cook **4.00** Local Heroes **4.30** Today **5.40** Nuacht **6.01** News **7.00** Tracks and Trails **7.30** EastEnders **8.00** Fair City **8.30** Home of the Year **9.00** News **9.35** Prime Time **10.15** Happy Valley **11.20** New Tricks **S4C** **7.00** Cwyl **1.05** Heno **1.30** Caeau Cymru **2.00** Prynhawn Da **2.55** Newyddion S4C a'r Tywydd **3.00** Cwyl **4.00** Awr Fawr **5.00** Stwnsh **6.30** Newyddion S4C a'r Tywydd **6.35** Codi Hwyl **7.00** Heno **7.30** Rownd a Rownd **8.00** Pobol y Cwm **8.25** Cegin Bryn **9.00** Newyddion 9 a'r Tywydd **9.30** Y Ty Cymreig **10.00** Ochr 1 **10.30** Y Lle **11.35** Y Dydd yn y Cynulliad



OVER ON DIGITAL

5★ **6.00** Teleshopping **1.00** Cowboy Builders **2.00** Gilmore Girls **3.00** Neighbours **3.25** Home and Away **4.00** Cowboy Builders **5.00** Police Interceptors **5.55** Access **6.00** Neighbours **6.30** Home and Away **7.00** Top 20 Funniest **9.00** **FILM:** A Lonely Place to Die (2011) Five mountaineers rescue a Serbian girl being held captive in the Scottish Highlands, only to be attacked by her kidnappers. Thriller, starring Melissa George and Ed Speleers. **11.10** World's Scariest Plane Landings **11.50** Access **12.00** Teleshopping

SUSA **6.00** Teleshopping. Home shopping. **12.00** Access **12.10** Cimarron Strip **1.50** **FILM:** Seven Thunders (1957) World War Two drama, starring Stephen Boyd. **4.00** NCIS **5.00** Diagnosis Murder **6.00** CSI: NY **6.55** Access **7.00** NCIS **9.00** Law & Order: Special Victims Unit. Rollins investigates the kidnapping of a woman involved in the world of body modification. **10.00** NCIS. An old case is reopened. **11.00** The Mysteries of Laura **12.00** CSI: Crime Scene Investigation **1.00** SuperCasino **3.00** Teleshopping. Home shopping.

ITV2 **6.00** Life's Funniest Moments **6.25** Psych **7.10** Emmerdale **7.40** Coronation Street **8.10** You've Been Framed! **8.40** Dinner Date **9.40** Catchphrase **10.25** Psych **11.20** Royal Pains **12.10** Emmerdale **12.40** Coronation Street **1.15** You've Been Framed! **1.40** Dinner Date **2.40** The Jeremy Kyle Show **6.00** You've Been Framed: Top 100 Animals **7.00** You've Been Framed! **8.00** Two and a Half Men **9.00** Scorpion **10.00** Celebrity Juice **10.50** Release the Hounds **11.50** Two and a Half Men **12.40** Mom **1.30** Scorpion **2.20** Teleshopping

SKY1 **6.00** Nothing to Declare **7.00** Ashley Banjo's Secret Street Crew **8.00** Emergency with Angela Griffin **9.00** NCIS: Los Angeles **11.00** Hawaii Five-0 **1.00** NCIS: Los Angeles **3.00** Harrow: A Very British School **4.00** Futurama **5.00** The Simpsons **5.30** Futurama **6.30** The Simpsons **8.00** Arrow **9.00** Forever **10.00** Quiz Nights. Teams from Birmingham, Blackpool, Highgate and Nunhead compete. **11.00** Flintoff: Lord of the Fries **12.00** NCIS: Los Angeles **2.00** Hawaii Five-0 **4.00** Airline USA **5.00** Stargate Atlantis

SKY ATLANTIC **6.00** Seinfeld **7.00** Stargate SG-1 **8.00** Stargate Atlantis **9.00** Star Trek: Enterprise **10.00** House **11.00** Blue Bloods **12.00** Without a Trace **1.00** Seinfeld **2.00** Stargate SG-1 **4.00** Stargate Atlantis **5.00** Star Trek: Enterprise **6.00** House **7.00** Blue Bloods **8.00** Without a Trace **9.00** Fortitude **10.00** Last Week Tonight with John Oliver **10.35** The Comeback. Valerie prepares for the Emmy Awards. Last in the series. **11.50** Looking **12.25** Mad Men **1.25** Banshee **2.30** Ronna and Beverly **3.25** The Sopranos **4.20** Stargate SG-1

BBC THREE **7.00** The Billion Dollar Chicken Shop **8.00** World's Toughest Jobs. Three young people spend a month working in New Zealand's wool sheds. **9.00** Murdered by My Boyfriend. Drama, starring Georgina Campbell and Royce Pierreson. **10.00** Russell Howard's Good News **10.30** EastEnders **11.00** Family Guy. Animated comedy. **11.45** American Dad! **12.10** Family Guy **12.30** Murdered by My Boyfriend **1.35** World's Toughest Jobs **2.30** Bluestone 42 **3.00** Tom Felton Meets the Superfans

SKY LIVING **Including at 9.00** RSPCA Animal Rescue **10.00** Obese: A Year to Save My Life USA **11.00** Sun, Sea and A&E: South Africa **12.00** CSI: Crime Scene Investigation **1.00** Criminal Minds **3.00** CSI: Crime Scene Investigation **5.00** Sun, Sea and A&E: South Africa **6.00** Motorway Patrol **7.00** Border Security: Canada's Front Line **8.00** Nothing to Declare **9.00** CSI: Crime Scene Investigation **10.00** Scandal. See *Ones To Watch*. **11.00** Bones **12.00** Cell Block 6: Female Lock Up **1.20** Criminal Minds **2.10** CSI: Crime Scene Investigation

MTV **6.00** Cribs **6.20** The Hills **7.10** My Super Sweet 16 **8.00** Catfish: The TV Show **9.00** 16 & Pregnant **10.00** Beauty School Cop Outs **11.00** Ex on the Beach **12.00** Teen Mom **1.30** Teen Mom Special: Amber Behind Bars **2.00** 16 & Pregnant **3.00** My Super Sweet 16 **4.00** Catfish: The TV Show **5.00** Teen Mom **6.00** Ex on the Beach **7.00** Catfish: The TV Show **8.00** 16 & Pregnant **9.00** Botched Up Bodies **10.00** Catfish: The TV Show **11.00** Geordie Shore **12.00** Ex on the Beach **2.00** Jersey Shore **3.00** Teleshopping. Home shopping.

FILM4 **11.00** Yellow Sky (1948) Western. **1.05** The Hindenburg (1975) Disaster movie, with George C Scott. **3.35** Warlords of Atlantis (1978) Sci-fi adventure, starring Doug McClure. **5.35** Battle of the Sexes (1959) Comedy, with Peter Sellers. **7.15** Airplane! (1980) Spoof disaster movie, with Robert Hays. **9.00** The Mechanic (2011) Action thriller remake, starring Jason Statham. **10.50** Hitman (2007) Action thriller, with Timothy Olyphant. **12.40** Hot Rod (2007) Comedy. **2.25** Primer (2004) Sci-fi drama.

televisionX **SKY 903** **10.00** Freeview **10.10** Liselle's Girlie Weekend **4.10.30** Lara's Ment at Work **4.11.15** Porn Ghetto **4.11.25** The Training of Miss Truelove **4.11.45** Lindsey Dawn McKenzie I'm Back **4.11.50** Freeview **12.00** Lindsey Dawn McKenzie I'm Back **4.12.30** Naughty Knee Highs **4.12.50** Rubberland **4.1.00** Freeview **1.10** Rubberland **4.1.20** The A Word **4.1.40** Rude Rio **3.2.05** Down On Abby **2.20** Wife Watchers Exposed **4.2.50** Dear Dorris **4.3.15** Calling The Shots **2/4.3.40** Hot Hostel **4**

Banished

9pm, BBC2

Episode four of this bleak but enthralling seven-part series opens with James Freeman having vanished deep into the dense Australian Bush. No man has ever been known to survive in such a harsh environment and Sergeant Timmins decides following him is pointless and way too dangerous for his men. But when, back at camp, Major Ross questions Timmins about the escapee, his sergeant is reluctant to tell the complete truth. Meanwhile, word among the prisoners is that James is a dead man and that he's either been shot by the soldiers or probably died in

the harsh terrain. Elsewhere, Reverend Johnson confronts Major Ross about the misery his sexual demands are causing young Kitty. So they reach a compromise which helps Kitty's life become more bearable. But Corporal McDonald — who loves Kitty — is worried about these new developments. Meanwhile, when Stubbins gives Captain Collins his wife's letter to read, he has a decision to make — either tell him what the letter says and break his heart or lie to him. At the end of the episode, against the odds, James staggers half-dead back into camp. ★★☆☆☆



Scandal

10pm, Sky LIVING

Poor Abby has been kept in the dark over Olivia's disappearance so she's horrified to discover the news. Meanwhile, Olivia's captors get ready to sell her to the highest bidder in a global auction. Fitz coordinates the government's attempts to rescue her while the rest of her gladiators turn to an unexpected source for help in trying to win her back. ★★★★★

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bring in Spring

dfs

FRIDAY 27 MARCH

BBC1

6.00 Breakfast **9.15** Heir Hunters (R) **10.00** Homes Under the Hammer (R) **11.00** The Sheriffs Are Coming. The work of High Court enforcement officers. (R) **11.45** Fake Britain. Consumer show. (R) **12.15** Bargain Hunt. From Ardingly, West Sussex. (R) **1.00** BBC News **1.45** Doctors. Jimmi worries about recent developments. Last in the series. **2.15** The Edge. Gameshow, hosted by Mark Benton. **3.00** Escape to the Country. A couple search for a home on the Isle of Wight. **3.45** Holiday of My Lifetime with Len Goodman. Eamonn Holmes relives a 1968 vacation in Cusheadall, Northern Ireland. **4.15** Flog It! From Dulwich College in London. **5.15-6.00** Pointless. Quiz show, with Alexander Armstrong.

6.00 BBC News, Weather

6.30 Local News, Weather

7.00 The One Show

Chris Evans and Alex Jones present stories of interest.

7.30 Room 101

Celebrities compete to get their pet hates banished. (R)

8.00 EastEnders

Sharon ponders recent events in the search for her father.

8.30 MasterChef

Charles Campion sets the brief for the four quarter-finalists.

PICK 9.00 The Musketeers

As d'Artagnan and Athos interrupt an execution, Porthos searches of the spymaster to whom the count is giving all the secrets from the court. Last in the series. *See Ones To Watch.*

10.00 BBC News, Weather

10.25 Local News, Weather

Followed by Lottery Update.

10.35 New Tricks

The team reinvestigate the disappearance of PE teacher Jason Bowe when the remains of a body are discovered near the elite public boarding school where he taught. (R)

11.35 EastEnders

Omnibus. Martin tells Rebecca what Sonia has been up to – setting his daughter against her mother. Shabnam begs Kush to commit and Donna's foster mother arrives. (R)

1.35-6.00 BBC News. Latest national and international headlines.

REGIONAL VARIATIONS:

Benidorm **12.00** The Jeremy Kyle Show **BBC1 WALES** **7.30** Real Valleys: Weatherman Walking **BBC2 N IRELAND** **7.00** Mastermind **7.30** Ulster Rugby Live **9.30** An Island Parish: Falklands **7.30** Live PRO12 Rugby Union **9.30** Gardeners' World **BBC2 WALES** **7.00** Sport Wales **7.30** Scrum V Live **9.30** Gardeners' World **RTÉ1** **7.45** Today **8.55** The Doctors **9.50** Dr Phil **10.45** My Kitchen Rules **11.45** Shortland Street **12.15** The Zoo **12.15** Telly Bingo **1.00** News **1.30** Home and Away **2.00** Neighbours **2.25** EastEnders **3.00** Fair City **3.30** Annabel Langbein – The Free Range Cook **4.00** Taking Care of Business **4.30** Today **5.40** Nuacht **6.00** The Angelus **6.01** News **7.00** Nationwide **7.30** Transatlantic Sessions **8.00** EastEnders **8.30** The Works **9.00** News **9.35** The Late Late Show **11.45** News **11.55** Film: Love Affair (1994) **1.55** Scott & Bailey **2.50** Birds of a Feather **3.20** Telly Bingo **5.40** Cyw **1.00** Newyddion 54C a'r Tywydd **1.05** Heno **1.30** Ffermio **2.00** Prynhawn Da **2.55** Newyddion 54C a'r Tywydd **3.00** Cyw **4.00** Awr Fawr **5.00** Stwnsh **5.40** Rownd a Rownd **6.00** Ffeil **6.05** Rownd a Rownd **6.30** Newyddion a'r Tywydd **6.35** Pobol y Cwm **7.00** Heno **8.00** Pobol y Cwm **8.25** 3 Lle **9.00** Newyddion a'r Tywydd **9.30** Dim Byd **10.00** Ryland a Roisin – Clancy Cymru **11.00** Gwyl Y Geni: Tsieina

BBC2

7.35 Perfection **8.20** Sign Zone: Operation Meet the Street (R) **9.05** Sign Zone: Alaska – Earth's Frozen Kingdom (R) **10.05** Sign Zone: Gardeners' World (R) **10.35** The Travel Show **11.00** BBC News **11.30** BBC World News **12.00** Daily Politics **1.00** Coast (R) **1.05** Cagney & Lacey (R) **1.55** Animal Park. Behind the scenes at Longleat. (R) **2.55** Wogan: The Best Of. Terry Wogan remembers the US stars who appeared on his chat show. **3.40** Are You Being Served? The staff spend the night in the store. (R) **4.10** 'Allo 'Allo! First episode of the World War Two comedy, starring Gordon Kaye. (R) **4.45** Hi-de-Hi! The new controller upsets Peggy. (R) **5.15-6.00** Vintage Antiques Roadshow. Fiona Bruce visits the Spa Royal Hall in Bridlington. (R)

6.00 Eggheads

Quiz in which the winners of gameshows work as a team.

6.30 Portillo's State Secrets

Michael Portillo examines royal proclamation outlawing football.

7.00 Britain's Got the Builders In

In Dorset, a family have moved into a caravan after hiring a neighbour to renovate their house, but a disagreement about the plans threatens the future of the project. Last in the series.

8.00 An Island Parish: Falklands

New series. Nigel Haywood leads a Remembrance Sunday service.

8.30 Gardeners' World

A report exploring how agapanthus thrives in the wild.

9.00 Mastermind

Six contenders answer questions on subjects including Caterina Sforza, the Raj Quartet, Rudolph Nureyev, Lord Palmerston and the Ashes between 1964 and 1981. Last in the series.

10.00 Blackadder the Third

The Duke of Wellington challenges George to a duel. (R)

10.30 Newsnight

Analysis of the day's events, presented by Evan Davis.

11.00 Artsnight

Chris Dercon takes over editorial control. Last in the series.

FILM 11.35 Glory (1989)

Fact-based historical drama chronicling the story of the first all-black regiment to fight in the American Civil War. Starring Denzel Washington, Matthew Broderick and Cary Elwes.

1.50 Sign Zone: Question Time (R) **2.50-6.00** This Is BBC Two

ITV

6.00 Good Morning Britain. News, current affairs and lifestyle features. **8.30** Lorraine. Entertainment and fashion news. **9.25** The Jeremy Kyle Show. Guests air their differences. **10.30** This Morning. Kimberley Walsh joins Ruth Langford and Eamonn Holmes to share styling tips alongside celebrity chat and lifestyle features. **10.55** ITV News. Weather **11.00** This Morning. Continued. **12.30** Loose Women. With David Suchet. **1.30** ITV News. Weather **1.55** Local News **2.00** Judge Rinder. Real-life cases in a studio courtroom. **3.00** Dickinson's Real Deal. From Oxford. **3.59** ITV Local Weather **4.00** 1000 Heartbeats. Quiz show, hosted by Vernon Kay. **5.00-6.00** The Chase. Quiz show, hosted by Bradley Walsh.

6.00 Local News, Weather

6.15 ITV News, Weather

6.45 Emmerdale

A gesture from Moira surprises Adam as he proposes to Victoria, while Lawrence suggests a trip.

7.15 Euro 2016 Qualifier Live

England v Lithuania (Kick-off 7.45pm). Mark Pougatch presents coverage of the Group E clash at Wembley Stadium. England boast a 100 per cent record during the qualification campaign so far, having recorded victories over Switzerland, Estonia, San Marino and Slovenia, and they will expect that run to continue this evening against the Lithuanians, who have won half their games so far, losing the other two. With analysis from Lee Dixon, Glenn Hoddle and Ian Wright, and commentary by Clive Tyldesley and Andy Townsend.

10.00 ITV News at Ten, Weather

10.30 Local News, Weather

10.40 Euro 2016 Qualifier

Highlights England v Lithuania. Action from the Group E fixture at Wembley Stadium, as both teams played their fifth match of the campaign. With analysis by Lee Dixon and Glenn Hoddle.

FILM 11.40 Coogan's Bluff

(1968) An Arizona sheriff is sent to New York to bring an imprisoned murderer back to stand trial. Crime drama, with Clint Eastwood and Lee J Cobb.

1.25 Jackpot247 **7.30** The Jeremy Kyle Show USA **3.45-6.00** ITV Nightscreen

Channel 4

6.00 Countdown (R) **6.45** The King of Queens (R) **7.10** 3rd Rock from the Sun (R) **7.35** 3rd Rock from the Sun (R) **8.00** Everybody Loves Raymond (R) **8.30** Everybody Loves Raymond (R) **9.00** Frasier (R) **9.30** Frasier (R) **10.00** Undercover Boss Canada (R) **11.00** The Restoration Man (R) **12.00** Channel 4 News Summary **12.05** Come Dine with Me Abroad **1.05** A Place in the Sun: Home or Away. Searching for properties in Leicestershire and Lanzarote. (R) **2.10** Countdown. With Chris Packham. **3.00** Deal or No Deal. Beat-the-banker gameshow. **4.00** Come Dine with Me. Four cooks compete in Loughborough, Leicestershire. (R) **5.00** Four in a Bed. The owners meet to find out who earned the most. **5.30-6.00** Coach Trip

6.00 The Simpsons

Lisa reports on what Springfield will look like in 50 years. (R)

6.30 Hollyoaks

Tegan faces difficult decisions, while Grace vows to get revenge.

7.00 Channel 4 News

Including sport and weather.

7.35 Unreported World

New series. An insight into the battle for the town of Kobani.

8.00 Marvel's Agents of SHIELD

Coulson and team are faced with the consequences of their war with Hydra as revelations threaten to destroy them. And their enemy makes a dangerous move that could involve a traitor.

9.00 Gogglebox

The nation's favourite armchair critics share their opinions on what they have been watching during the week. The programme captures their instant reactions from the comfort of their homes.

10.00 Alan Carr: Chatty Man

The host is joined by Morrissey, who performs Kiss Me A Lot, Michelle Keegan, who discusses new BBC One drama Ordinary Lies, and Elijah Wood reveals details of his role in children's animation Over The Garden Wall.

11.10 Troy

The magician returns home to Lewisham, where he stuns locals with a trick in the local market. He also treats diners to a meal they will never forget in a Japanese restaurant.

12.05 Brooklyn Nine-Nine **12.30** FILM: Vampires Suck (2010) Spoof comedy. **1.50** Fargo (R) **2.45** According to Jim (R) **3.10** According to Jim (R) **3.30** Secret Location (R) **4.25** Phil Spencer: Secret Agent (R) **5.20** Common Denominator (R)

Channel 5

6.00 Milkshake! **9.15** The Wright Stuff **11.10** The Hotel Inspector. Alex Polizzi revamps a struggling Bournemouth hotel. (R) **12.10** 5 News Lunchtime **12.15** Can't Pay? We'll Take It Away. A couple with young children are evicted a few days before Christmas. (R) **1.15** Home and Away **1.45** Neighbours **2.15** NCIS: Los Angeles. A Navy officer is killed at a strip club. (R) **3.15** FILM: Unstable (2009) A woman recovering from an abusive relationship remarries, but begins to suspect her new husband is secretly plotting against her. Thriller, starring Shiri Appleby and David Alpay. **5.00** 5 News at 5 **5.30-6.00** Neighbours. A suspicious Dimato asks Tyler to search Brennan's room. (R)

6.00 Home and Away

A dejected VJ packs a bag and heads to the bus stop. (R)

6.30 5 News Tonight

A round-up of the headlines, presented by Matt Barbet.

7.00 The Gadget Show

Amy Williams and Jason Bradbury battle it out to create the ultimate selfie, while Jon Bentley finds out whether e-books or the real thing offers the best reading experience. (R)

8.00 Mysteries of the Bible: Jesus

Documentary taking a fresh look at some of the unexplained, unexpected or hidden details of Christ's life, challenging some basic modern assumptions about it.

9.00 NCIS: New Orleans

Pride and the team try to track down a killer who appears to be using classic horror novels for inspiration, while Brody flirts with a psychiatrist. *Followed by The Health Lottery draw.*

10.00 NCIS

The team works with the Coast Guard Investigative Service after a suspicious fire on board an oil rig kills a marine corps reservist.

10.55 Law & Order: Special Victims Unit

The detectives try to identify a body found in the Hudson River and find their initial assumption that she was trafficked for sex to be false and she was a maths prodigy. (R)

11.50 True Crimes: The First 72 Hours

Following cases from across Canada and America. (R)

12.15 SuperCasino. Live interactive gaming. **3.10** The Yorkshire Ripper: Born to Kill? (R) **4.00** The Gadget Show (R) **4.45** House Doctor (R) **5.10** House Doctor (R) **5.35-6.00** House Doctor (R)

ONES TO WATCH...



The Musketeers

9pm, BBC1

Our Friday nights are going to seem a little less exciting without our swashbuckling chums. That's because, for now at least, it's the end of the line for the Musketeers. But unlike *Atlantis*, which was suddenly pulled mid-series by those cruel folk at the BBC then axed and as yet has no return date for the remaining episodes, it is good news for Porthos, Athos, Aramis and d'Artagnan. It has been confirmed that this old-fashioned swords-and-horses romp has been recommissioned for a third series which goes into production later this year. And it's been quite a

series, hasn't it? With some amazing twists. So for tonight's finale, while Porthos attempts to lure the Spanish spy-master to Paris to prove Rochefort's betrayal to the King, Athos and d'Artagnan must save Constance from certain death. However, will they be able to protect Aramis and the Queen before Rochefort gets to them first? Now that he is First Minister and the King is relying on him for most things, he's becoming more powerful but also more reckless by the day. So the fate of France and their closest pals lies in the Musketeers' gloved hands. ★★★★★



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SUSA 6.00 Teleshopping. Home shopping. 12.00 My Name Is Earl 12.30 **FILM:** Pork Chop Hill (1959) Korean War drama, starring Gregory Peck. 2.25 Cimarron Strip 4.00 NCIS 5.00 Diagnosis Murder 6.00 CSI: NY 6.55 Access 7.00 NCIS 9.00 Person of Interest. Reese, Finch and Shaw struggle to find a naval officer. 10.00 Gotham. A witness to a gangland murder is killed at the police station. 11.00 CSI: Miami 11.55 CSI: Crime Scene Investigation 12.55 Access 1.00 SuperCasino 3.00 Teleshopping. Home shopping.

ITV2 6.00 Life's Funniest Moments 6.25 Psych 7.10 Emmerdale 8.10 You've Been Framed! 8.40 Dinner Date 9.40 Catchphrase 10.25 Psych 11.20 Royal Pains 12.10 Emmerdale 1.15 You've Been Framed! 1.40 Dinner Date 2.40 The Jeremy Kyle Show 6.00 You've Been Framed! 8.00 Two and a Half Men 9.00 **FILM:** Friends with Kids (2011) Comedy, directed by and starring Jennifer Westfeldt. 11.15 Take Me Out 12.25 Two and a Half Men 1.15 Psych 2.00 Life's Funniest Moments 2.25 Teleshopping

SKY1 6.00 Nothing to Declare 7.00 Ashley Banjo's Secret Street Crew 8.00 Emergency with Angela Griffin 9.00 NCIS: Los Angeles 11.00 Hawaii Five-0 1.00 NCIS: Los Angeles 3.00 Harrow: A Very British School 4.00 Futurama 5.00 The Simpsons 5.30 Futurama 6.30 The Simpsons 9.00 Stella. Aunty Brenda is optimistic as election day arrives. 10.00 Quiz Nights. Last in the series. 11.00 Hawaii Five-0 12.00 NCIS: Los Angeles 1.00 Hawaii Five-0 2.00 NCIS: Los Angeles 4.00 Airline USA 5.00 Stargate Atlantis

SKY ATLANTIC 6.00 Seinfeld 7.00 Stargate SG-1 8.00 Stargate Atlantis 9.00 Star Trek: Enterprise 10.00 House 11.00 Blue Bloods 12.00 Without a Trace 1.00 Seinfeld 2.00 Stargate SG-1 4.00 Stargate Atlantis 5.00 Star Trek: Enterprise 6.00 House 7.00 Blue Bloods. Danny goes undercover when he investigates the murder of a drag queen. 8.00 Without a Trace. Samantha searches for her missing sister. 9.00 Game of Thrones 1.30 Fortitude 2.25 Roma and Beverly 4.15 Stargate SG-1 5.10 Star Trek: Enterprise

BBC THREE 7.00 Great Movie Mistakes 2: The Sequel. Presented by Robert Webb. 7.25 Doctor Who 9.00 **FILM:** Fright Night (2011) A teenager realises his new neighbour is a vampire, and seeks the aid of a Las Vegas magician in slaying him. Comedy horror remake, with Anton Yelchin and Colin Farrell. 10.40 EastEnders 11.10 Family Guy 11.55 American Dad! 12.15 Family Guy 12.40 Bluestone 42 1.10 Killer Magic 1.40 I Survived a Zombie Apocalypse 2.40 Tom Felton Meets the Superfans 3.40 Rude Boys

SKY LIVING Including at 8.00 Nothing to Declare 9.00 RSPCA Animal Rescue 10.00 Obese: A Year to Save My Life USA 11.00 Sun, Sea and A&E: South Africa 12.00 CSI: Crime Scene Investigation 1.00 Criminal Minds 3.00 CSI: Crime Scene Investigation 5.00 Sun, Sea and A&E: South Africa 6.00 Motorway Patrol 7.00 Border Security: Canada's Front Line 8.00 Nothing to Declare 9.00 The Blacklist 10.00 CSI: Crime Scene Investigation 11.00 Bones 12.00 Cell Block 6: Female Lock Up 1.50 Criminal Minds 2.40 CSI: Crime Scene Investigation

MTV 6.00 Cribs 6.20 The Hills 7.10 My Super Sweet 16 8.00 Catfish: Untold Stories Special 9.00 Ex on the Beach 1.00 Catfish: The TV Show 2.00 16 & Pregnant. Fly-on-the-wall documentary following a group of pregnant teenagers. 3.00 My Super Sweet 16 4.00 16 & Pregnant 9.00 Catfish: The TV Show. People meet their online partners in the flesh in the hope that their chemistry in cyberspace will match that when they meet face-to-face. 12.00 Ridiculousness 1.00 40 Greatest Pranks

FILM4 11.00 Night Passage (1957) Western. 12.50 The China Syndrome (1979) Thriller. 3.15 Sink the Bismarck! (1960) Fact-based World War Two drama, starring Kenneth More. 5.15 The Big Blockade (1942) World War Two mock-documentary, starring Leslie Banks. 6.55 America's Sweethearts (2001) Romantic comedy, starring John Cusack. 9.00 Atonement (2007) Romantic period drama, starring Keira Knightley and James McAvoy. 11.20 Orphan (2009) Horror. 1.45 Haxan (1922) Silent horror.

televisionX **SKY 903** 10.00 Freeview 10.10 Gobble Box 4 10.35 Andy Ide's Teen Casting 4 10.55 Jay Snake's F Space 4 11.00 Freeview 11.10 Jay Snake's F Space 4 11.35 It's a Girl Thing 4 11.50 Freeview 12.00 It's a Girl Thing 4 12.10 Rubber Manor 4 12.30 Michelle B's European Tour 4 12.55 Jim & Laras Pick N Mix 4 1.00 Freeview 1.10 Jim & Laras Pick N Mix 4 1.25 Layla Jade Does Hollywood 4 1.50 8 Ballz 4 2.00 Freeview 2.10 8 Ballz 4 2.15 Animal Instincts 4 2.40 Different Strokes 4 3.05 How To Act Bad Naked 4

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60 Seconds with

Lee Ryan

The Blue singer, 31, on hunting unicorns, crying at soppy films and partying with Prince Harry...

What's your most treasured possession?

My guitar. It's like an old trusted friend. We've had many an adventure together and we've seen the world. I always feel gutted when I realise it's only a guitar. I sometimes wonder what it would say if it could talk.

What was your Plan B?

To become a full-time screenwriter. I've written lots of scripts – from horrors to Shakespearian love stories – and they're all pretty good.

When did you last cry?

On Valentine's Day. I was in my sweatpants, eating ice cream, sitting on my own watching a mushy love film. I'm an emotional soul.

Have you ever been starstruck?

Always. I love the musician James Bay at the moment and if I met him I'd probably get really emotional, hug him and tell him that his songs are like delicate flowers.

Who's the rudest celeb you've met?

I've forgotten their name, which is unfortunate because I'd have loved to have named and shamed them here. I don't have time for rude people. Nobody is better than anybody else in this world.

Have you ever said, "Do you know who I am?"

Never. Sometimes the celebrity world baffles me. I don't really get much out of people knowing who I am, anyway – just abuse!

What's on your bucket list?

I actually ticked something off my bucket list a few weeks ago when I walked the

Inca Trail in Peru, which was amazing. Other than that, I'd love to go searching for unicorns and party with the royal family. I reckon Harry and I would get on brilliantly. Some say that we look alike – two stud muffins together!

Do you have any secret talents?

I can talk to animals – move over Dr Dolittle!

Do you Google yourself?

Absolutely not. I leave that to my publicist, and the look on her face when she does it means I avoid it at all costs!

When were you at your happiest?

When my two children were born. My little boy is so creative. We play monsters and superheroes together all the time. I'm the luckiest father in the world.

Where is your favourite place on earth?

Anywhere that my children are. I'm happiest and most content when I'm in their company.

What annoys you?

Bad breath and stuck-up celebrities – not cool.

What's your favourite film?

It's yet to be released, but it'll be one by that amazing director Lee Ryan – have you heard of him?

Do you have a life mantra?

Life is to be lived. ■

Karen Dunn

Blue's new album *Colours* and single *King Of The World* are out now

'I can talk to animals – move over Dr Dolittle!'

Music hero



PHOTOS: CAMERA PRESS; EROTOME; GETTY IMAGES

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